

**Sunny Hill Health Centre for Children  
Therapy Department**



**LEVEL I**

# **Lower Case Letter Worksheets**

A Cognitive Approach to  
Teaching Printing to  
Primary School Aged Children



**Printing Like a Pro!**

By Ivonne Montgomery, MRSc, OT and Jill Zwicker, PhD, OT (C)

Sunny Hill Health Centre for Children, 2017

Created Using: Educational Fontware, 2012

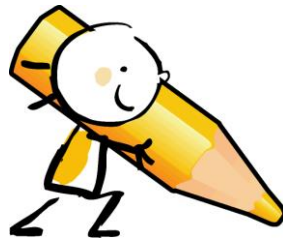
May be reproduced for instructional purposes.

Worksheets and other supporting materials can be found at:

[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

# Downers

**l, i, t, f**



## Group 1

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## Key Strategies for Neat Printing - Downers



**My strategies for neat printing  
of Downers:**



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall (l, t, f)
- ☐ Print small letters small (i)

**How did I do?**



**My strategies for neat printing  
of Downers:**

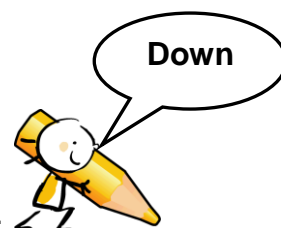
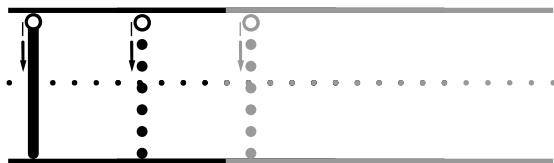


- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall (l, t, f)
- ☐ Print small letters small (i)

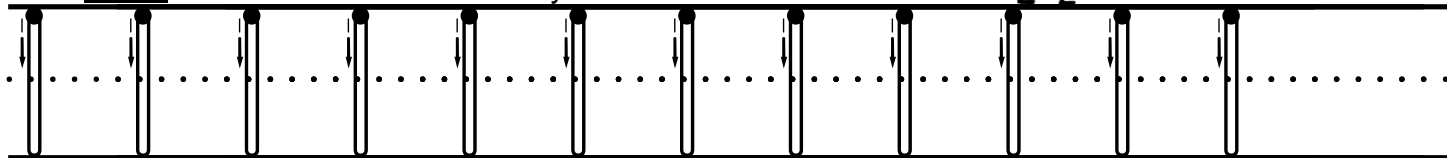
**How did I do?**



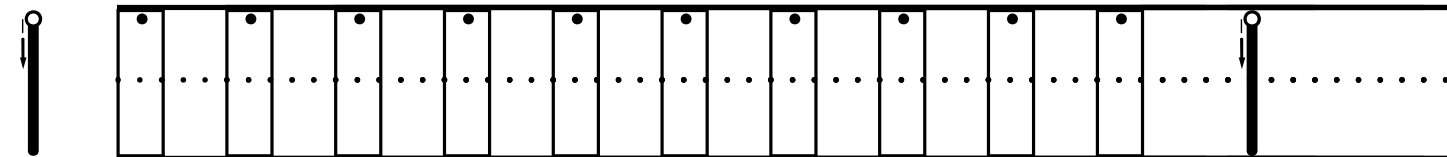
This letter is a “**Downer**”  
Start at the top line



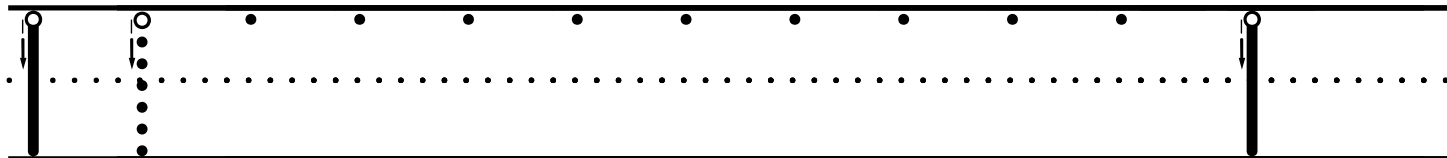
Print inside the lines. Remember to say out loud how to form the letter.



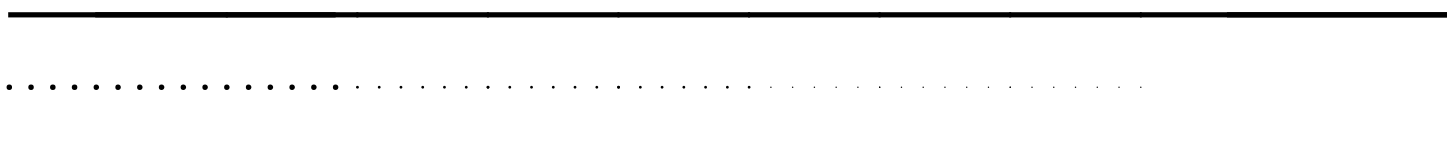
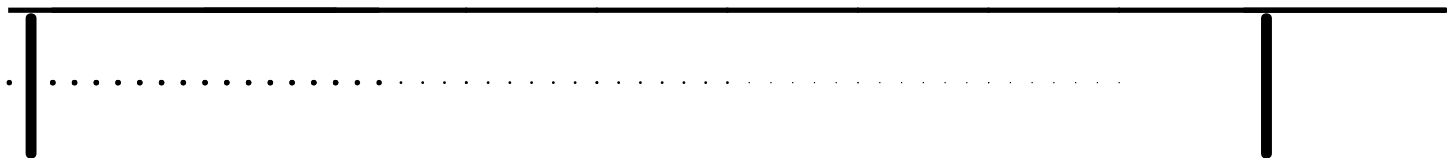
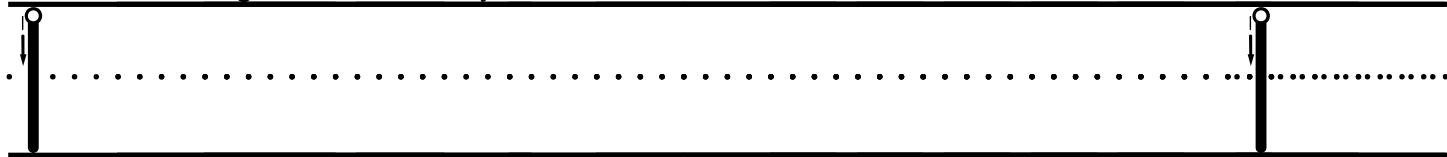
Print inside the boxes.



Print the letter.

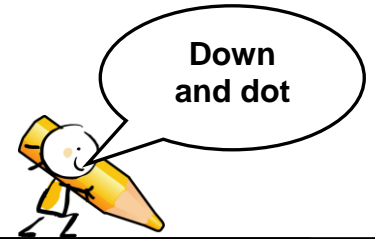
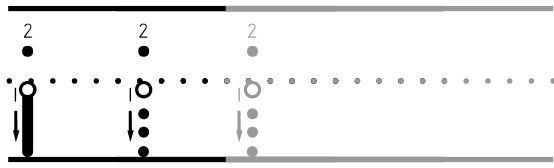


Print the letter again. Then circle your 3 best and neatest letters.

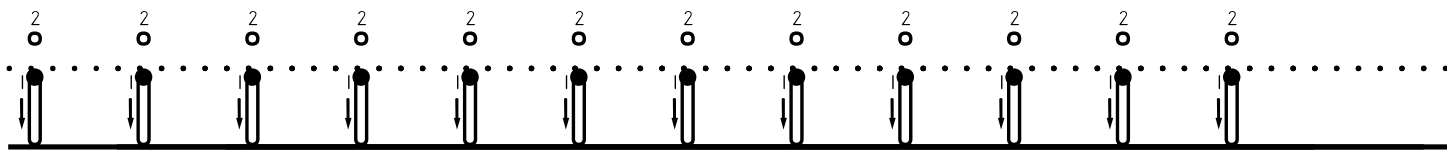


i I

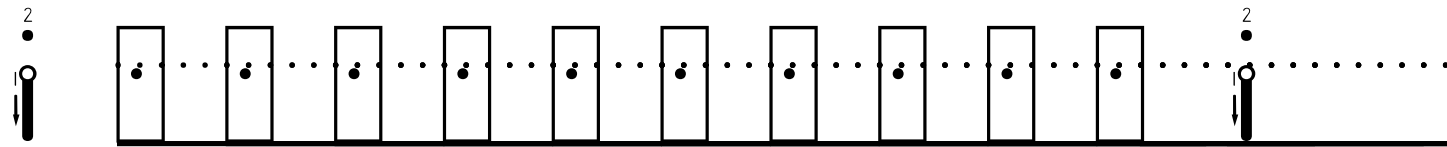
This letter is a “**Downer**”  
Start at the interline



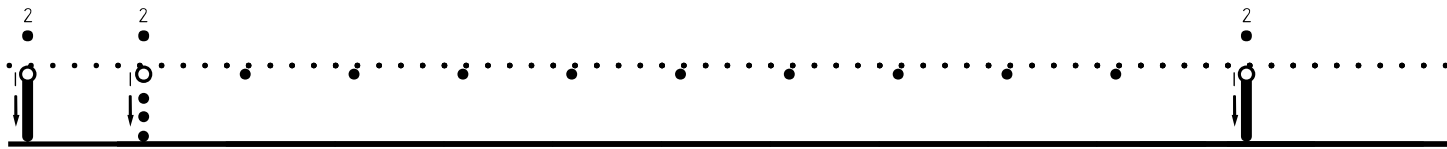
Print inside the lines. Remember to say out loud how to form the letter.



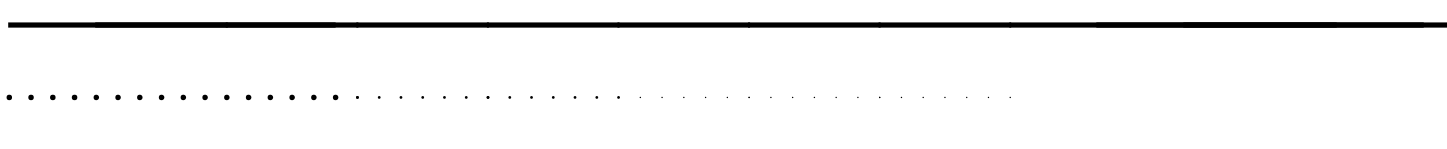
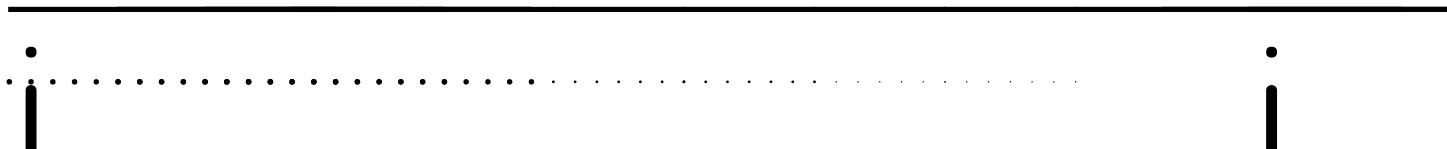
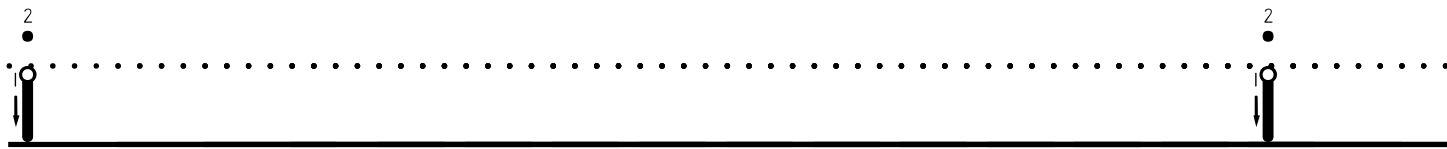
Print inside the boxes.



Print the letter.

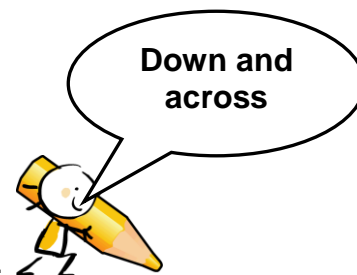
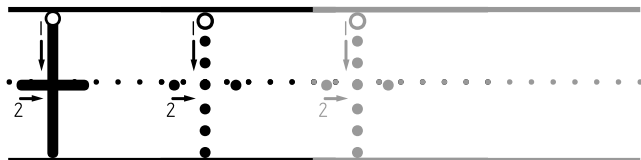


Print the letter again. Then circle your 3 best and neatest letters.

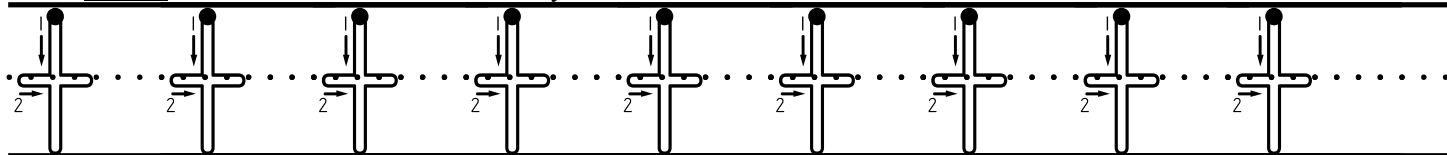


This letter is a **"Downer"**  
Start at the top line

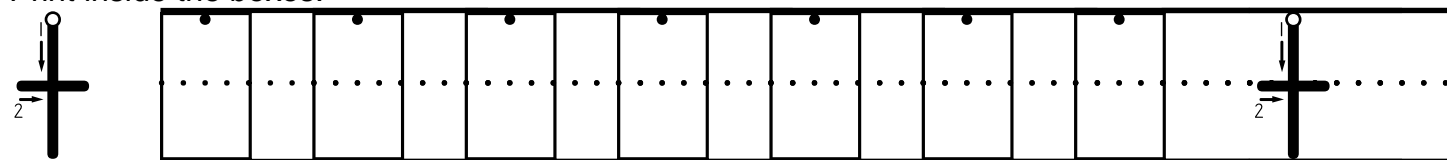
+ T



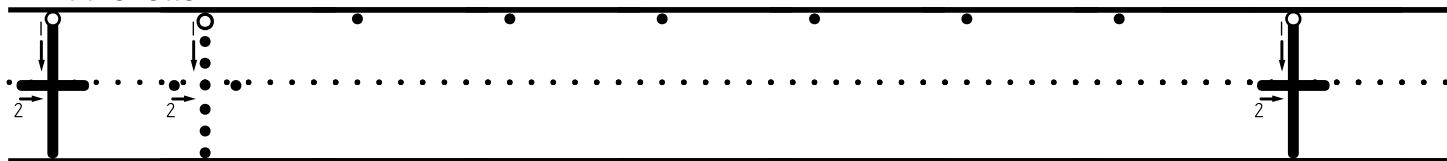
Print inside the lines. Remember to say out loud how to form the letter.



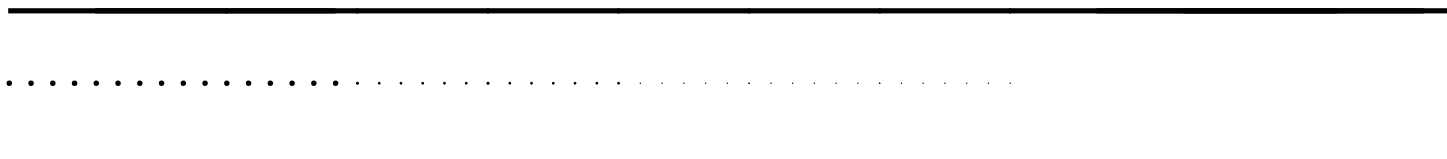
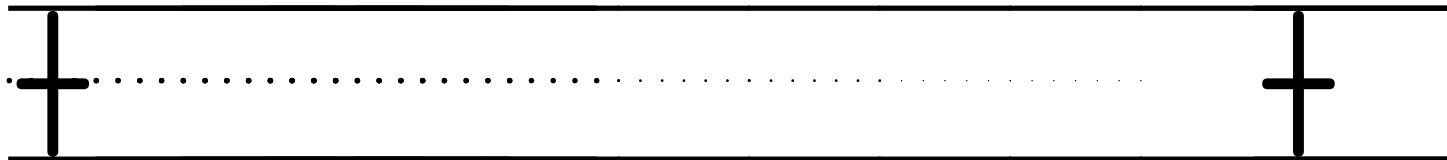
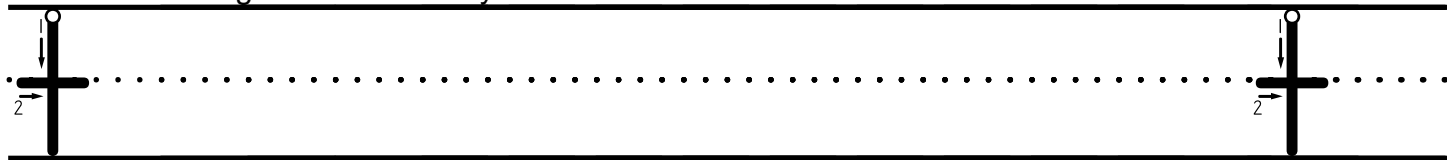
Print inside the boxes.



Print the letter.

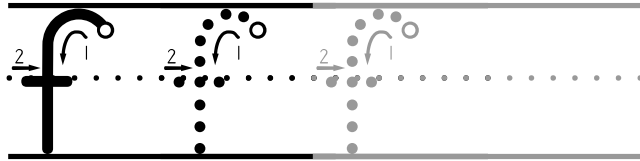


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “**Downer**”  
Start just below the top line

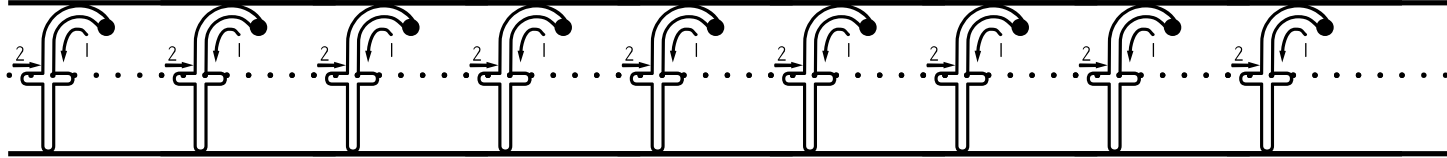
f F



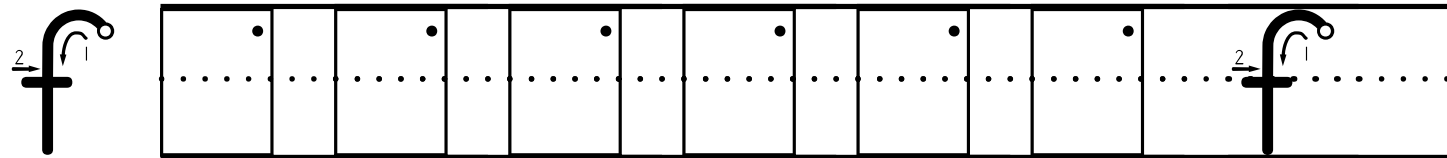
Around, down  
and across



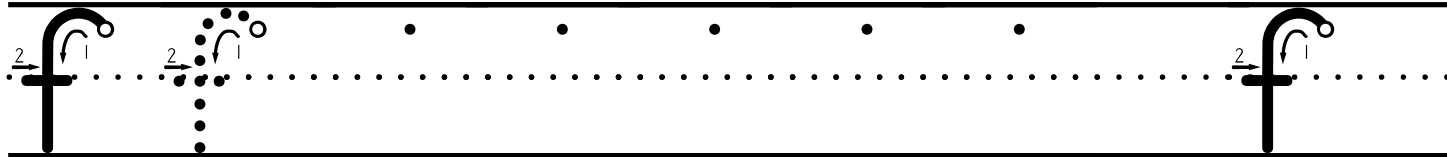
Print inside the lines. Remember to say out loud how to form the letter.



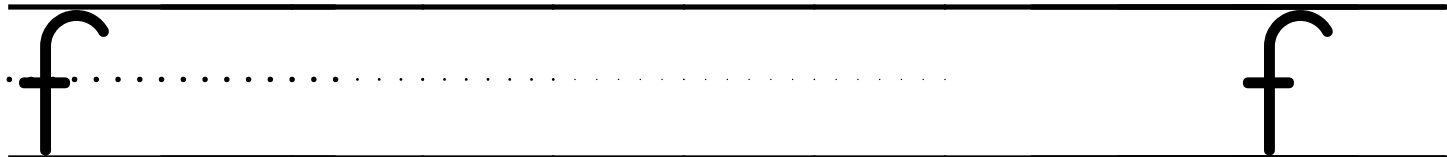
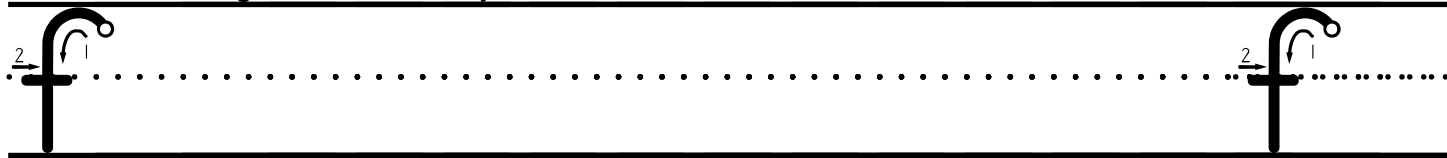
Print inside the boxes.



Print the letter.

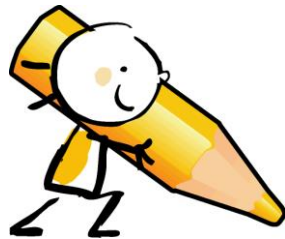


Print the letter again. Then circle your 3 best and neatest letters.



# Rounders

c, o, e, a, d



## Group 2

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## Key Strategies for Neat Printing - Rounders

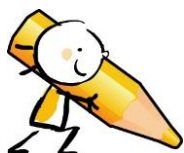


**My strategies for neat printing  
of Rounders:**



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall ( d )
- ☐ Print small letters small (c, o, a, e)

**How did I do?**



**My strategies for neat printing  
of Rounders:**



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall ( d )
- ☐ Print small letters small (c, o, a, e)

**How did I do?**



This letter is a “**Rounder**”  
Start just below the interline

c C



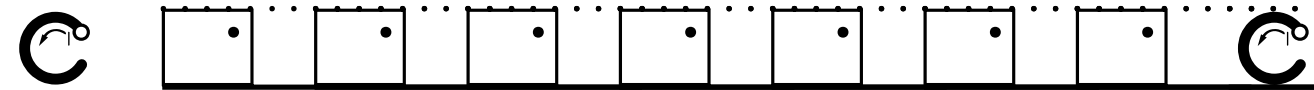
Around and  
leave open



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.



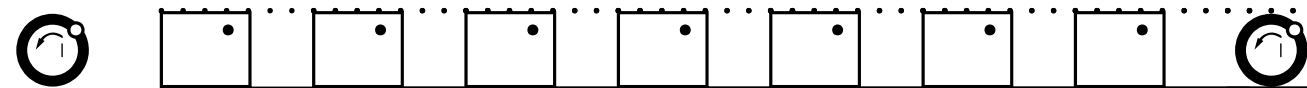
This letter is a “**Rounder**”  
Start just below the interline



Print inside the lines. Remember to say out loud how to form the letter.



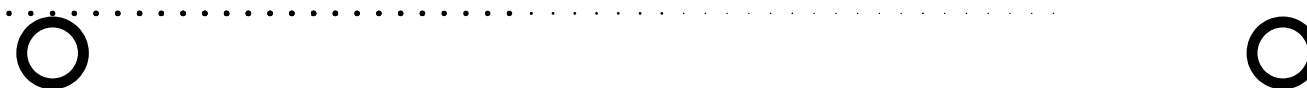
Print inside the boxes.



Print the letter.

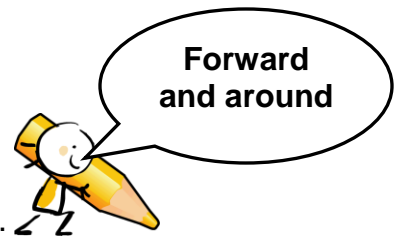


Print the letter again. Then circle your 3 best and neatest letters.

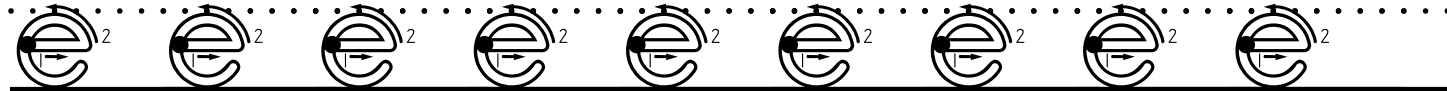


This letter is a “**Rounder**”  
Start below the interline

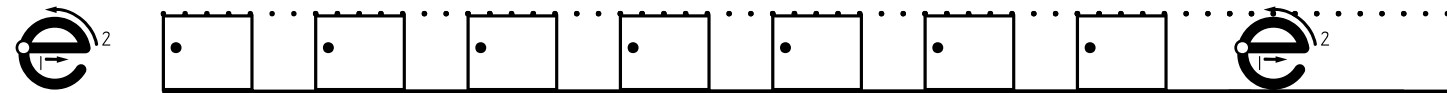
e E



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.

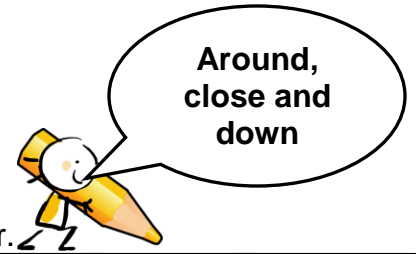


Print the letter again. Then circle your 3 best and neatest letters.

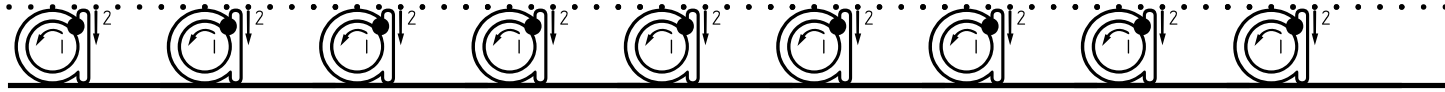


This letter is a “**Rounder**”  
Start just below the interline

a A



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.

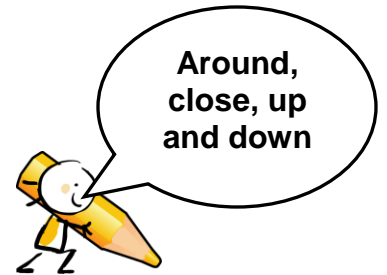
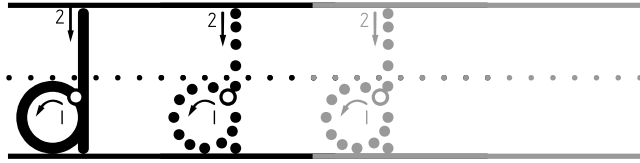


Print the letter again. Then circle your 3 best and neatest letters.

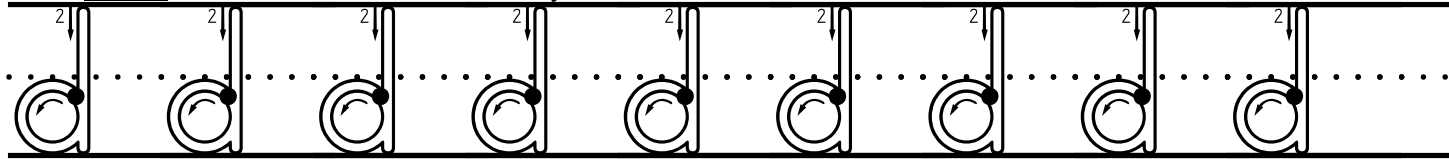


This letter is a “**Rounder**”  
Start just below the interline

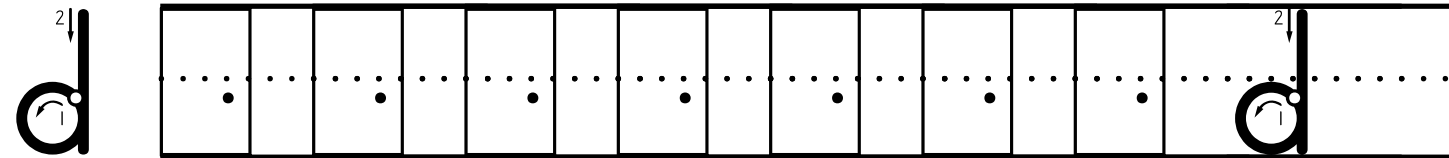
d D



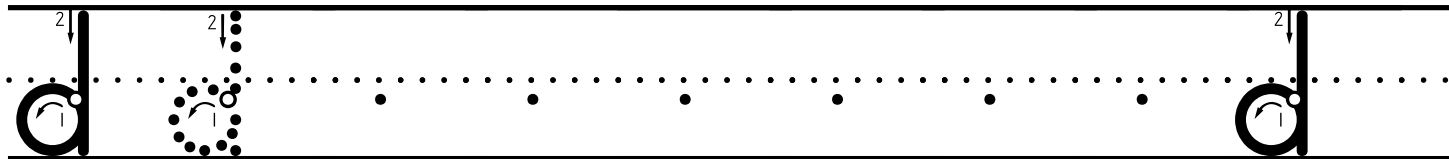
Print inside the lines. Remember to say out loud how to form the letter.



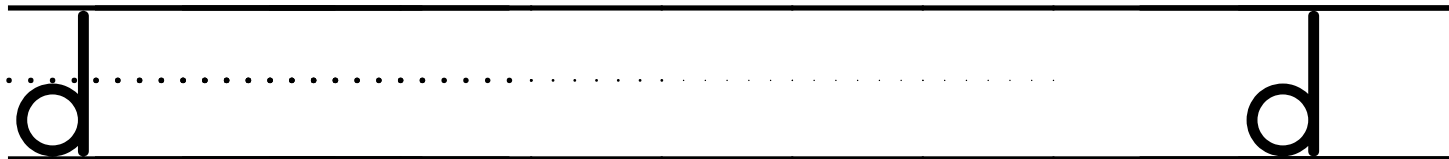
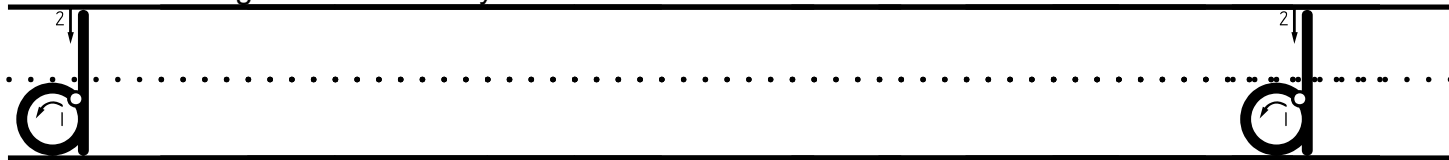
Print inside the boxes.



Print the letter.

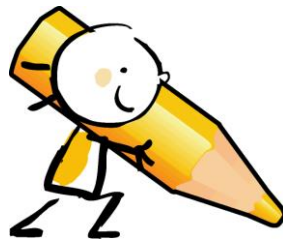
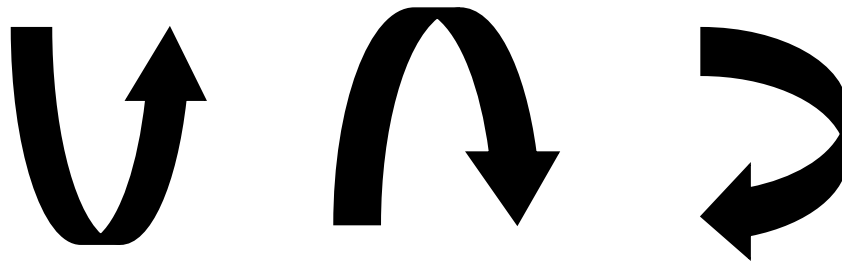


Print the letter again. Then circle your 3 best and neatest letters.



# Curvers

**s, u  
and  
r, n, m, h, b**



## Groups 3 and 4

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## Key Strategies for Neat Printing - Curvers



### My strategies for neat printing of Curvers:



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall (h, b)
- ☐ Print small letters small (s, u, r, n, m)

How did I do?



### My strategies for neat printing of Curvers:



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall (h, b)
- ☐ Print small letters small (s, u, r, n, m)

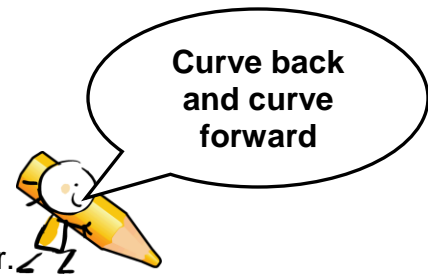
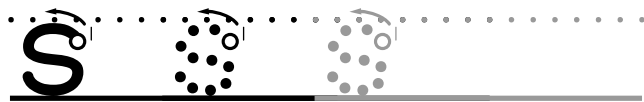
How did I do?





This letter is a **“Curver”**  
Start just below the interline

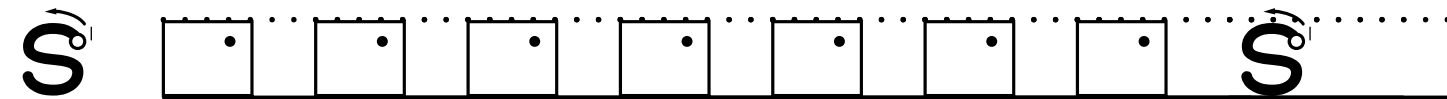
s S



Print inside the lines. Remember to say out loud how to form the letter.



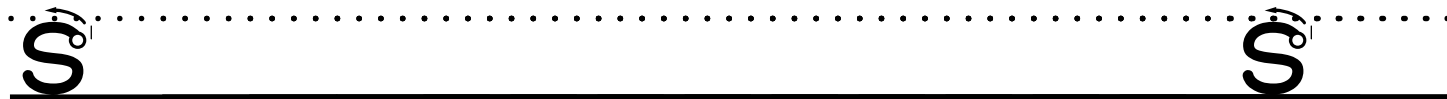
Print inside the boxes.



Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.



This letter is a **“Curver”**  
Start at the interline

u U



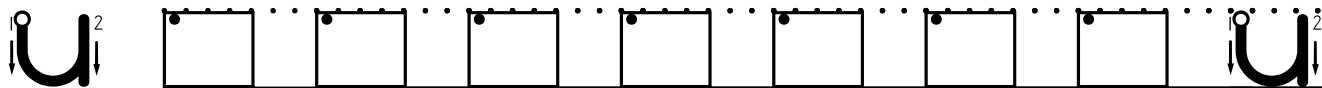
Down, curve,  
up and down



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.

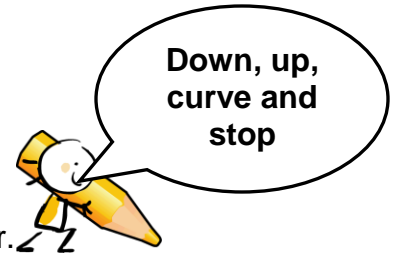


Print the letter again. Then circle your 3 best and neatest letters.

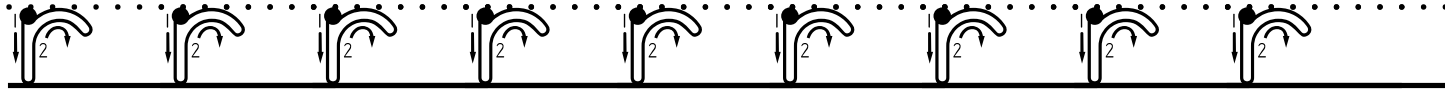


This letter is a “**Curver**”  
Start at the interline

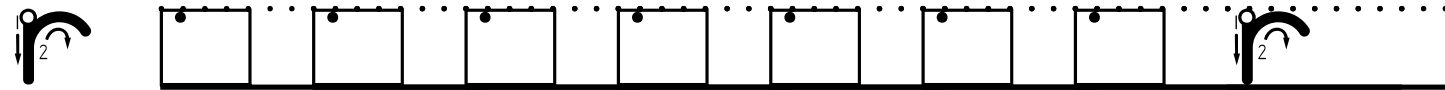
r R



Print inside the lines. Remember to say out loud how to form the letter.



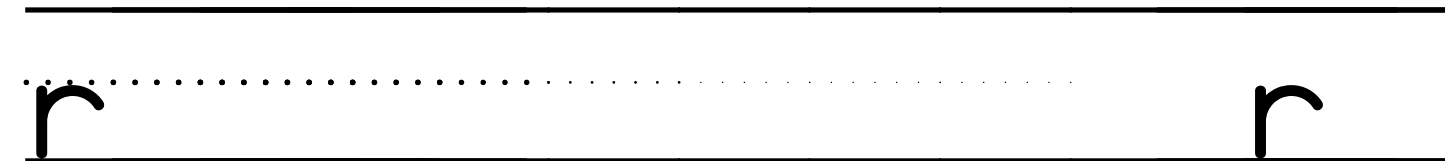
Print inside the boxes.



Print the letter.

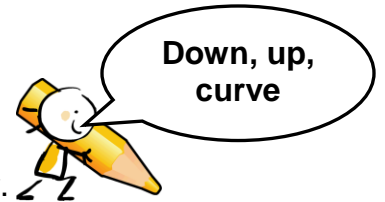


Print the letter again. Then circle your 3 best and neatest letters.

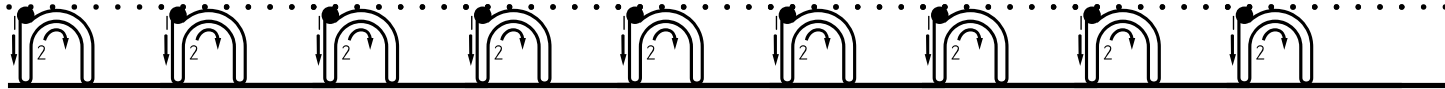


This letter is a “**Curver**”  
Start at the interline

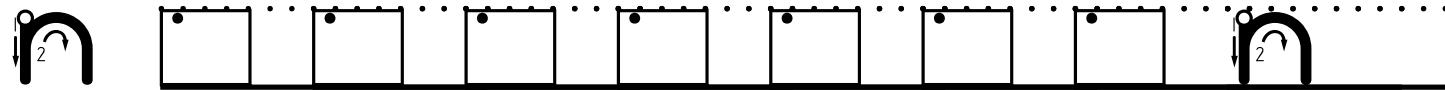
n N



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.

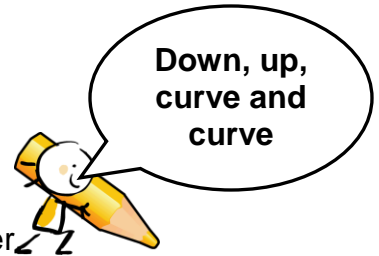
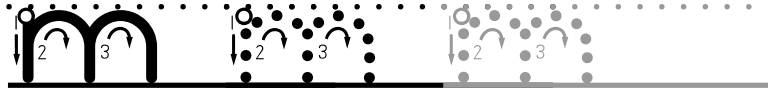


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Curver”  
Start at the interline

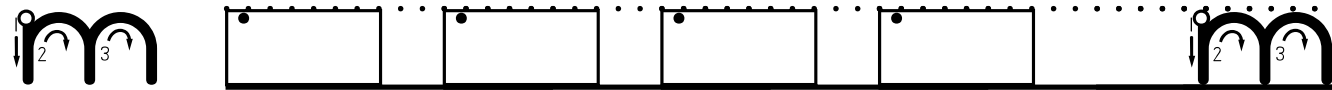
m M



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.

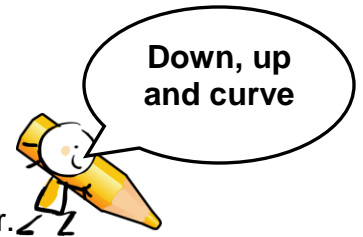
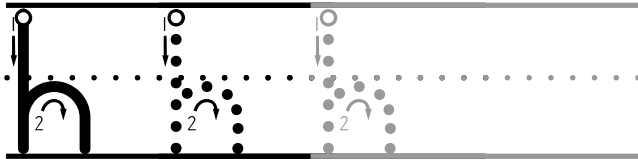


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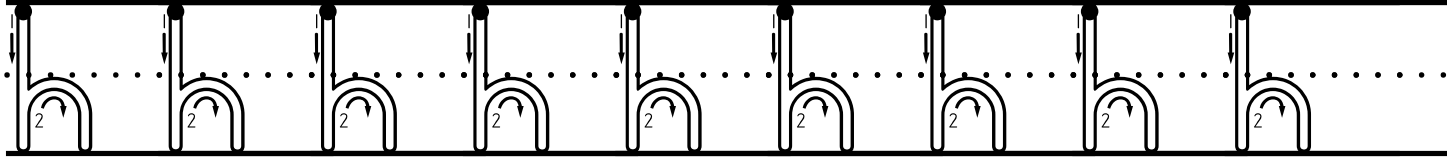


This letter is a “Curver”  
Start at the top line

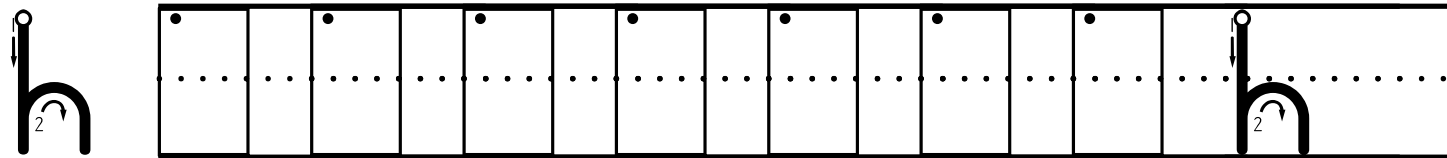
h H



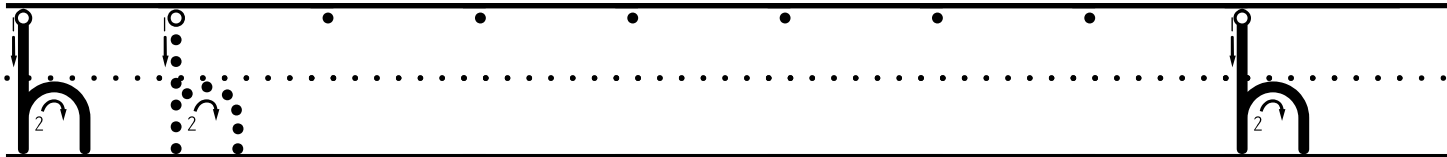
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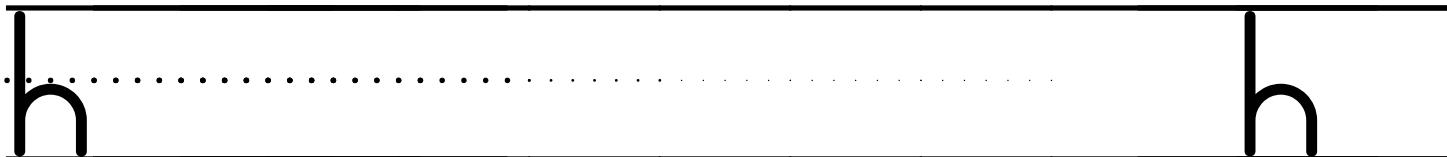
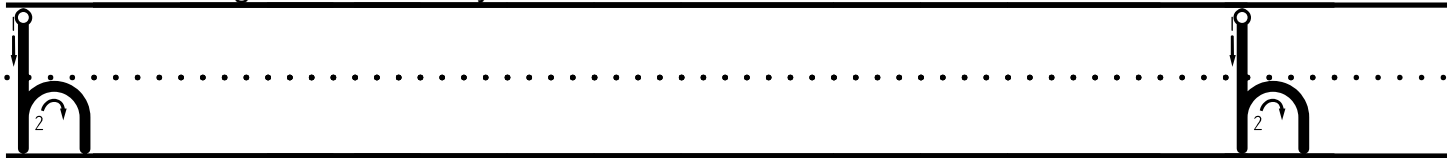
Print inside the boxes.



Print the letter.

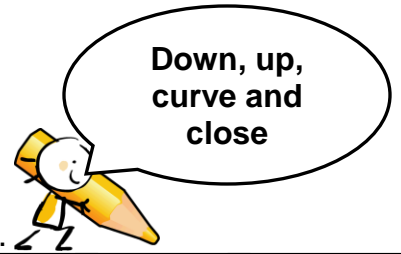
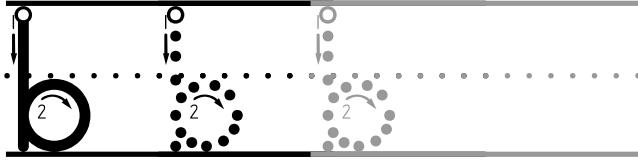


Print the letter again. Then circle your 3 best and neatest letters.

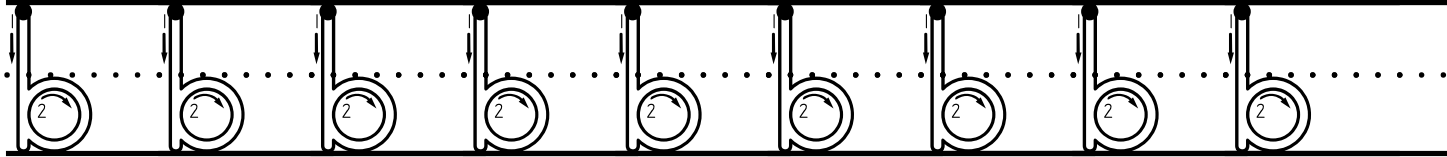


This letter is a “Curver”  
Start at the top line

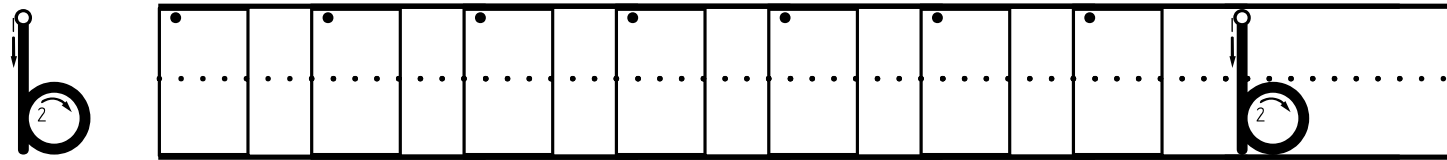
b B



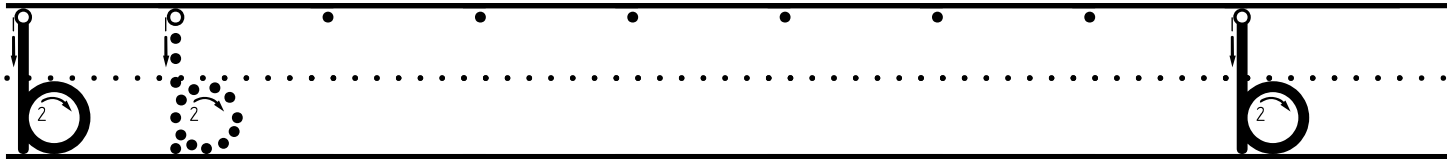
Print inside the lines. Remember to say out loud how to form the letter.



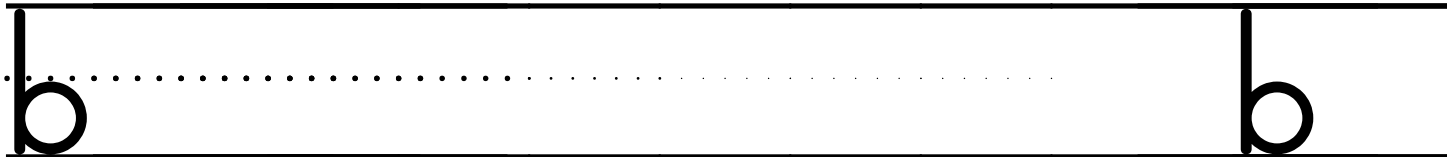
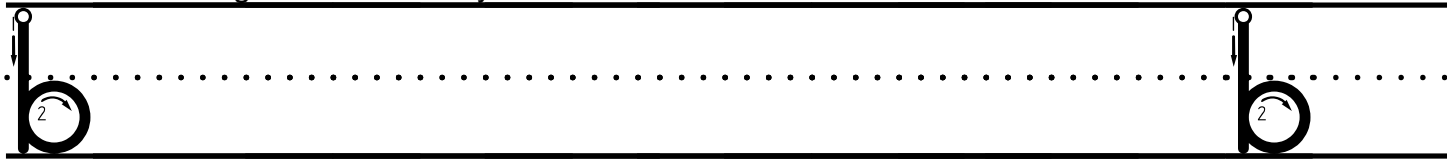
Print inside the boxes.



Print the letter.

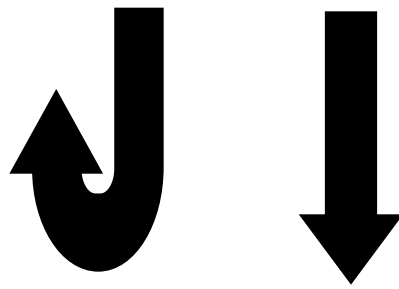


Print the letter again. Then circle your 3 best and neatest letters.



# Diggers

j, g, q, p



## Group 5

**Printing Like a Pro!**

By Ivonne Montgomery, MRSc, OT and Jill Zwicker, PhD, OT (C)

Sunny Hill Health Centre for Children, 2017

Created Using: Educational Fontware, 2012

May be reproduced for instructional purposes.

Worksheets and other supporting materials can be found at:

[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)



## Key Strategies for Neat Printing - Diggers



**My strategies for neat printing  
of Diggers:**



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print "digger" letters digging down below baseline (j, g, q, p)

**How did I do?**



**My strategies for neat printing  
of Diggers:**



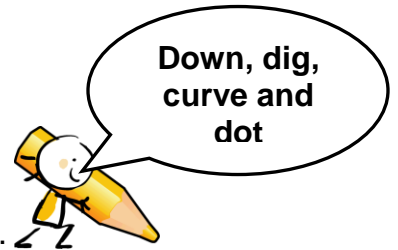
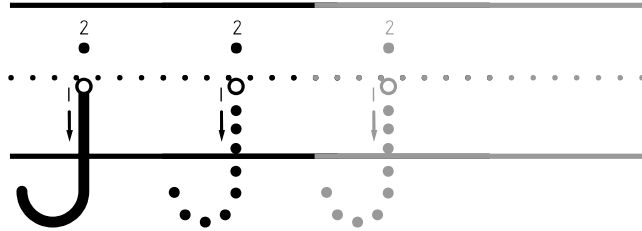
- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print "digger" letters digging down below baseline (j, g, q, p)

**How did I do?**

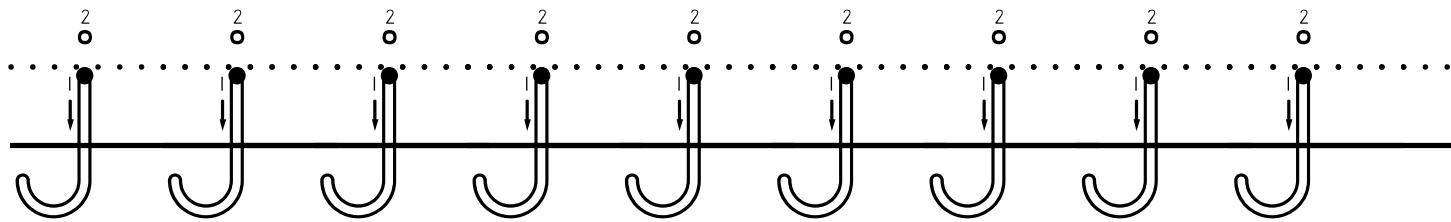


This letter is a “Digger”  
Start at the interline

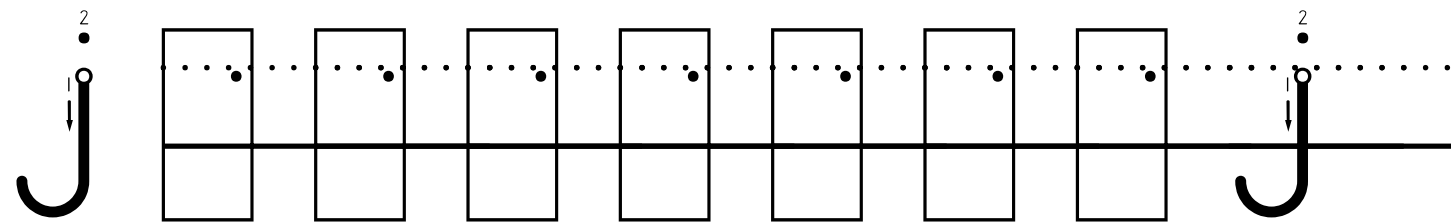
j J



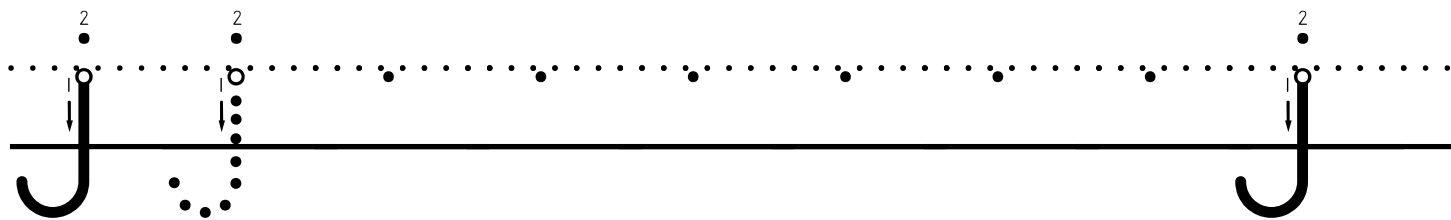
Print inside the lines. Remember to say out loud how to form the letter.



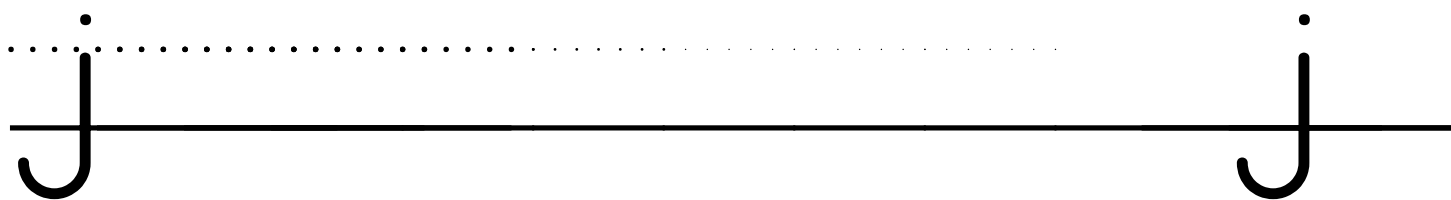
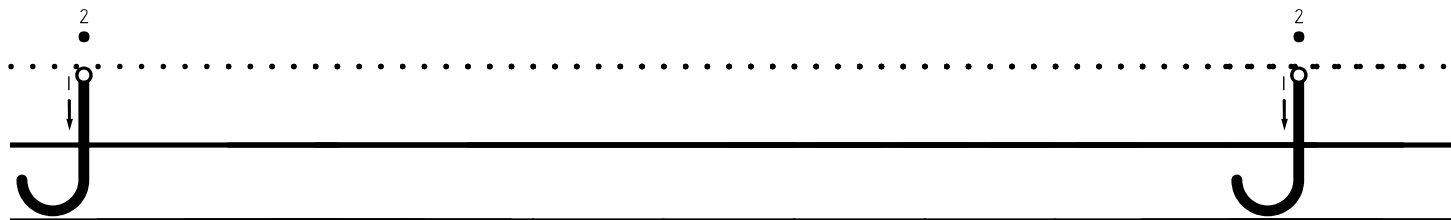
Print inside the boxes.



Print the letter.

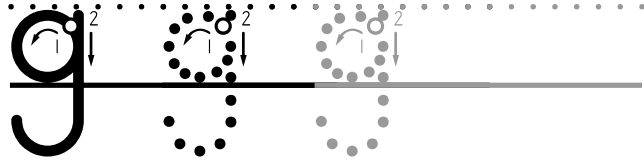


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “**Digger**”  
Start just below the interline

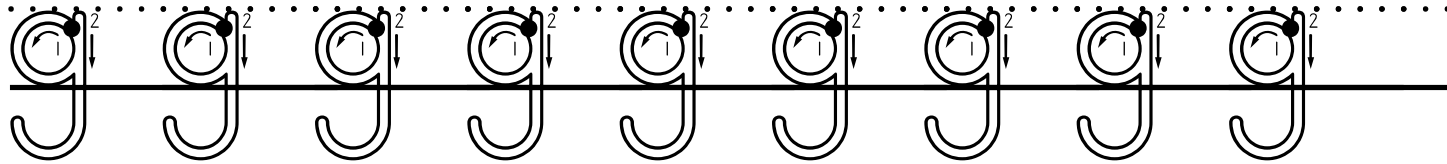
g G



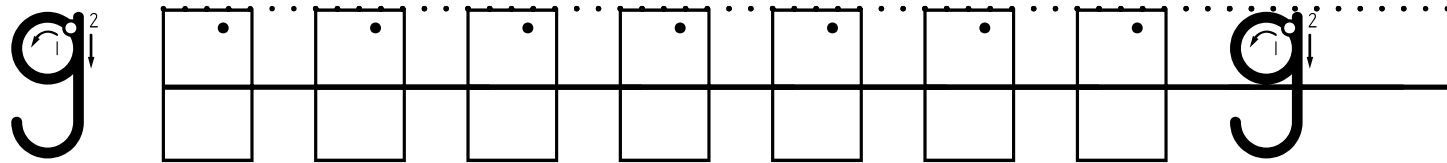
Around,  
close, dig  
and curve



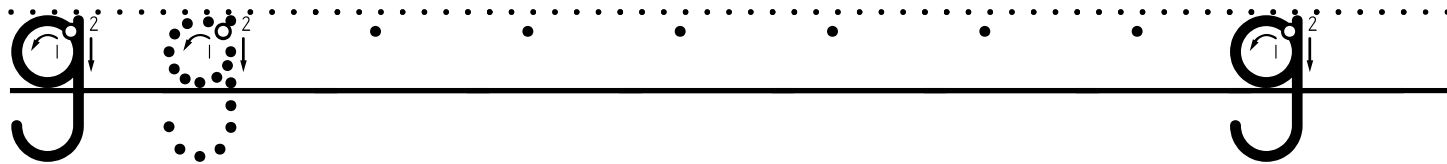
Print inside the lines. Remember to say out loud how to form the letter.



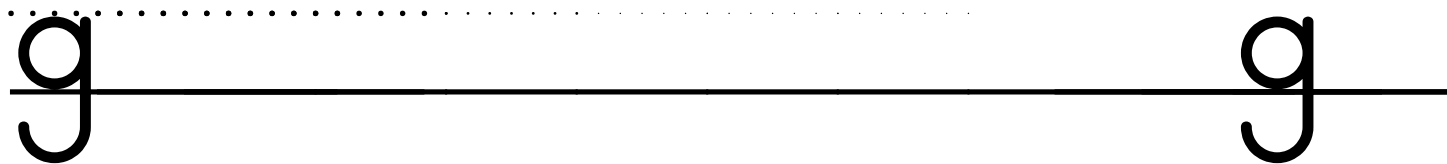
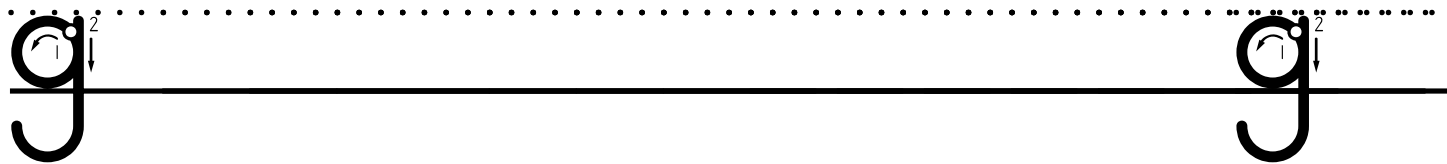
Print inside the boxes.



Print the letter.

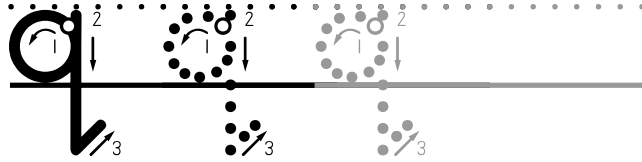


Print the letter again. Then circle your 3 best and neatest letters.

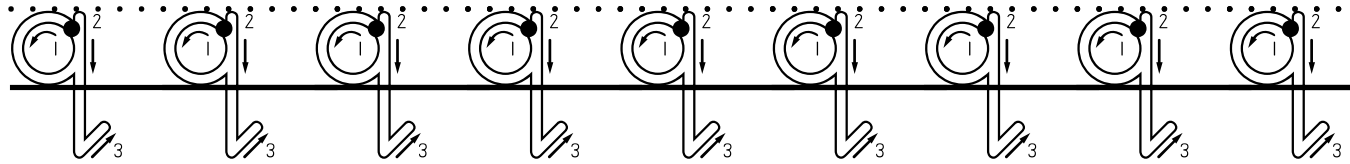


This letter is a **"Digger"**  
Start just below the interline

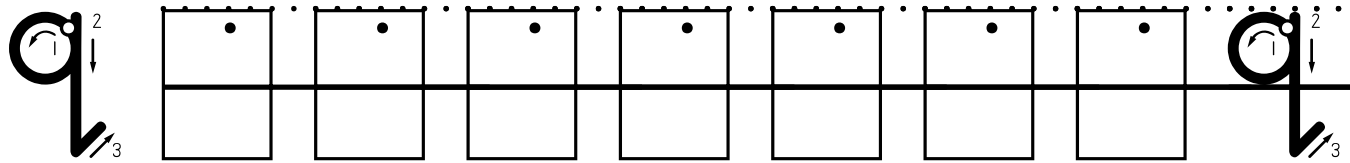
q Q



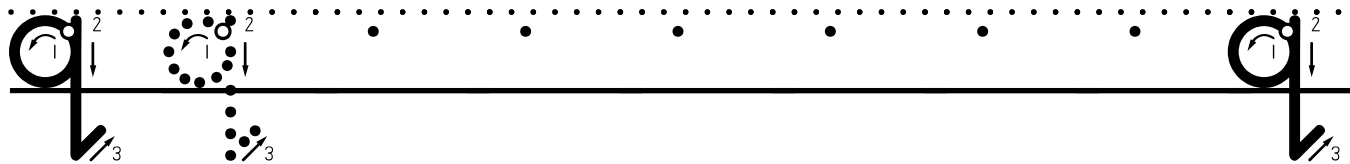
Print inside the lines. Remember to say out loud how to form the letter.



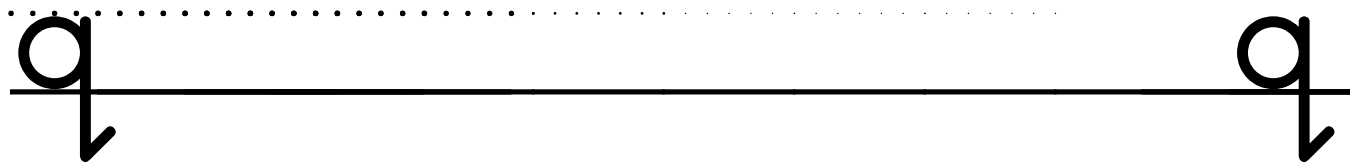
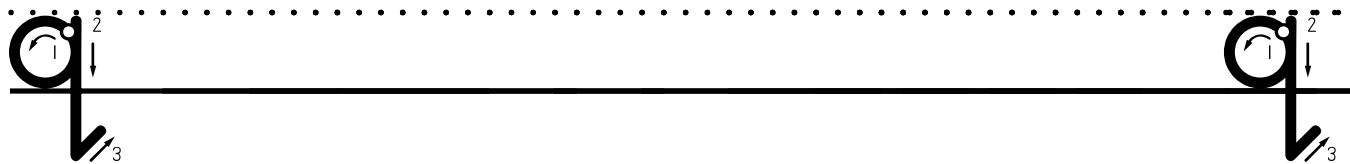
Print inside the boxes.



Print the letter.

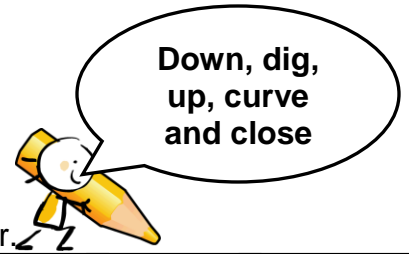
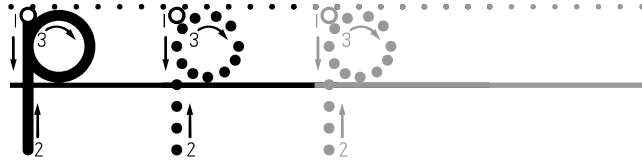


Print the letter again. Then circle your 3 best and neatest letters.

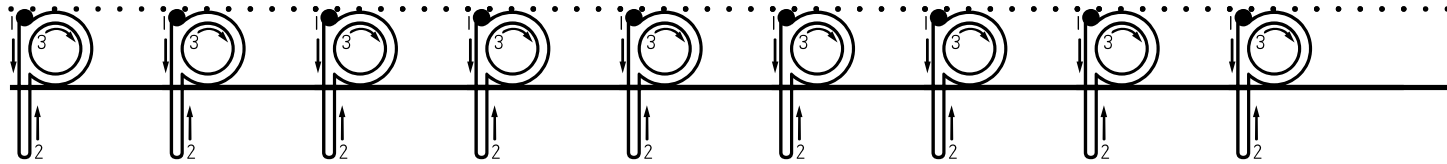


This letter is a **"Digger"**  
Start at the interline

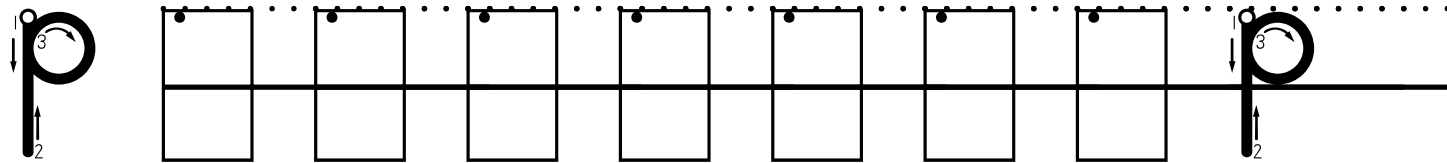
p P



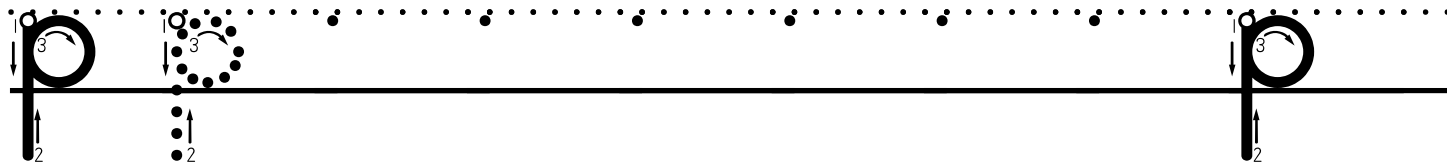
Print inside the lines. Remember to say out loud how to form the letter.



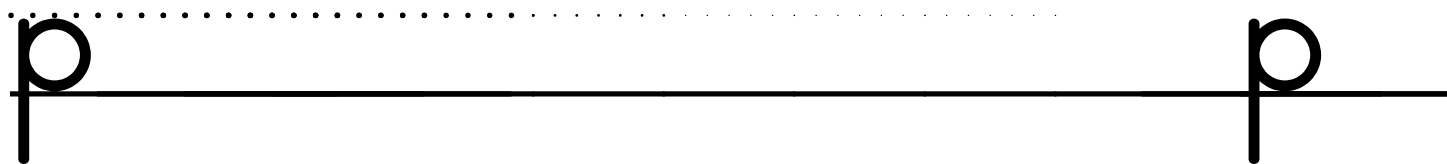
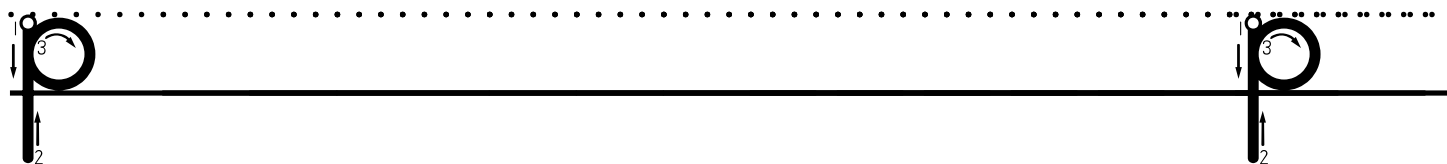
Print inside the boxes.



Print the letter.

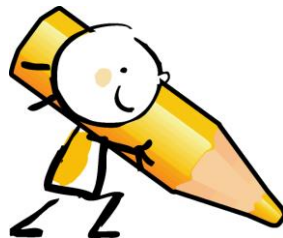
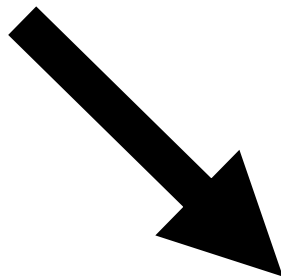


Print the letter again. Then circle your 3 best and neatest letters.



# Sliders

**v, w, y, x, z, k**



## Group 6

**Printing Like a Pro!**

By Ivonne Montgomery, MRSc, OT and Jill Zwicker, PhD, OT (C)

Sunny Hill Health Centre for Children, 2017

Created Using: Educational Fontware, 2012

May be reproduced for instructional purposes.

Worksheets and other supporting materials can be found at:

[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

## Key Strategies for Neat Printing - Sliders



### My strategies for neat printing of Sliders:



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall ( k )
- ☐ Print small letters small ( w, x, z )
- ☐ Print "digger" letters digging down below baseline ( y )

How did I do?



### My strategies for neat printing of Sliders:

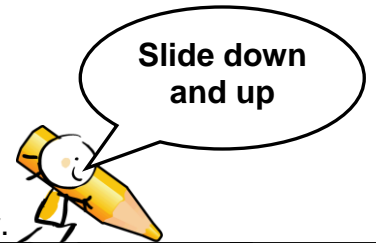
- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall ( k )
- ☐ Print small letters small ( w, x, z )
- ☐ Print "digger" letters digging down below baseline ( y )

How did I do?

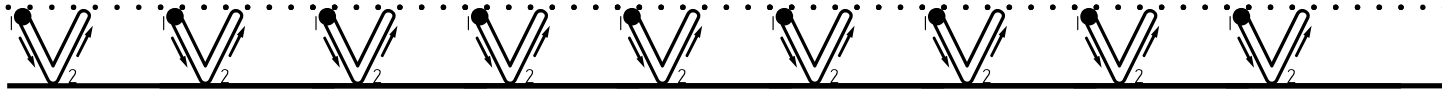


This letter is a “Slider”  
Start at the interline

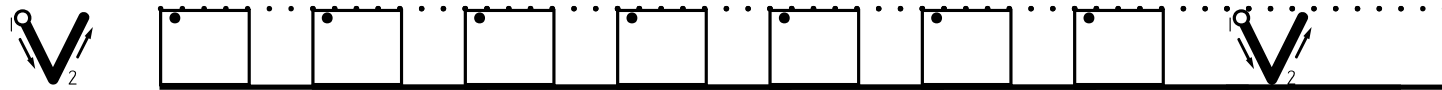
v v



Print inside the lines. Remember to say out loud how to form the letter.



Print inside the boxes.



Print the letter.



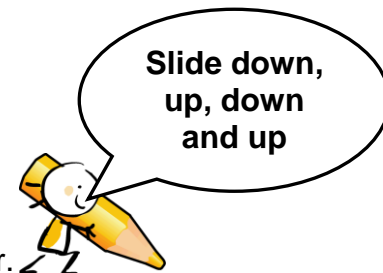
Print the letter again. Then circle your 3 best and neatest letters.





This letter is a “Slider”  
Start at the interline

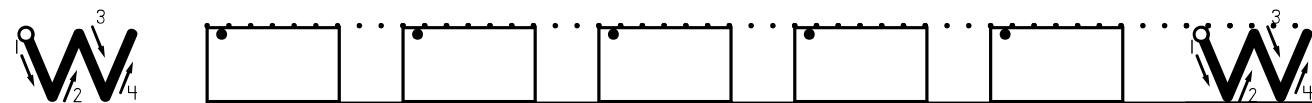
w W



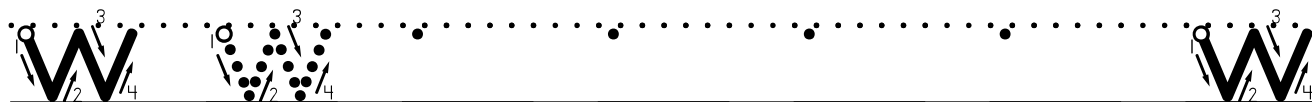
Print inside the lines. Remember to say out loud how to form the letter.



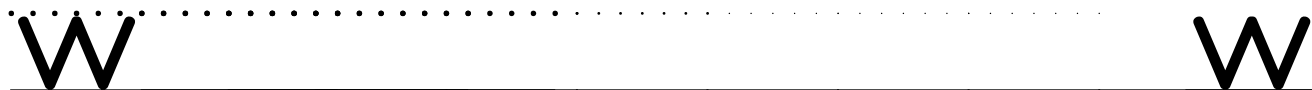
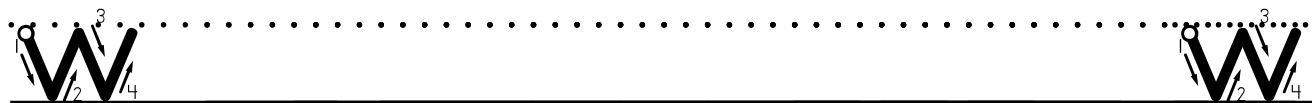
Print inside the boxes.



Print the letter.

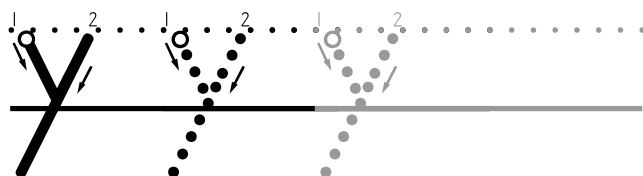


Print the letter again. Then circle your 3 best and neatest letters.

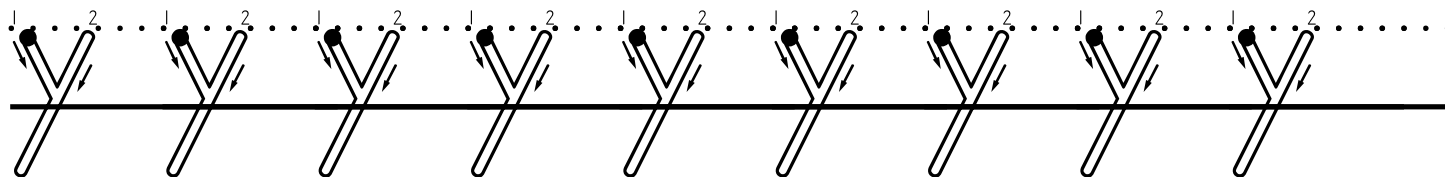


This letter is a “Slider”  
Start at the interline

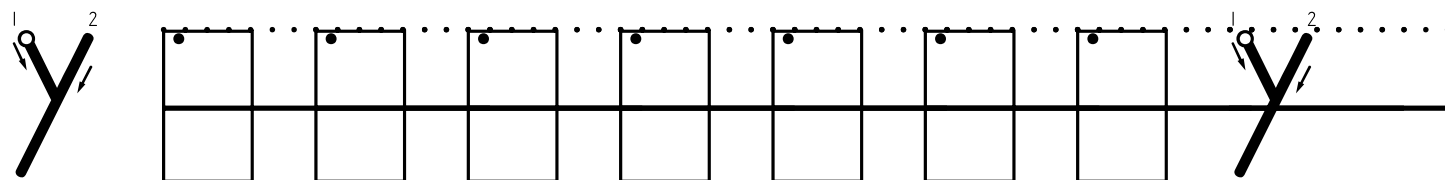
y Y



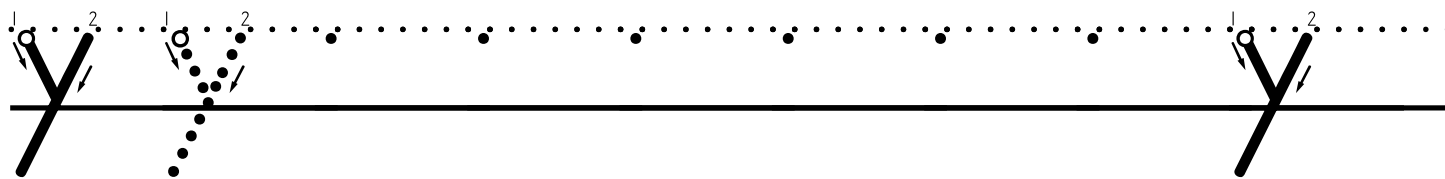
Print inside the lines. Remember to say out loud how to form the letter.



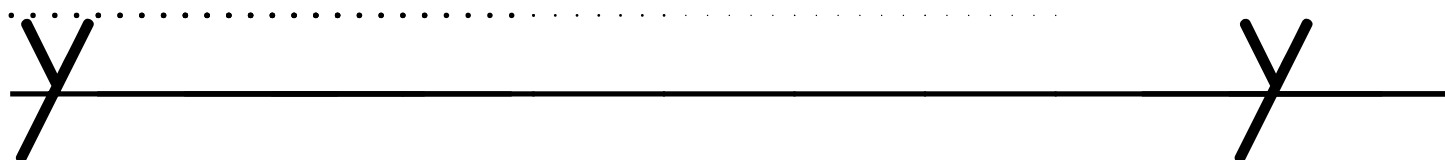
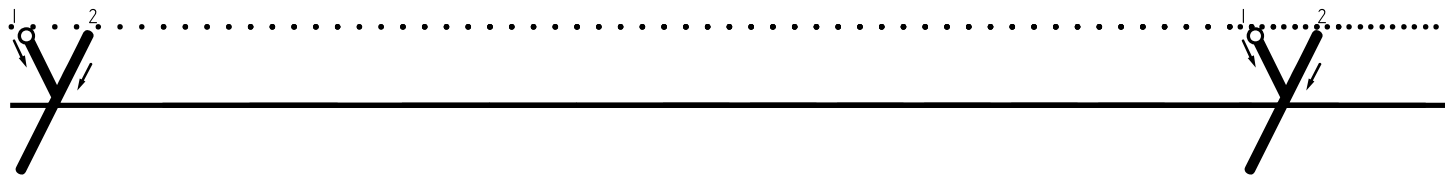
Print inside the boxes.



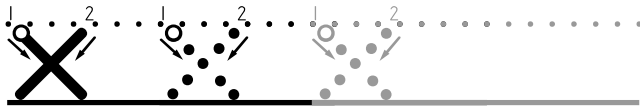
Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.



This letter is a **"Slider"**  
Start at the interline



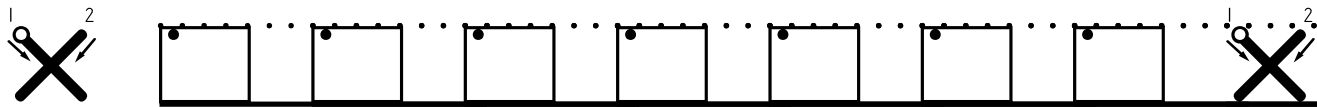
Slide down  
and slide  
back



Print inside the lines. Remember to say out loud how to form the letter.



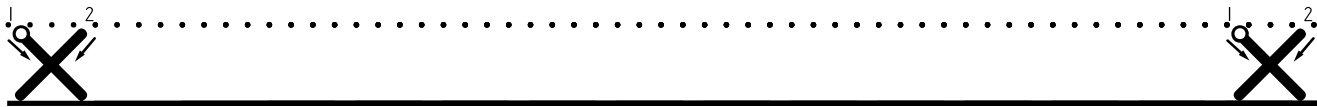
Print inside the boxes.



Print the letter.

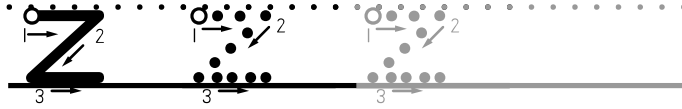


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Slider”  
Start at the interline

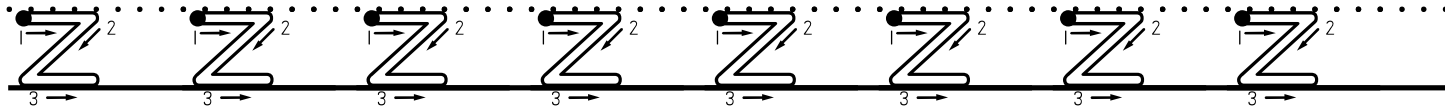
z Z



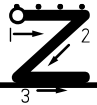
Forward,  
slide back  
and forward



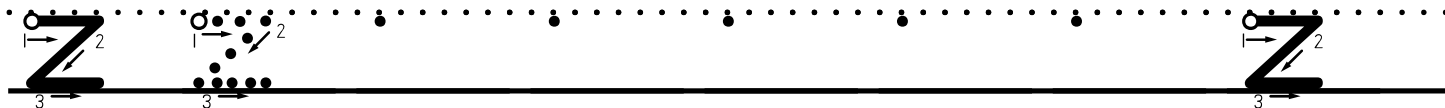
Print inside the lines. Remember to say out loud how to form the letter.



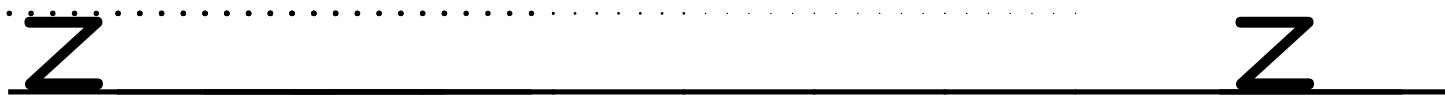
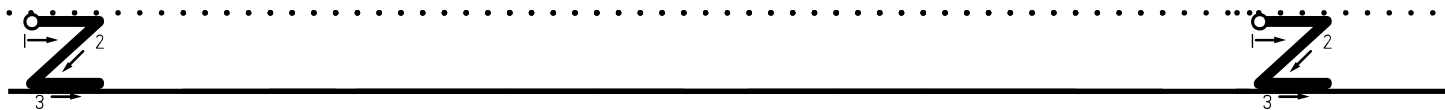
Print inside the boxes.



Print the letter.

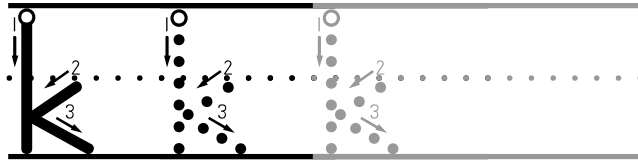


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Slider”  
Start at the top line

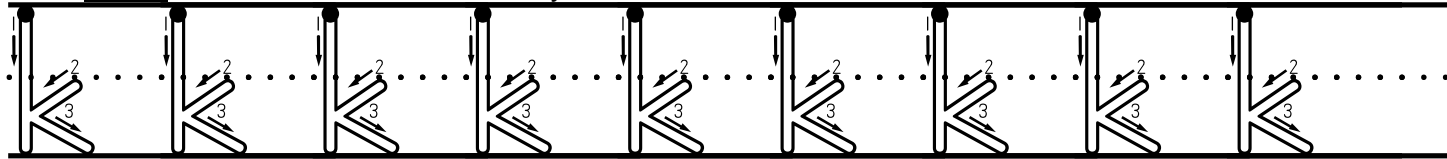
k K



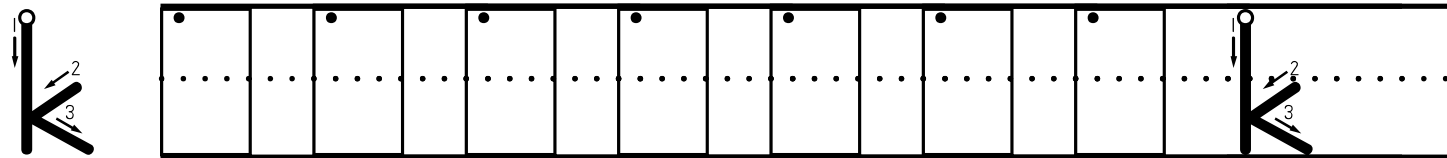
Down, slide  
back and  
slide forward



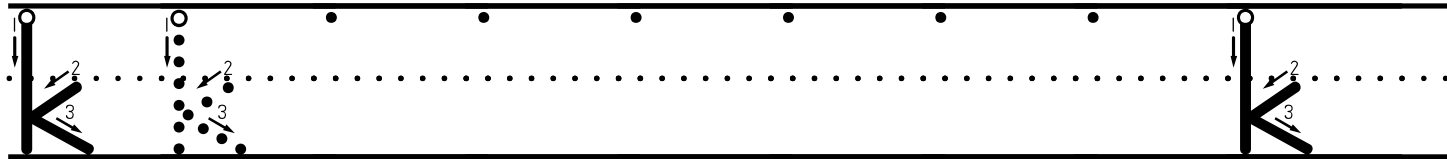
Print inside the lines. Remember to say out loud how to form the letter.



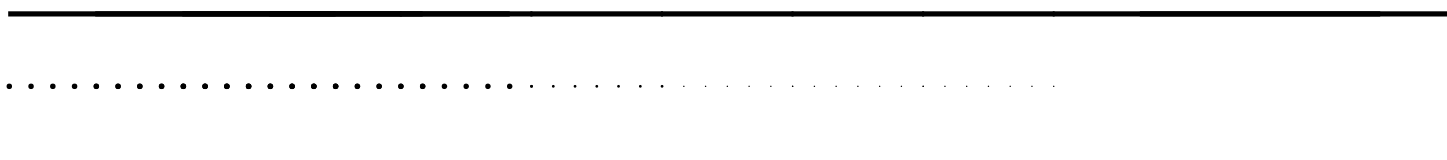
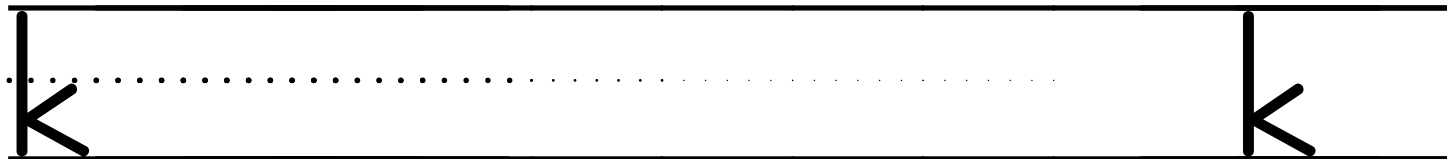
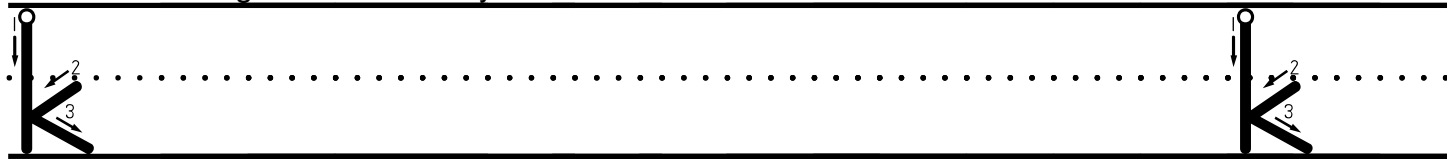
Print inside the boxes.



Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.



## Key Strategies for Neat Printing

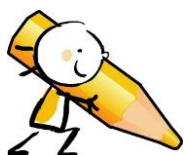


**My strategies for neat printing:**



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall (b, d, f, h, k, l, t)
- ☐ Print small letters small (a, c, e, i, m, n, o, r, s, u, v, w, x, z)
- ☐ Print “digger” letters digging down below baseline (g, j, p, q, y)
- ☐ Leave a finger space between words
- ☐ Use correct capitalization and punctuation

**How did I do?**



**My strategies for neat printing:**



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print tall letters tall (b, d, f, h, k, l, t)
- ☐ Print small letters small (a, c, e, i, m, n, o, r, s, u, v, w, x, z)
- ☐ Print “digger” letters digging down below baseline (g, j, p, q, y)
- ☐ Leave a finger space between words
- ☐ Use correct capitalization and punctuation

**How did I do?**



## Looking for more?

Check out the Printing Like a Pro!:

- Level II - “**Letter Group Review, Word and Sight Word Sentences**” worksheet set  
and well as
- “**Skill Boosting**” Worksheet Sets:
  - Numbers
  - Days of the Week
  - Months of the Year
  - Letter and Card Writing

Worksheets and other supporting materials can be found at:  
[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

