

**Sunny Hill Health Centre for Children  
Therapy Department**



# **Upper Case Letter Worksheets**

A Cognitive Approach to  
Teaching Printing to  
Primary School Aged Children



## **Printing Like a Pro!**

By Ivonne Montgomery, MRSc, OT and Jill Zwicker, PhD, OT (C)

Sunny Hill Health Centre for Children, 2017

Created Using: Educational Fontware, 2012

May be reproduced for instructional purposes.

Worksheets and other supporting materials can be found at:

[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

## Key Strategies for Neat Printing – Capitals



### My strategies for neat printing of Capital Letters:



- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print all capitals “tall” (not small)

How did I do?



### My strategies for neat printing of Capital Letters:



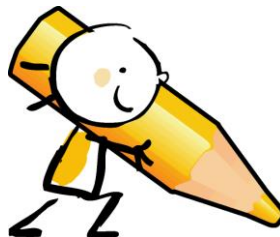
- ☐ Slow down
- ☐ Print letters from top to bottom
- ☐ Print letters on the line (no floaters)
- ☐ Print all capitals “tall” (not small)

How did I do?



# Downers

**L,T,I,H,F,E**



## Group 1

**Printing Like a Pro!**

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Sunny Hill Health Centre for Children 2017

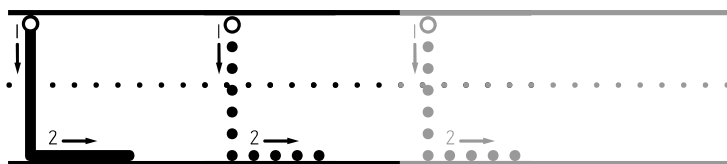
Created Using: Educational Fontware, 2012

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Worksheets and other supporting materials can be found at:

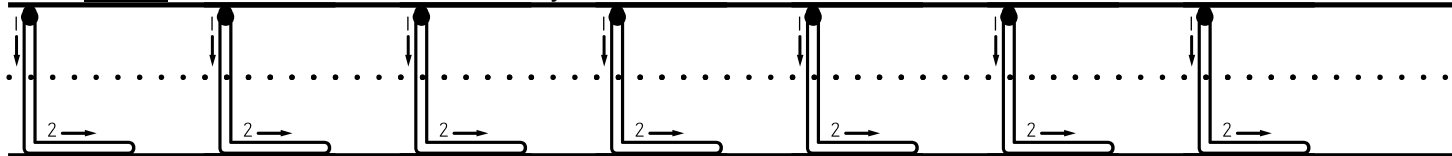
[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

This letter is a “**Downer**”  
Start at the top line

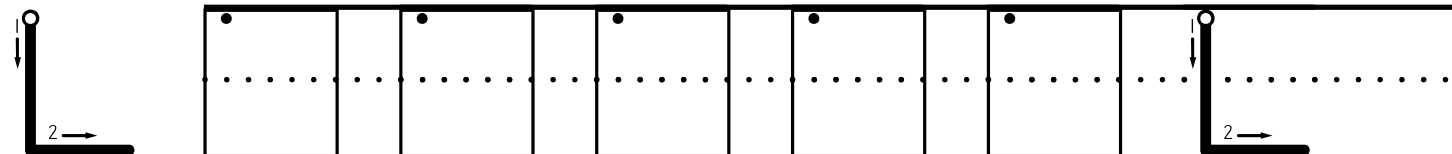


Down and  
across the  
bottom

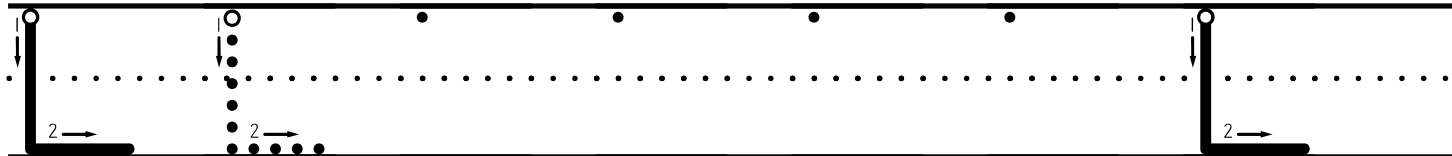
Print inside the lines. Remember to say out loud how to form the letter.



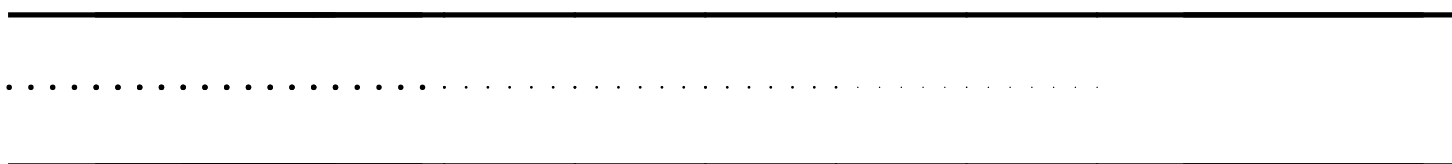
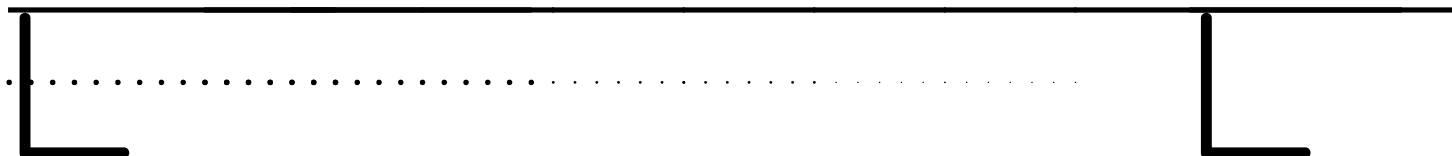
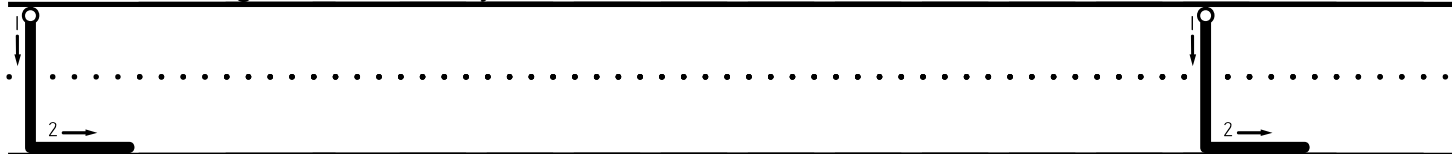
Print inside the boxes.



Print the letter.

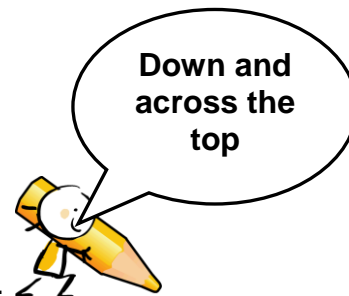
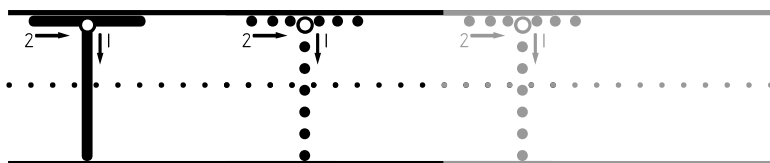


Print the letter again. Then circle your 3 best and neatest letters.

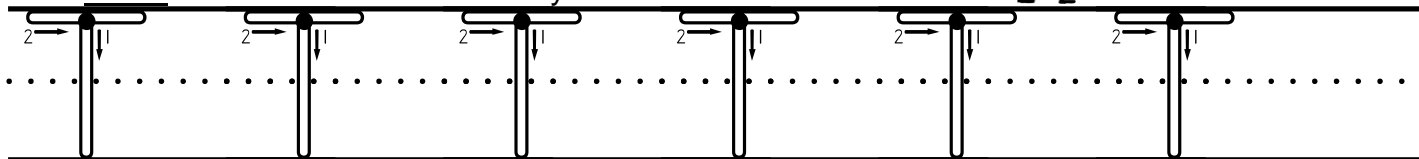


This letter is a “**Downer**”  
Start at the top line

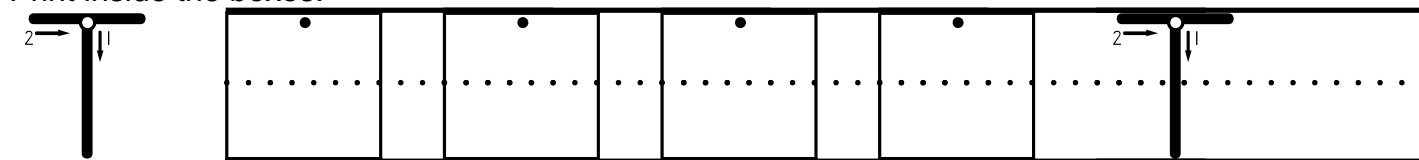
T +



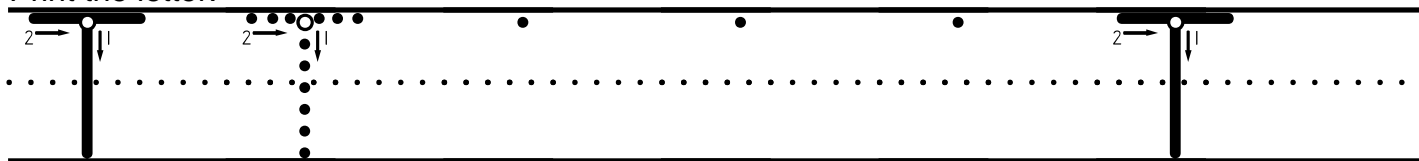
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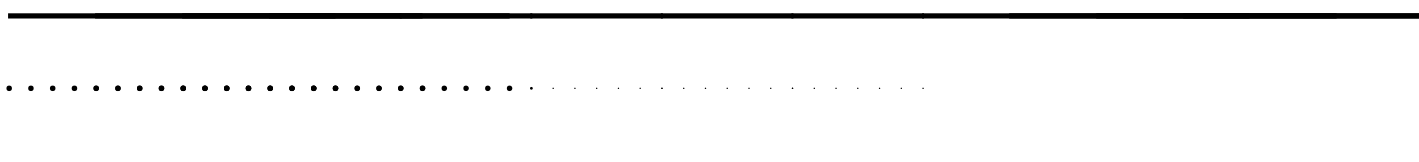
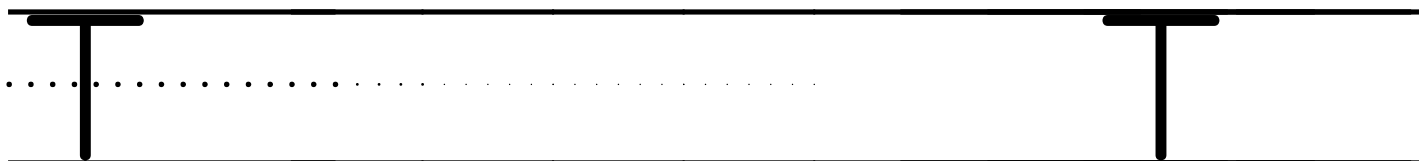
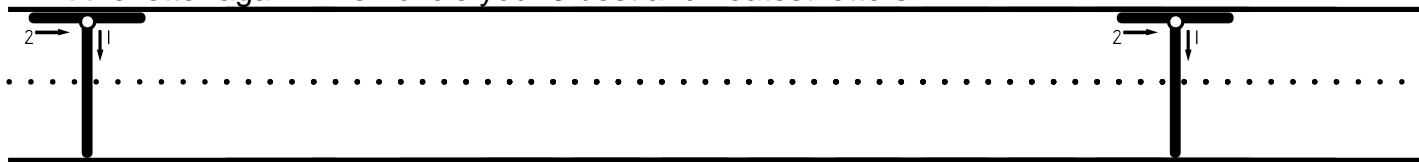
Print inside the boxes.



Print the letter.

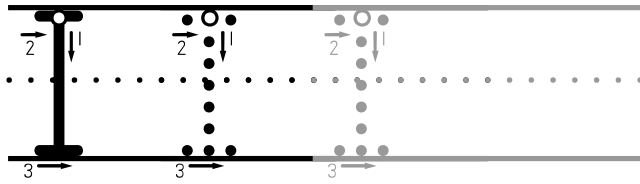


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “**Downer**”  
Start at the top line

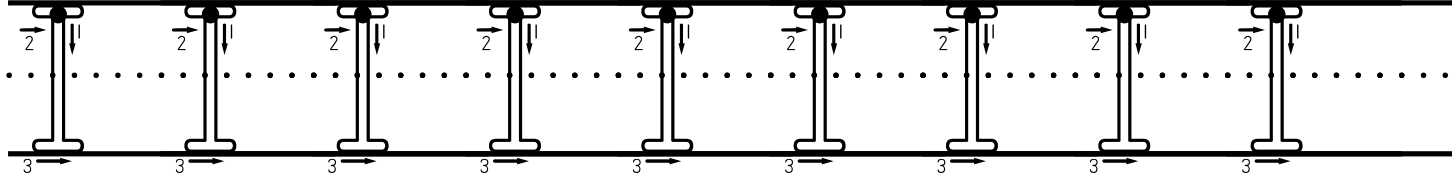
I i



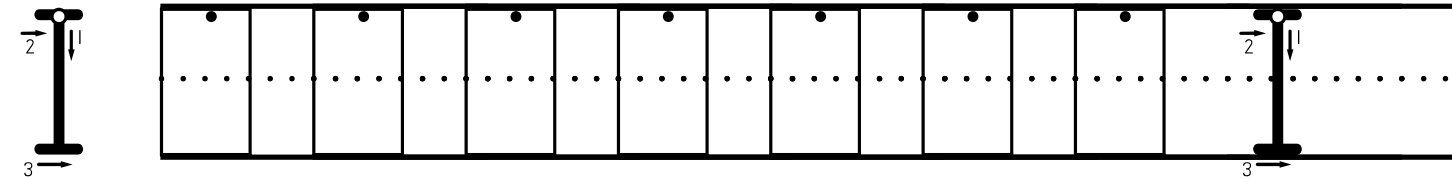
Down,  
across the top  
and across  
the bottom



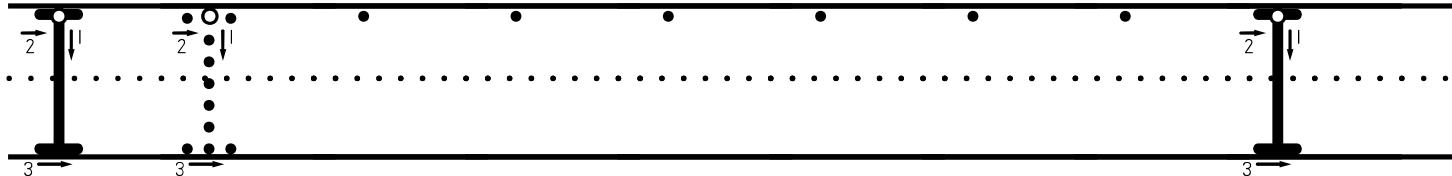
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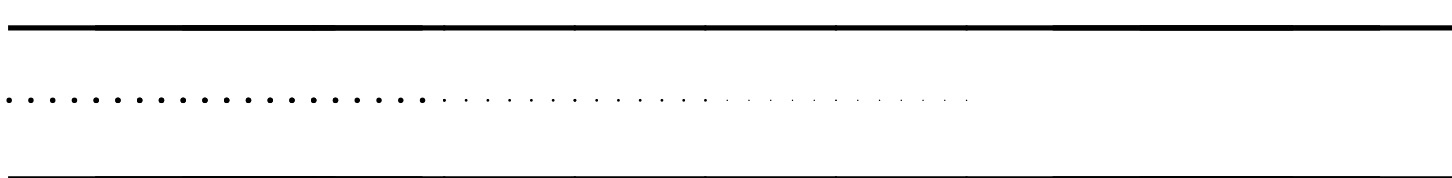
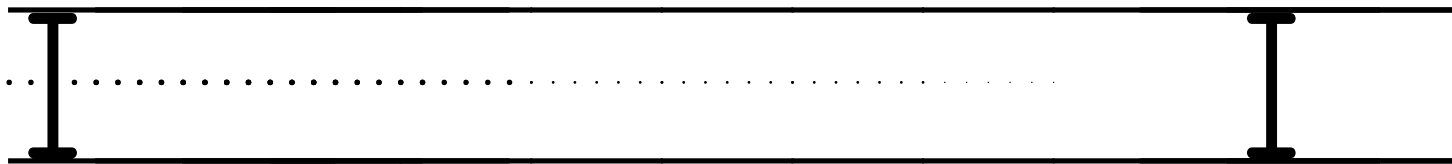
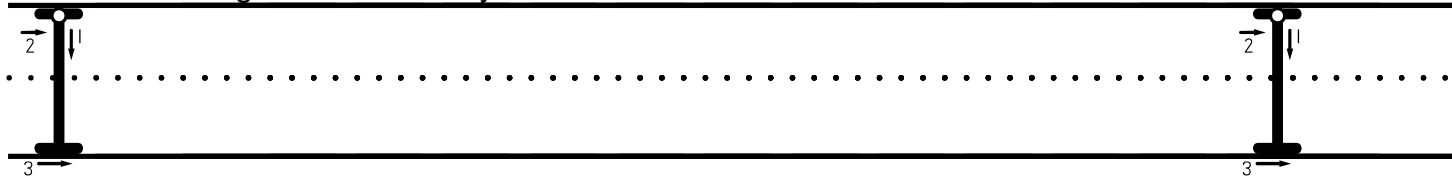
Print inside the boxes.



Print the letter.

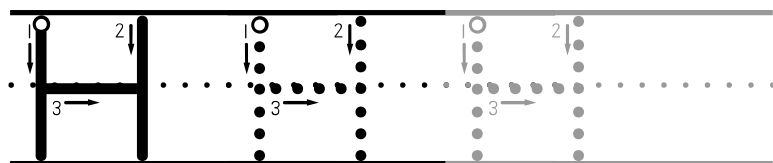


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a **“Downer”**  
Start at the top line

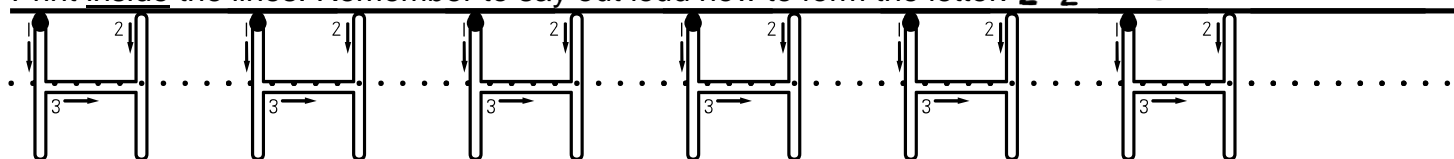
H h



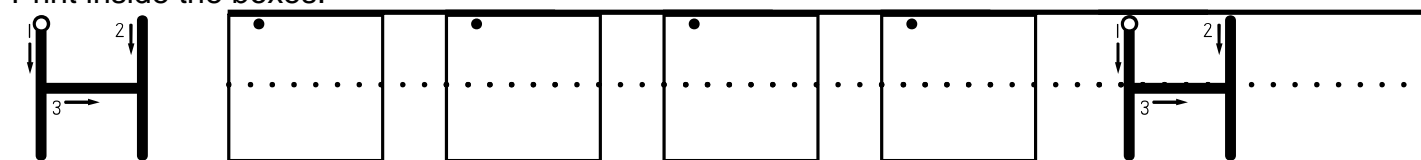
Down, down  
and across  
the middle



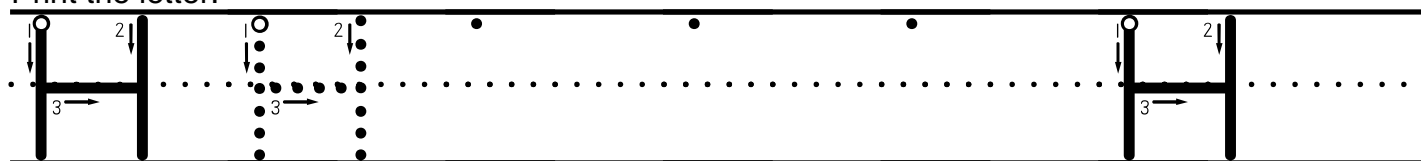
Print inside the lines. Remember to say out loud how to form the letter.



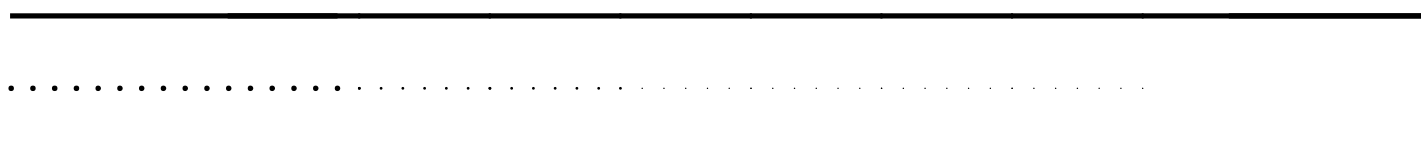
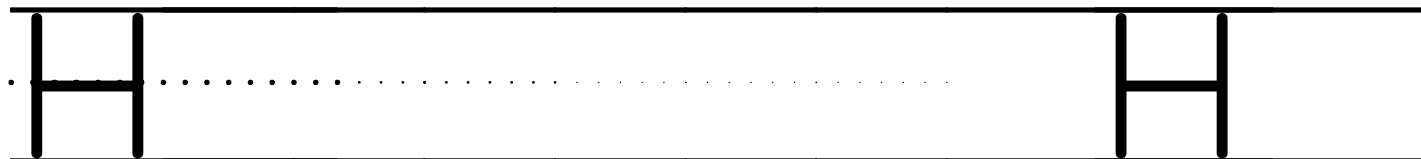
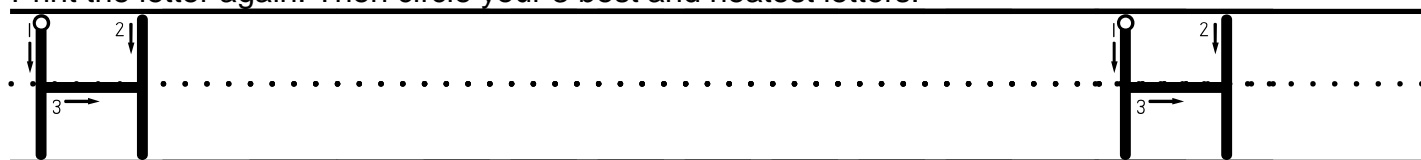
Print inside the boxes.



Print the letter.

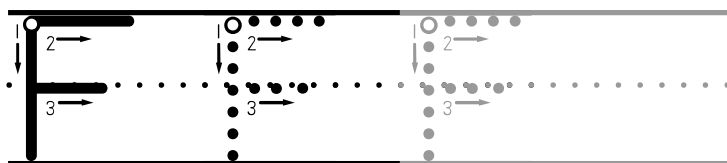


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This letter is a “**Downer**”  
Start at the top line

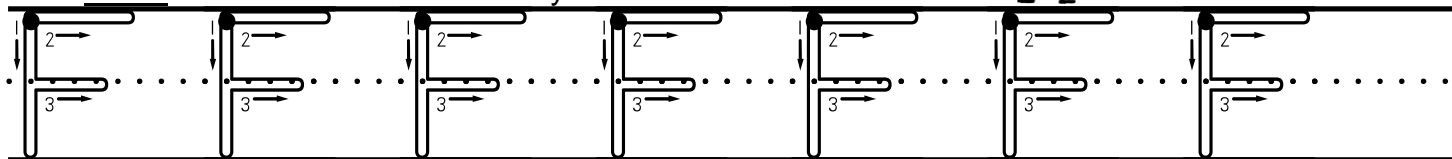
f F



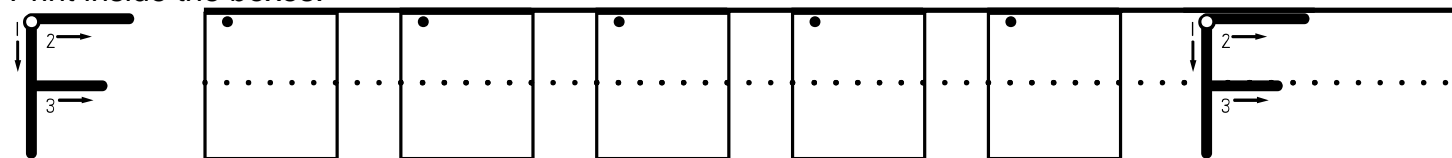
Down, across  
the top and  
across the  
middle



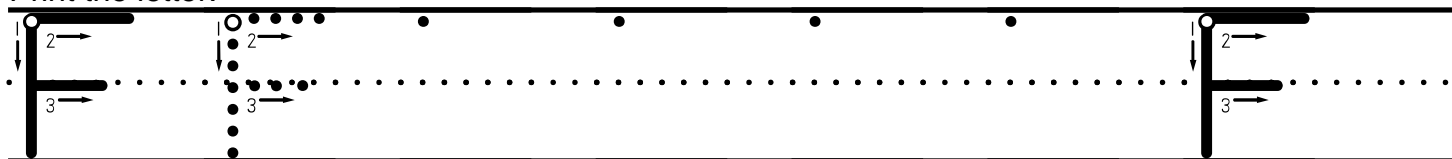
Print inside the lines. Remember to say out loud how to form the letter.



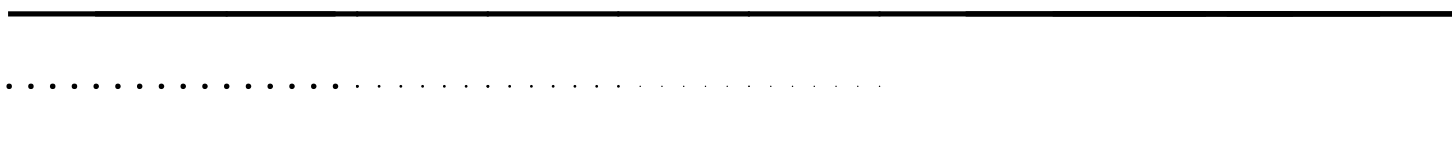
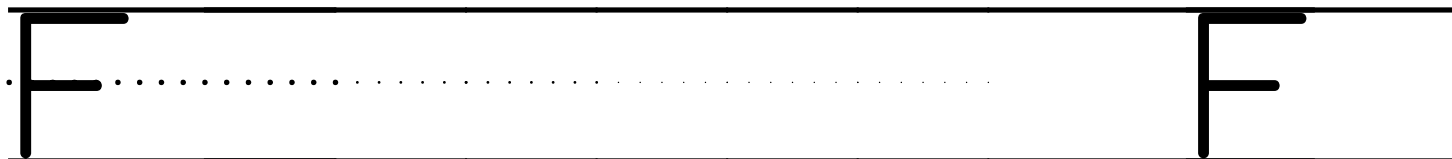
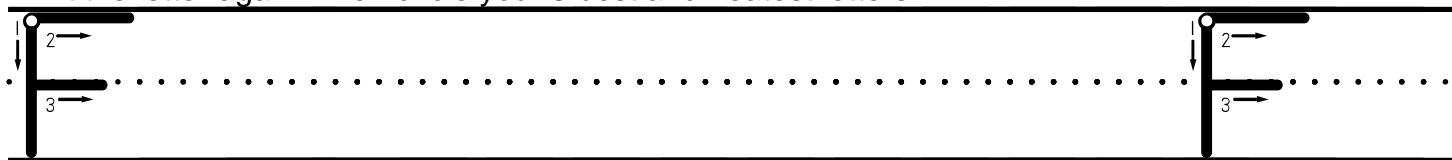
Print inside the boxes.



Print the letter.



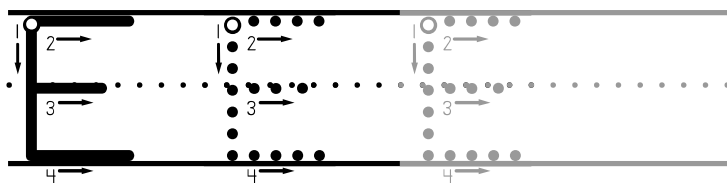
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This letter is a “**Downer**”  
Start at the top line

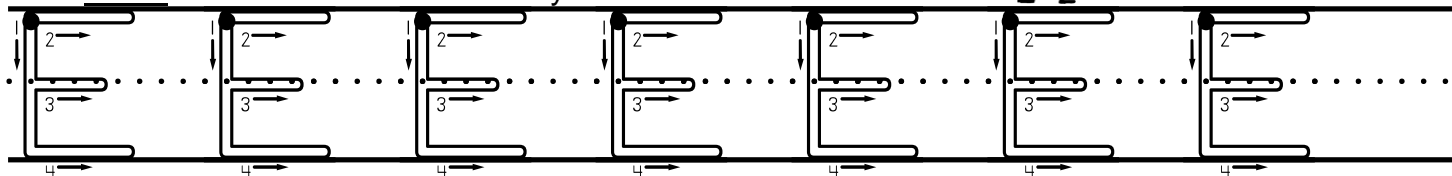
E e



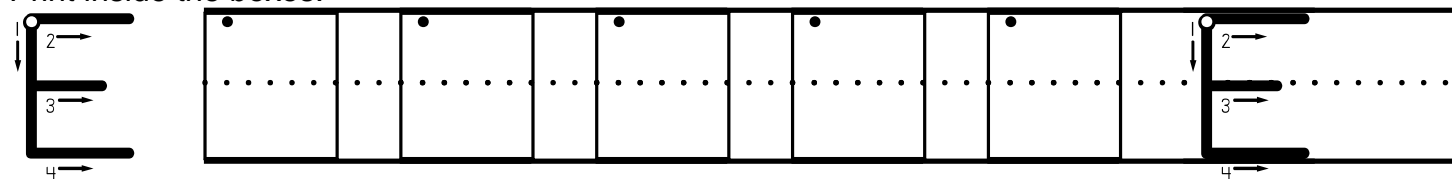
Down,  
across the  
top, middle  
and bottom



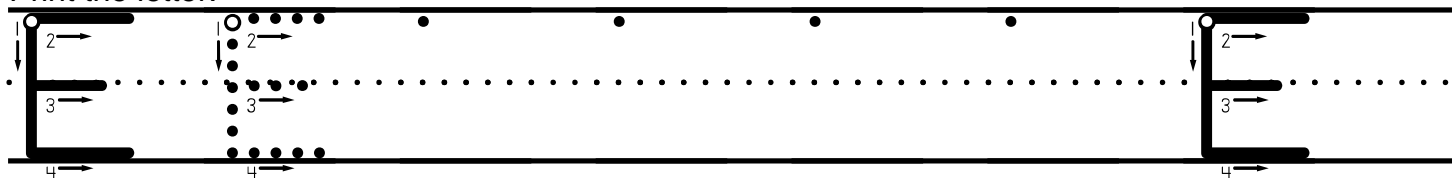
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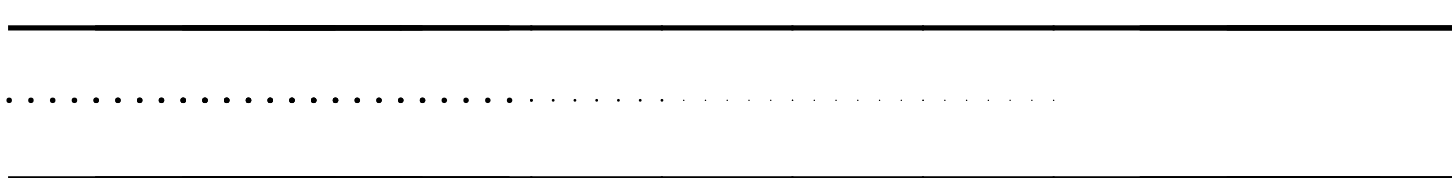
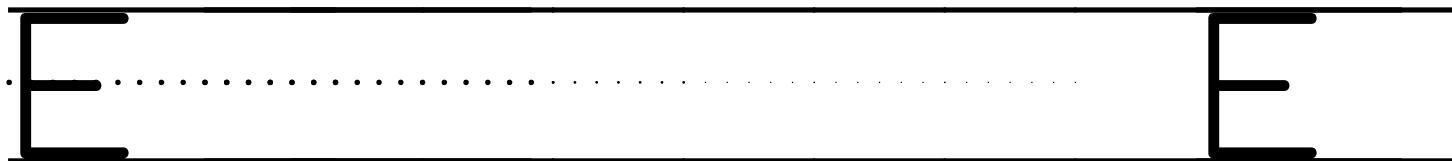
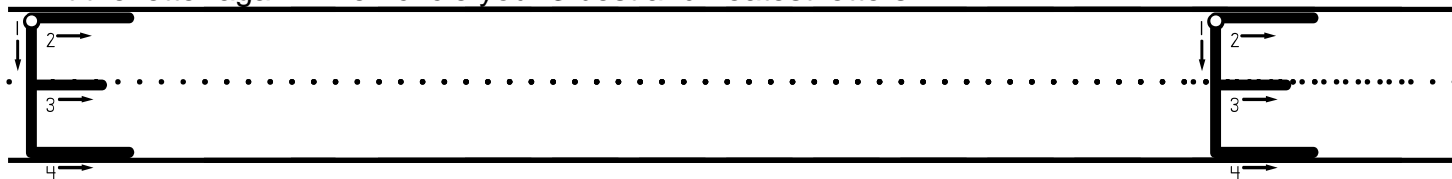
Print inside the boxes.



Print the letter.

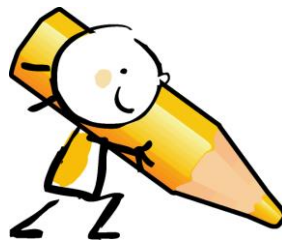


Print the letter again. Then circle your 3 best and neatest letters.



# Rounders

C,O,Q,G



## Group 2

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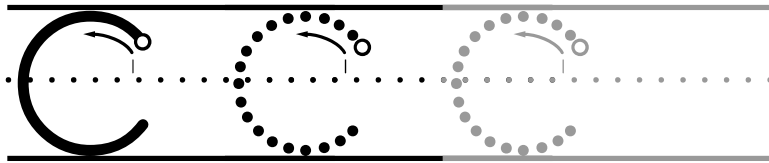
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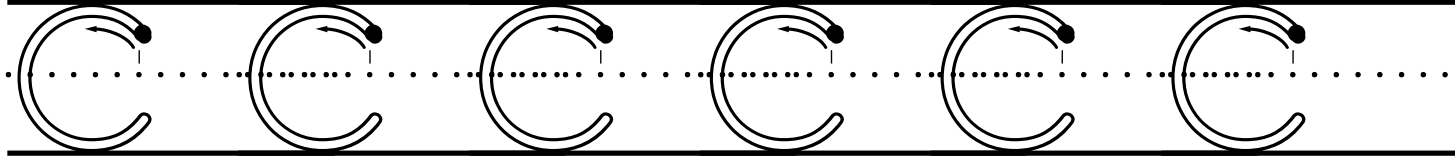
[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

This letter is a “**Rounder**”  
Start just below the top line

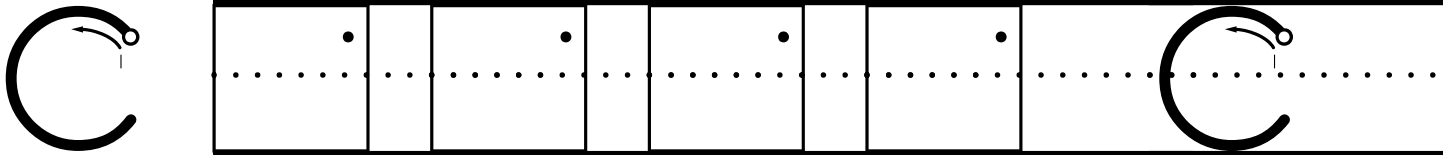
C c



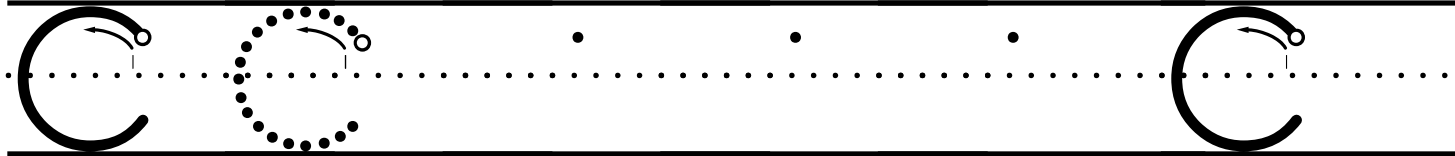
Print inside the lines. Remember to say out loud how to form the letter.



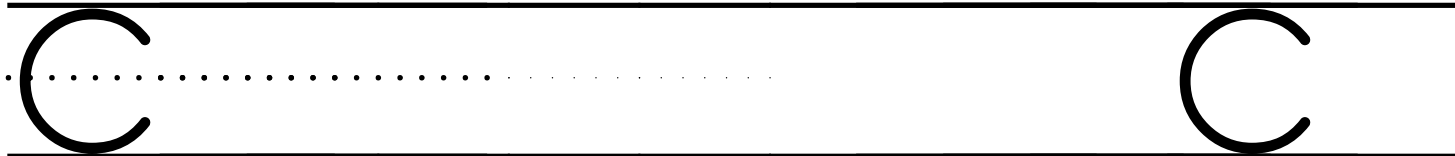
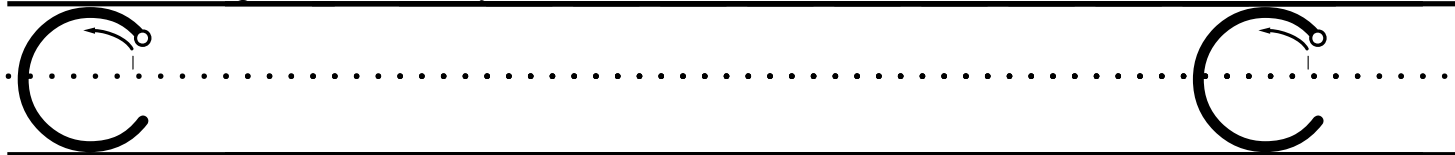
Print inside the boxes.



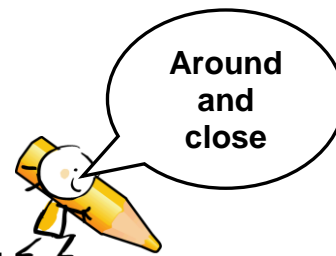
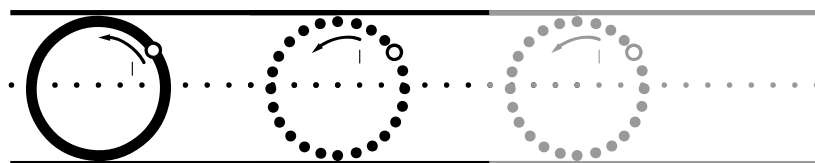
Print the letter.



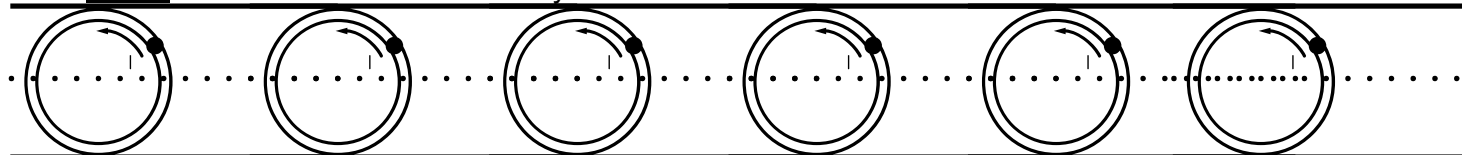
Print the letter again. Then circle your 3 best and neatest letters.



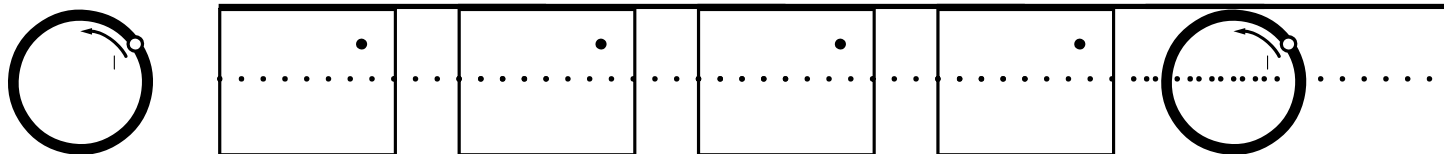
This letter is a “**Rounder**”  
Start just below the top line



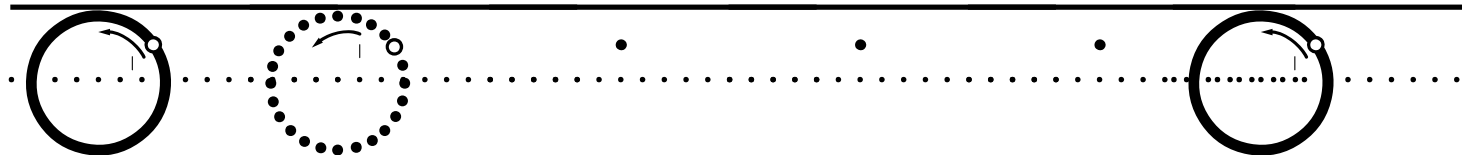
Print inside the lines. Remember to say out loud how to form the letter.



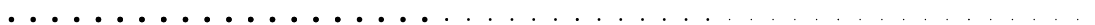
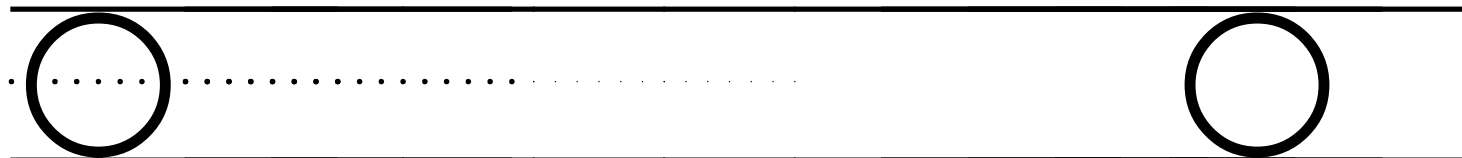
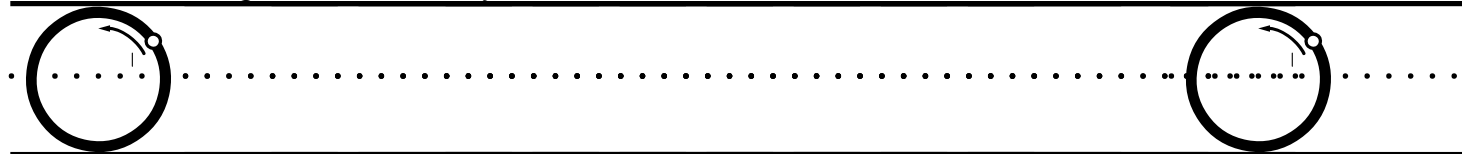
Print inside the boxes.



Print the letter.

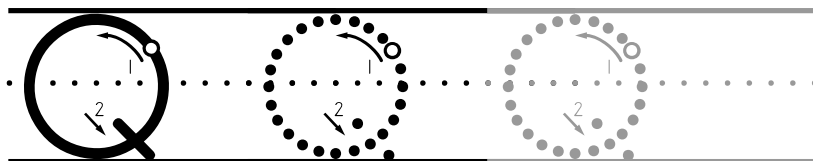


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This letter is a **“Rounder”**  
Start just below the top line

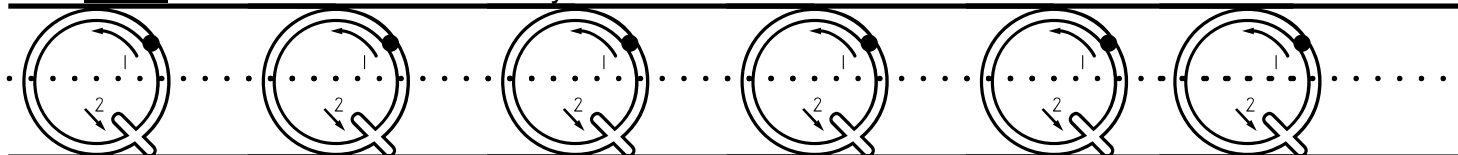
Q q



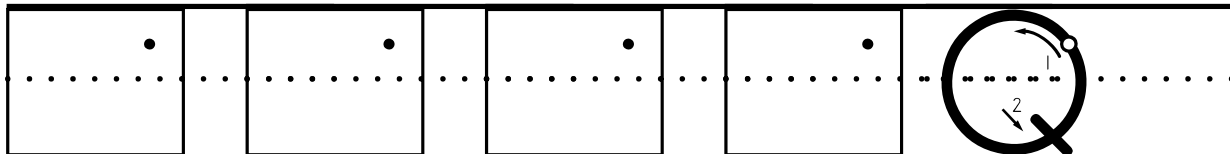
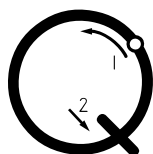
Around,  
close and  
slide down



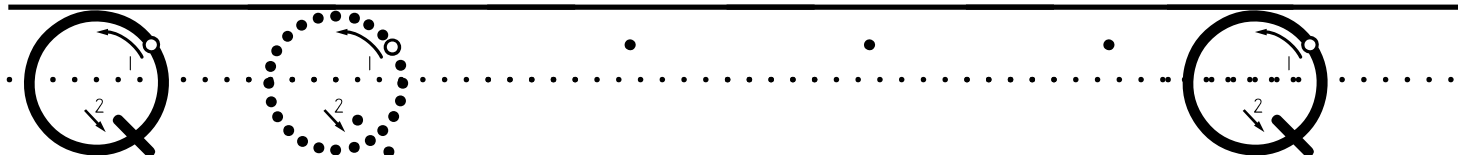
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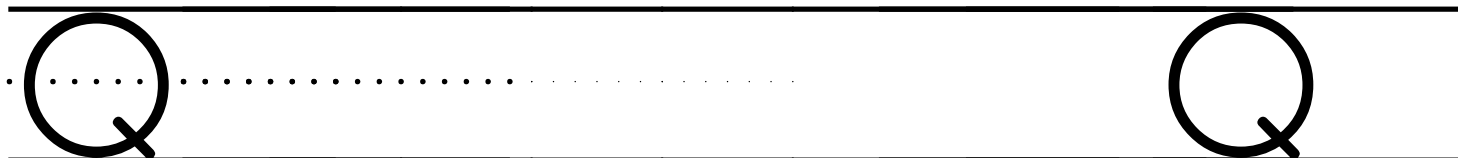
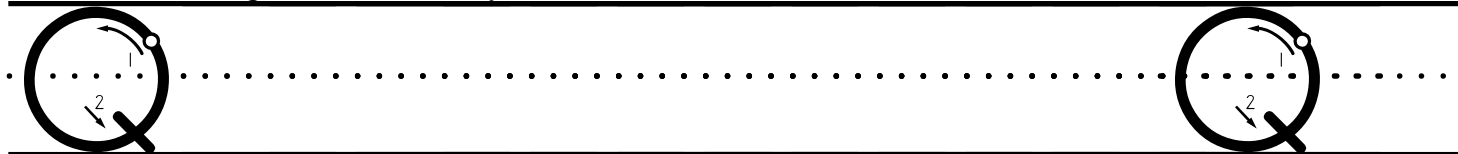
Print inside the boxes



Print the letter.



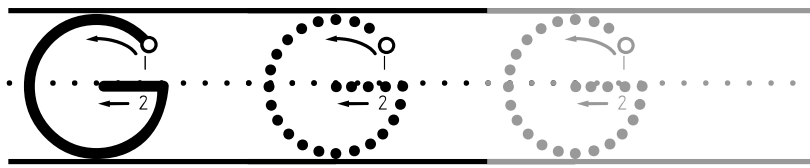
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.....

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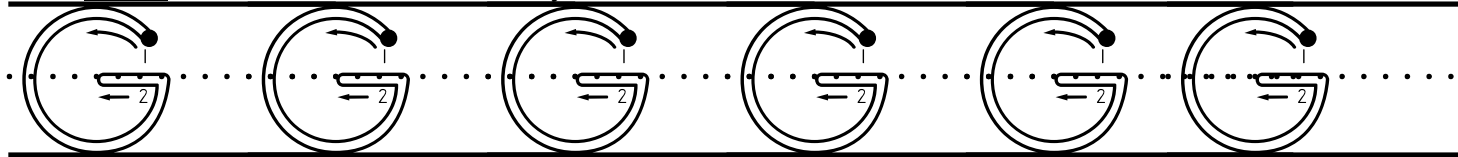
G g



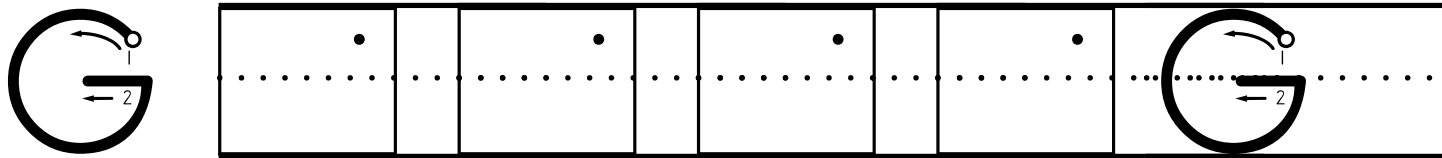
Around,  
open and  
straight back



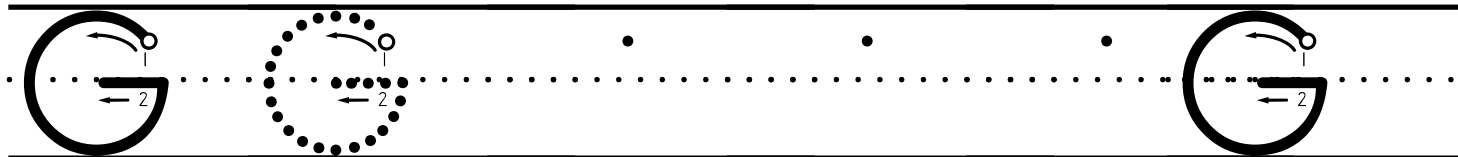
Print inside the lines. Remember to say out loud how to form the letter.



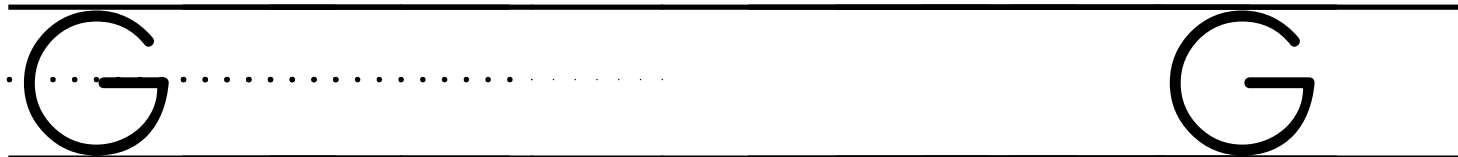
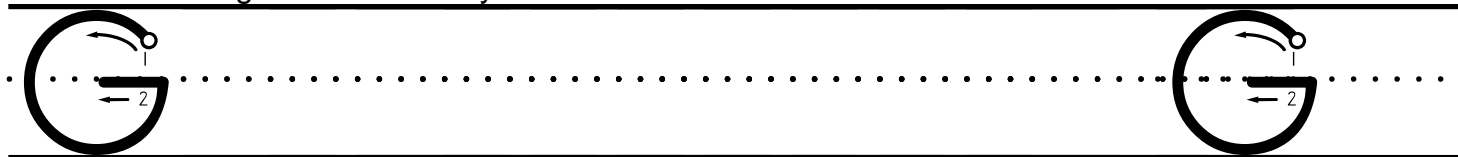
Print inside the boxes



Print the letter.

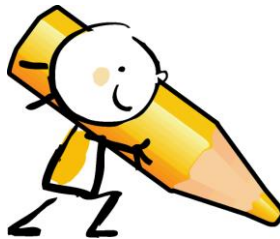
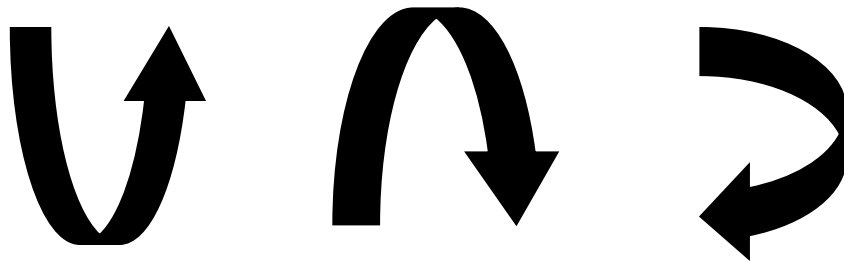


Print the letter again. Then circle your 3 best and neatest letters.



# Curvers

**S,J,U**  
**and**  
**P,B,R,D**



## Groups 3 and 4

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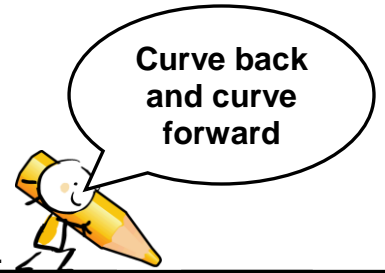
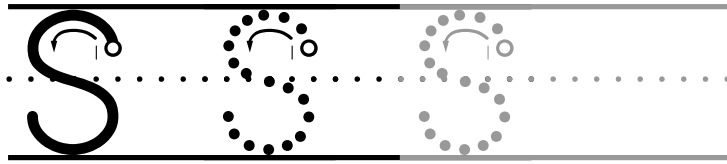
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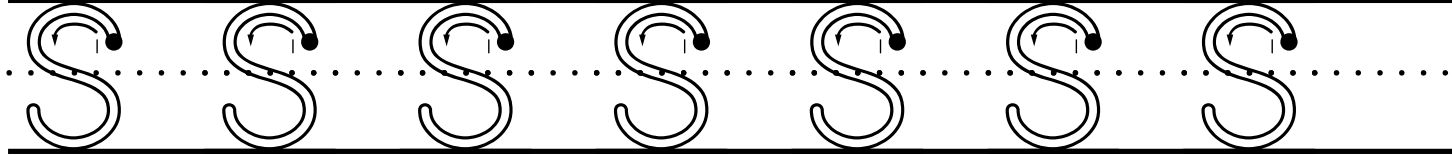
[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

This letter is a “**Curver**”  
Start just below the top line

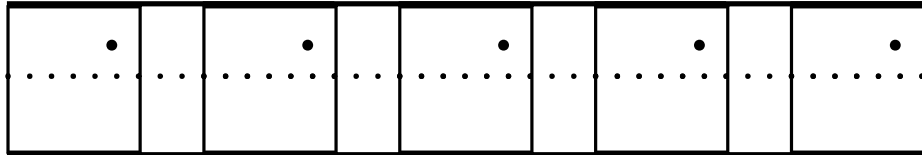
S s



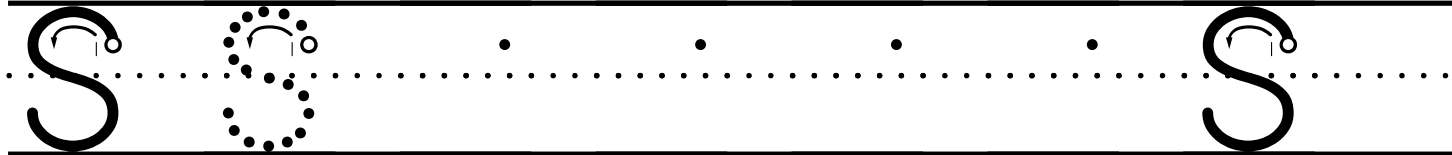
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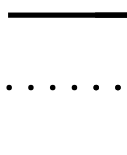
Print inside the boxes.



Print the letter.



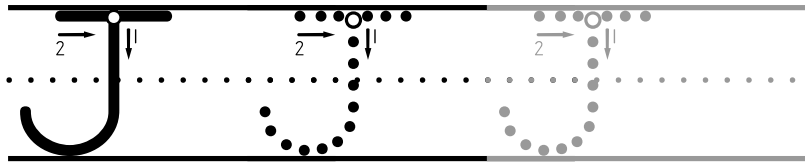
Print the letter again. Then circle your 3 best and neatest letters.





This letter is a “**Curver**”  
Start at the top line

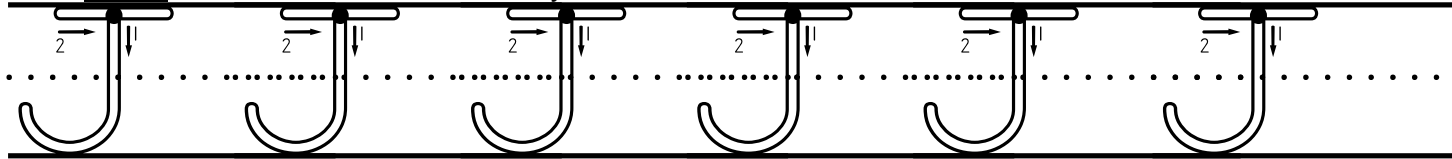
J j



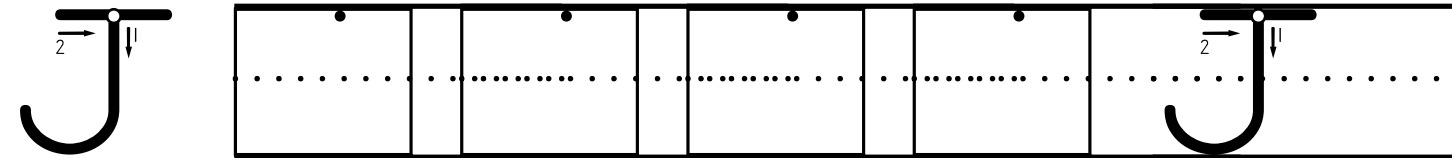
Down,  
curve back  
and across  
the top



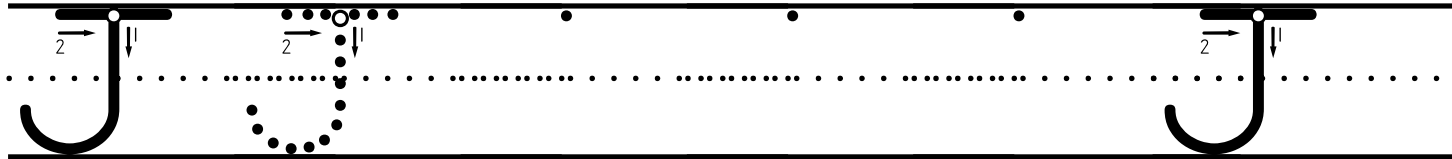
Print inside the lines. Remember to say out loud how to form the letter.



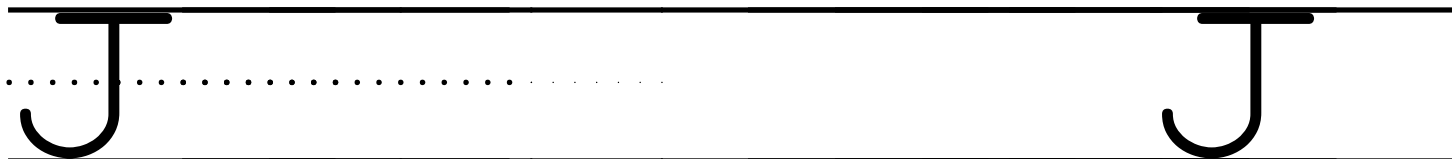
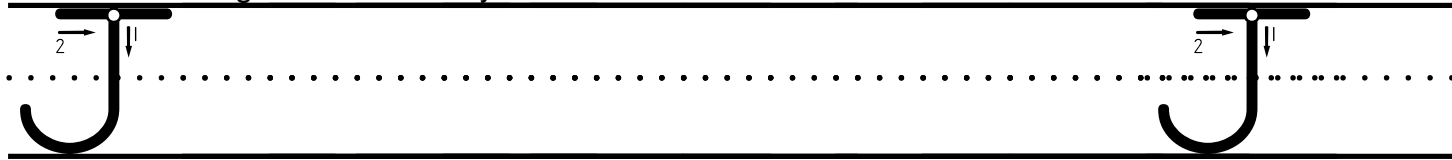
Print inside the boxes.



Print the letter.

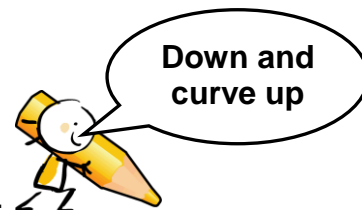
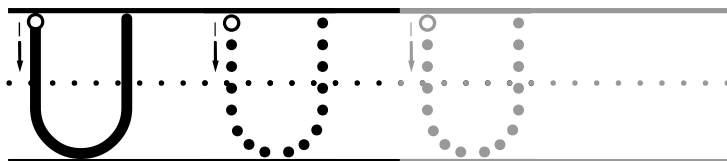


Print the letter again. Then circle your 3 best and neatest letters.

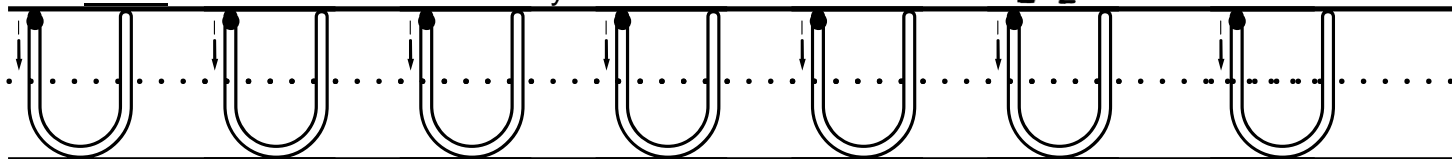


This letter is a “**Curver**”  
Start at the top line

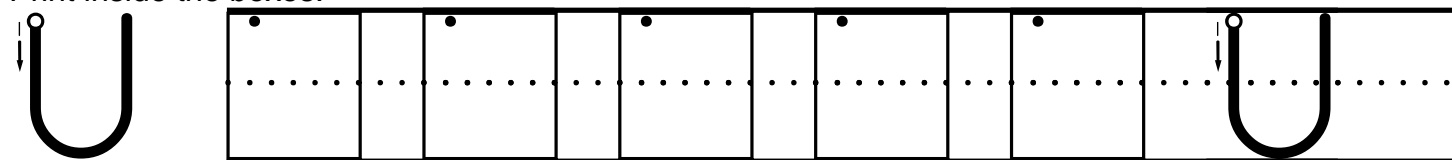
U u



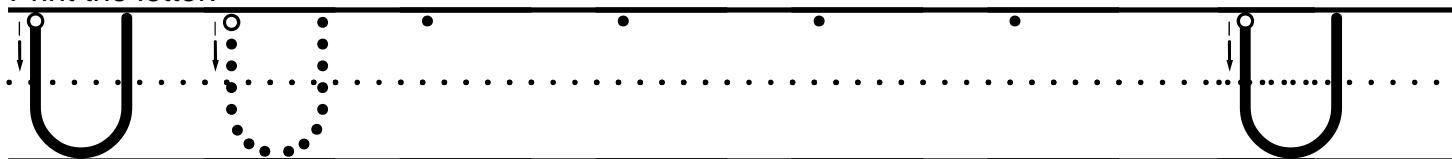
Print inside the lines. Remember to say out loud how to form the letter.



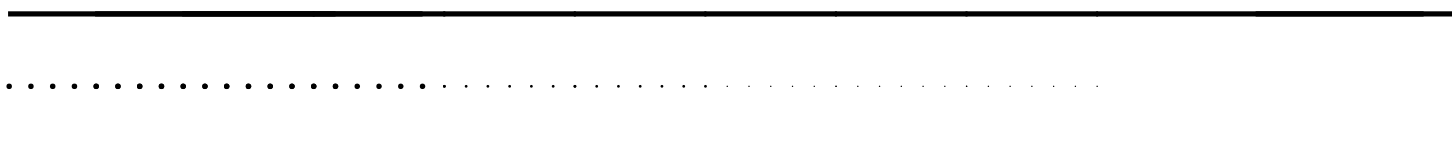
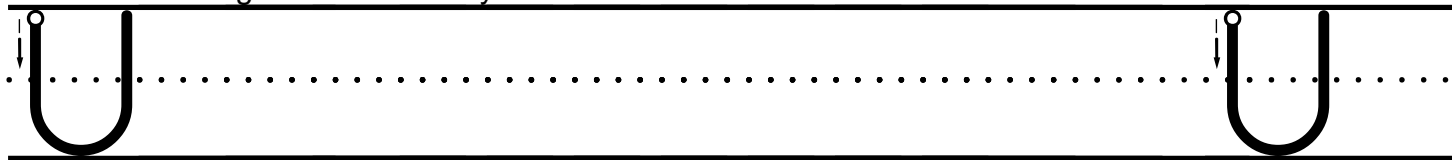
Print inside the boxes.



Print the letter.

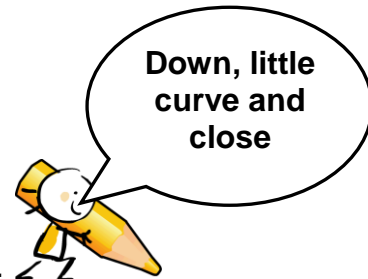
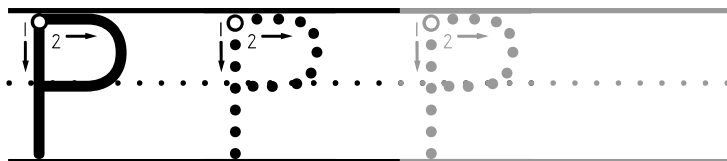


Print the letter again. Then circle your 3 best and neatest letters.

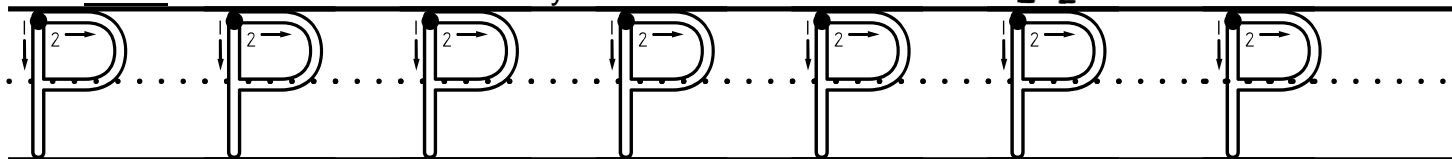


This letter is a “**Curver**”  
Start at the top line

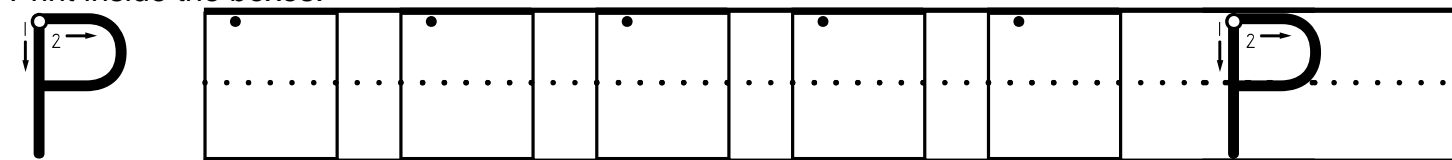
P p



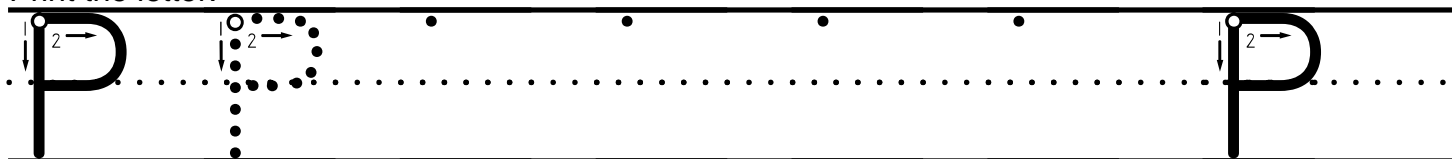
Print inside the lines. Remember to say out loud how to form the letter.



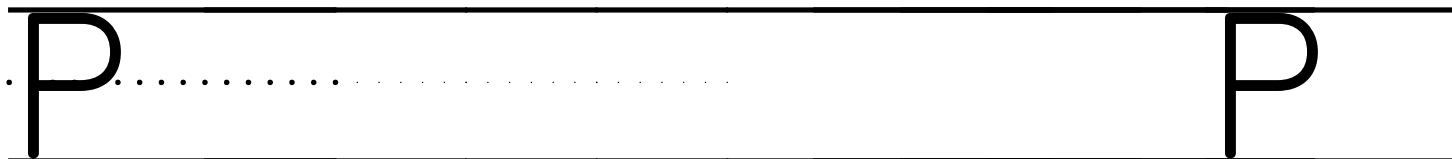
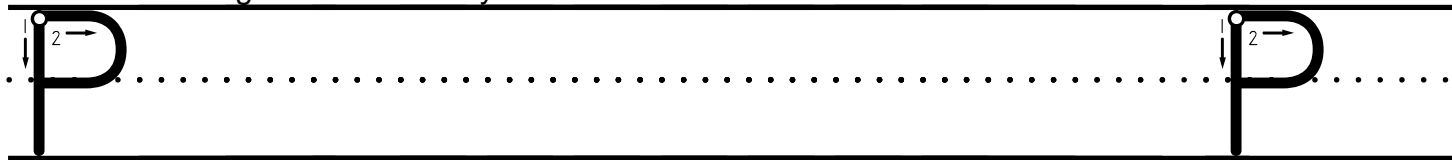
Print inside the boxes.



Print the letter.

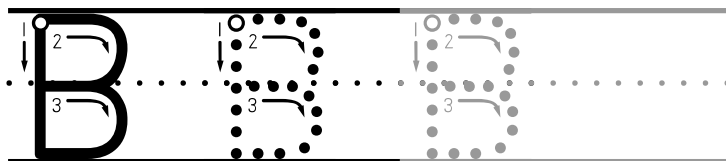


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Curver”  
Start at the top line

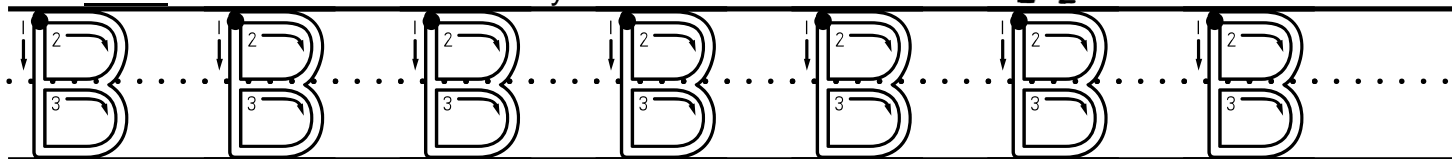
B b



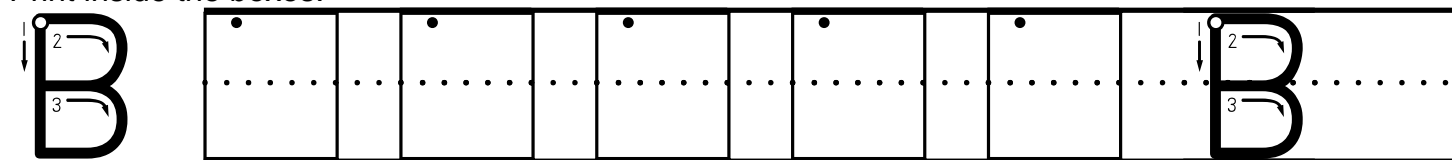
Down, little  
curve, close,  
little curve  
and close



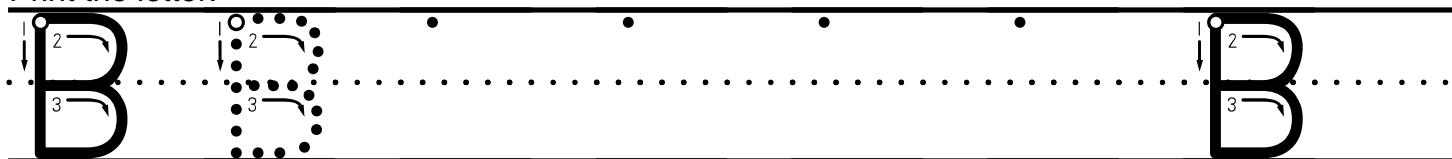
Print inside the lines. Remember to say out loud how to form the letter.



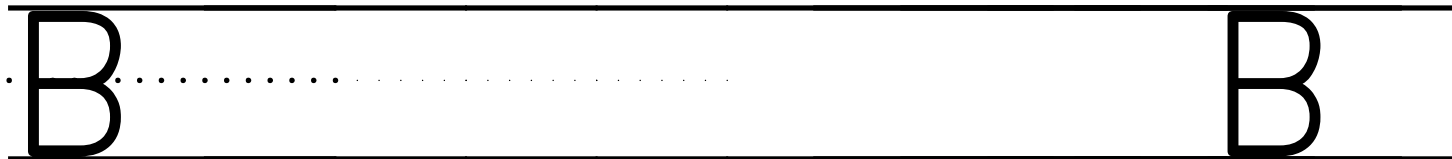
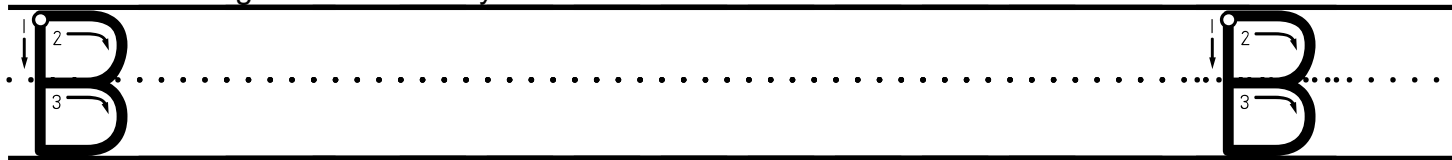
Print inside the boxes.



Print the letter.

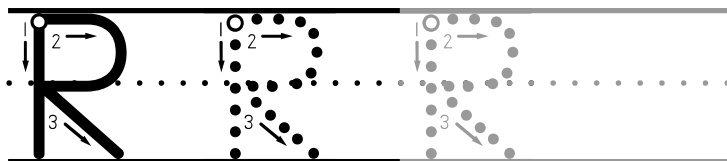


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “**Curver**”  
Start at the top line

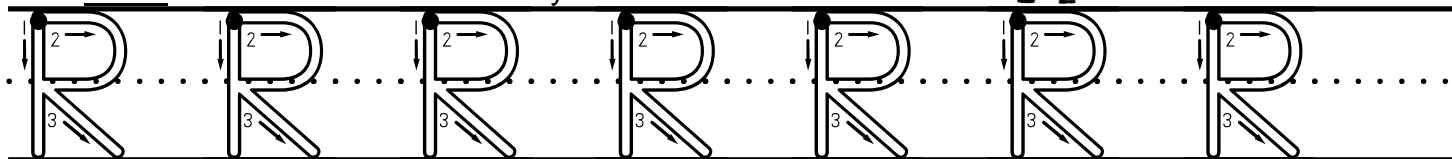
R r



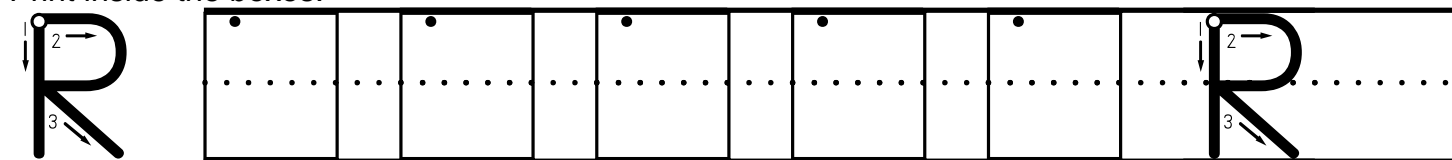
Down, curve,  
close and  
slide down



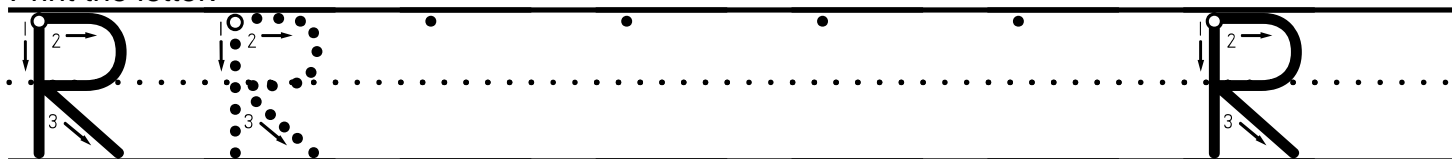
Print inside the lines. Remember to say out loud how to form the letter.



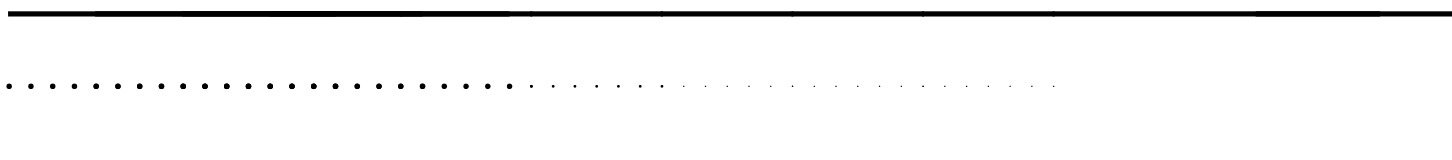
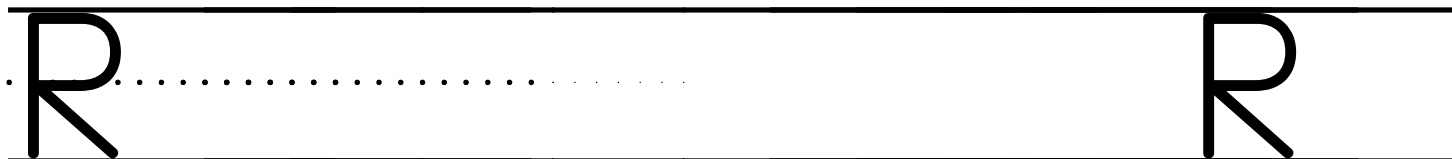
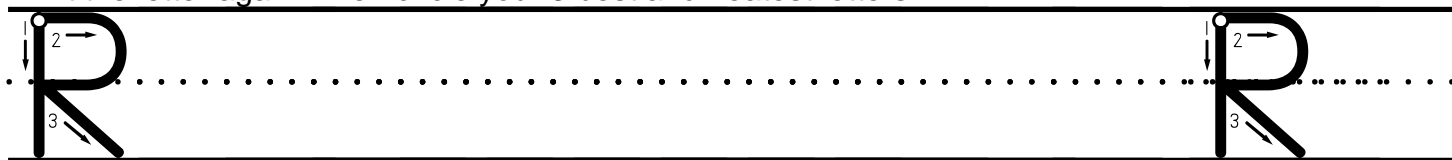
Print inside the boxes.



Print the letter.

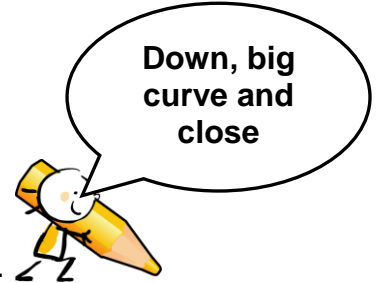
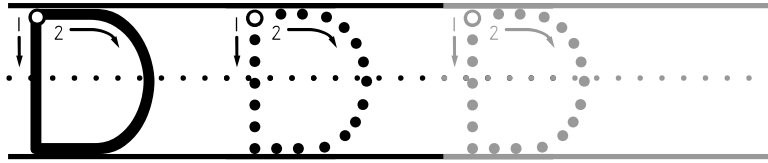


Print the letter again. Then circle your 3 best and neatest letters.

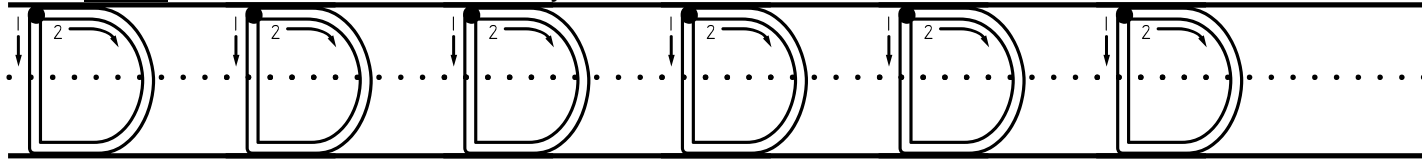


This letter is a “**Curver**”  
Start at the top line

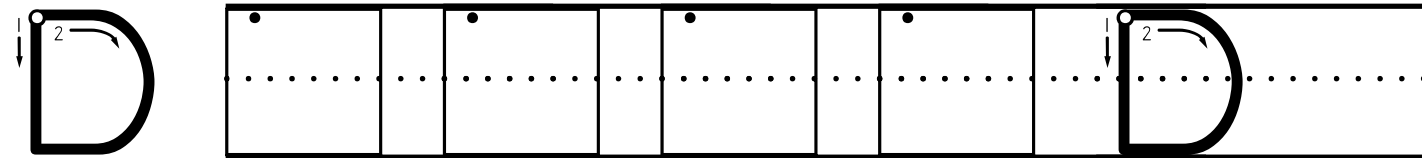
D d



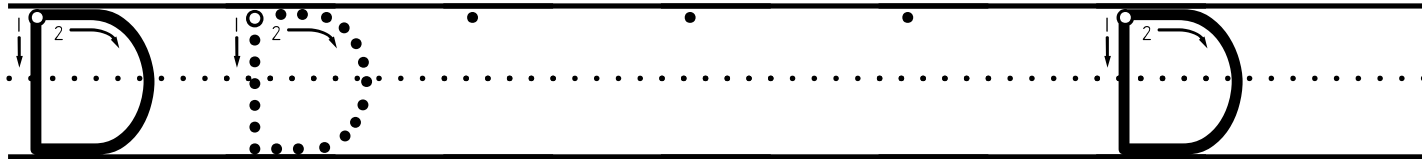
Print inside the lines. Remember to say out loud how to form the letter.



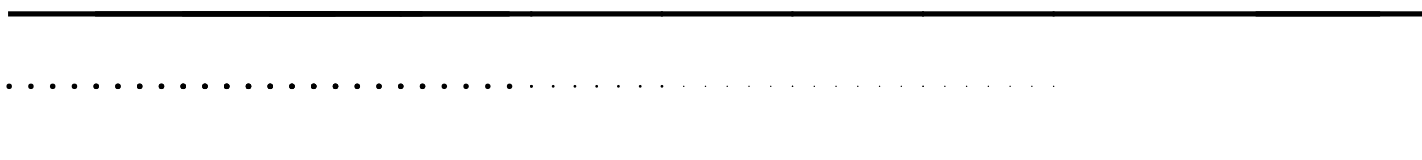
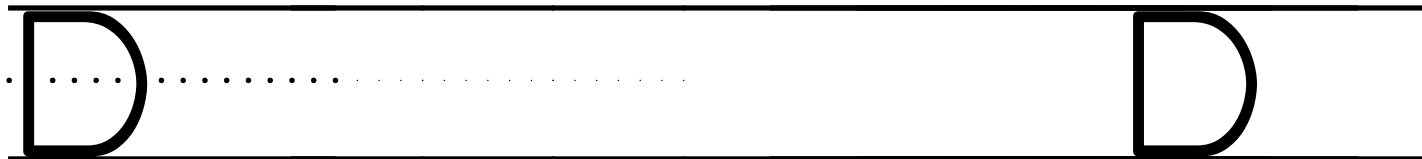
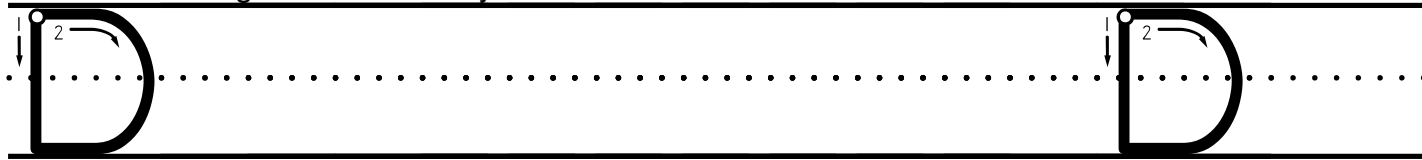
Print inside the boxes.



Print the letter.

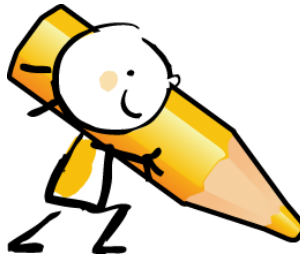
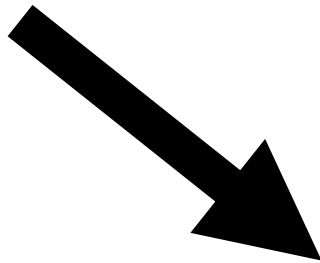


Print the letter again. Then circle your 3 best and neatest letters.



# Sliders

**V,W,X,A,N,M,Z  
and  
Y,K**



**Group 5 and 6**

**Printing Like a Pro!**

By Ivonne Montgomery, MRSc, OT and Jill Zwicker PhD, OT (C)

Sunny Hill Health Centre for Children, 2017

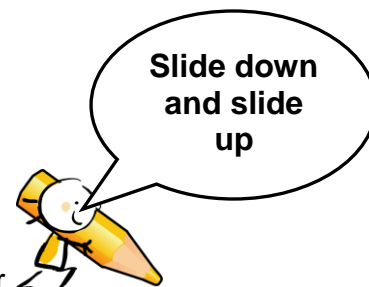
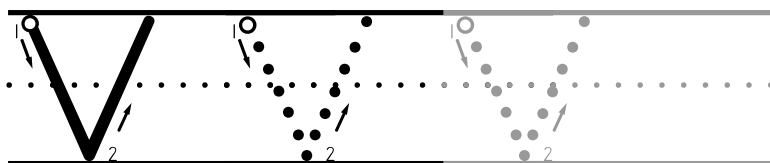
Created Using: Educational Fontware, 2012

May be reproduced for instructional purposes.

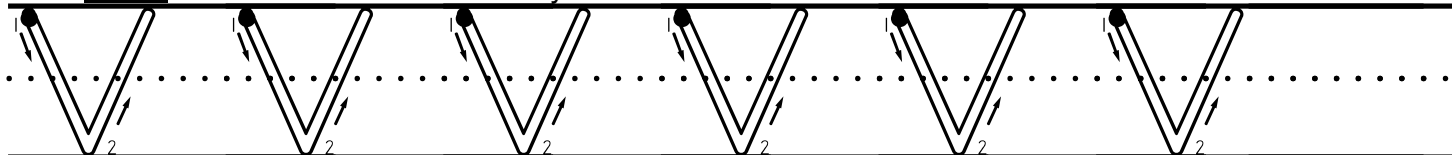
Worksheets and other supporting materials can be found at:

[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

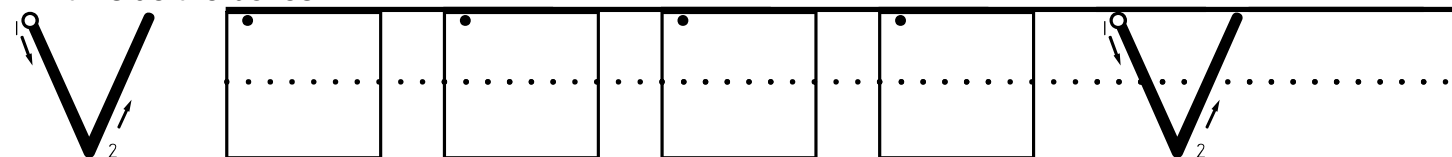
This letter is a “Slider”  
Start at the top line



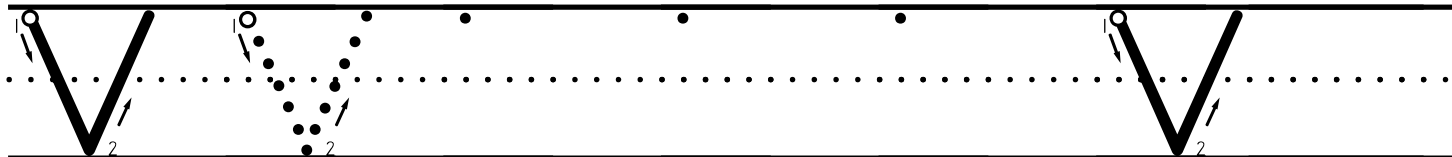
Print inside the lines. Remember to say out loud how to form the letter.



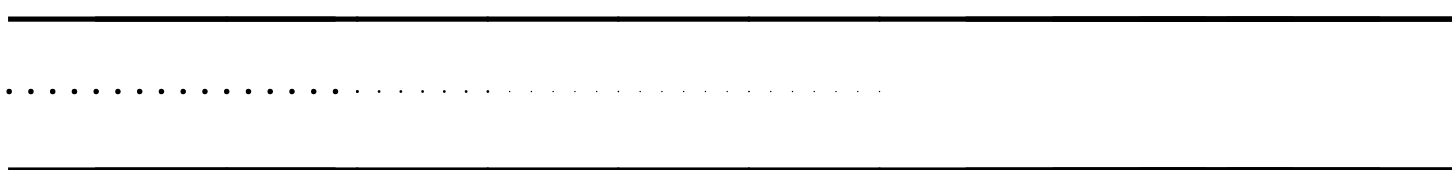
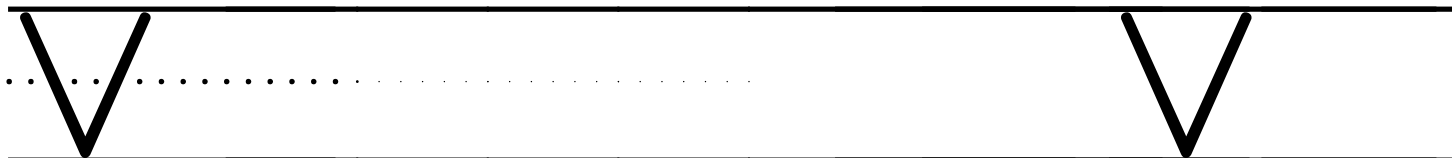
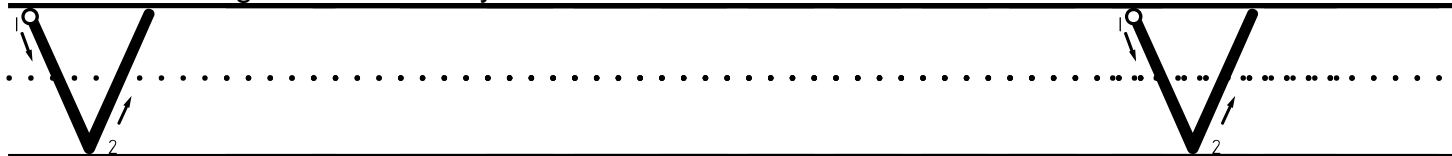
Print inside the boxes.



Print the letter.



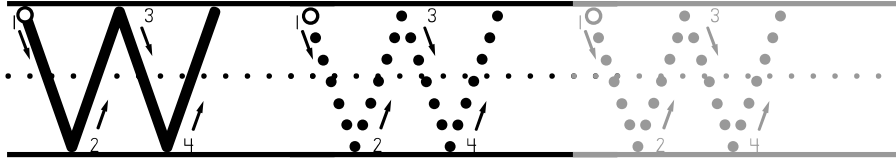
Print the letter again. Then circle your 3 best and neatest letters.





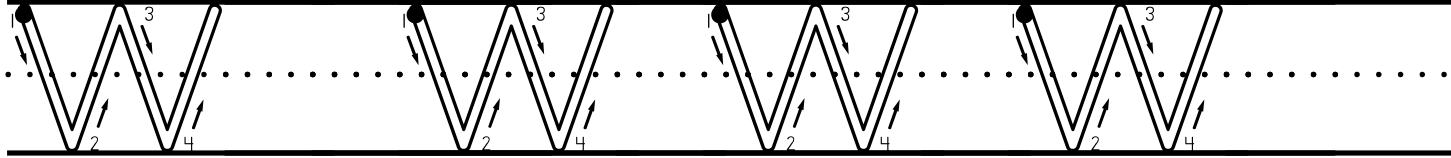
This letter is a **"Slider"**  
Start at the top line

W w

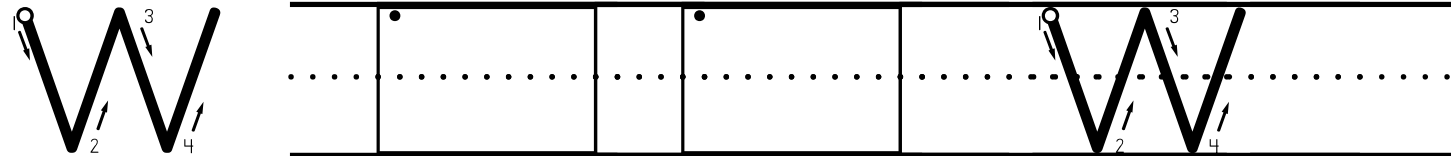


Slide  
down, up,  
down and  
up

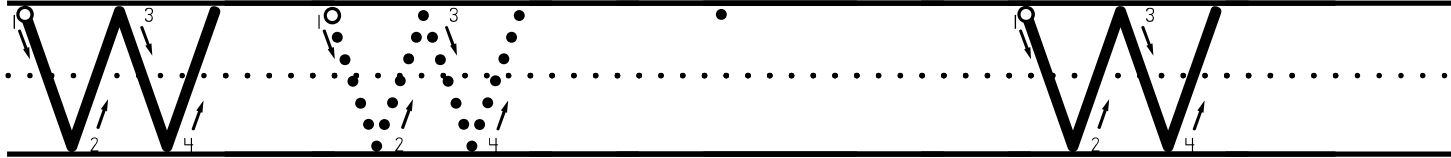
Print inside the lines. Remember to say out loud how to form the letter.



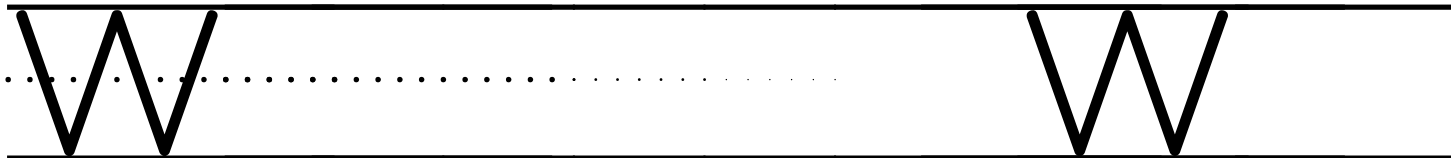
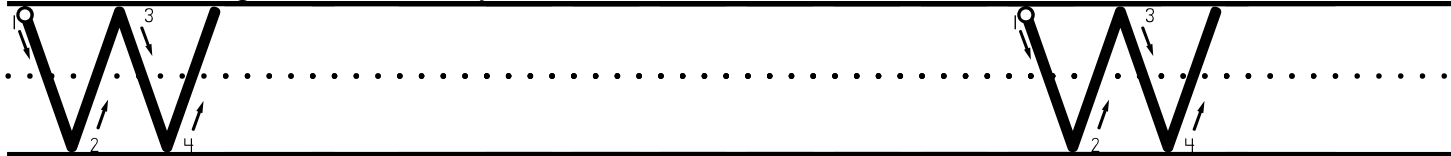
Print inside the boxes.



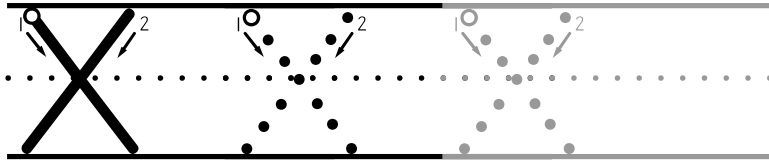
Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.



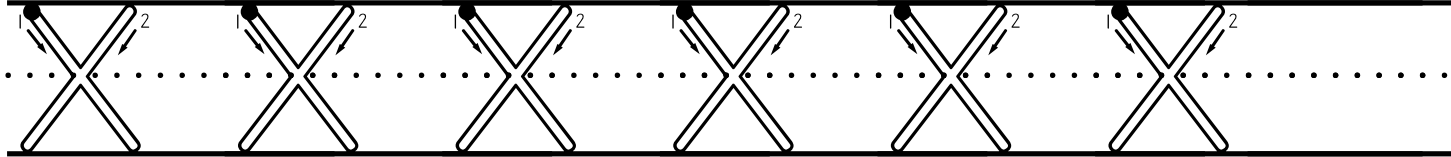
This letter is a “Slider”  
Start at the top line



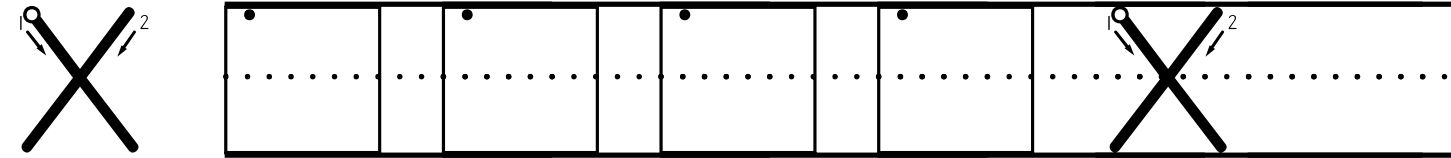
Slide  
down and  
slide back



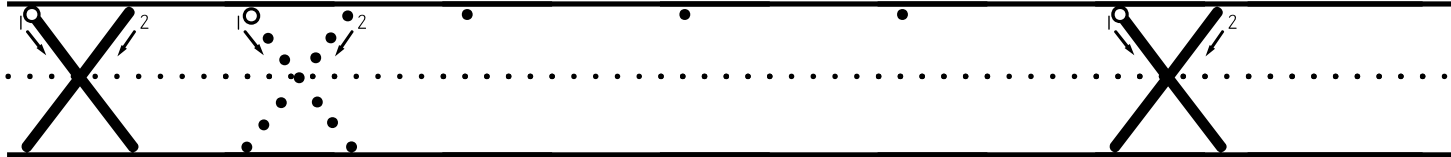
Print inside the lines. Remember to say out loud how to form the letter.



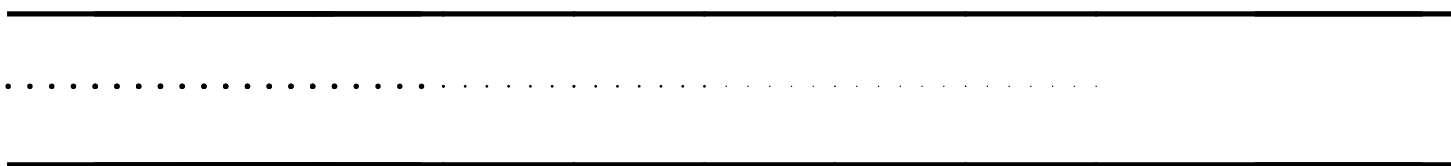
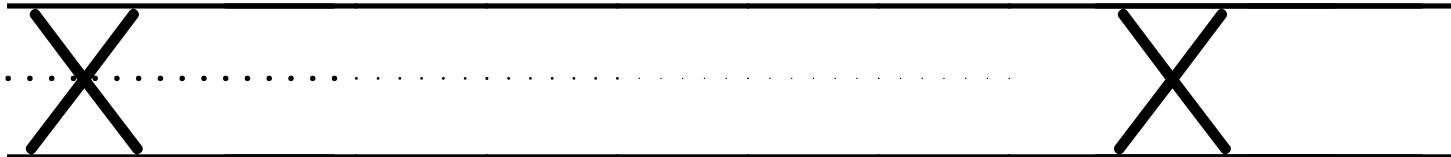
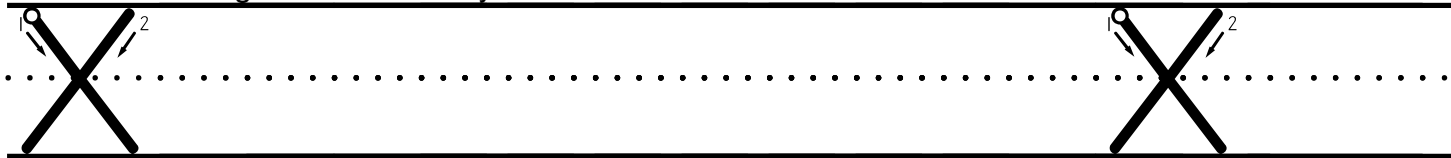
Print inside the boxes.



Print the letter.

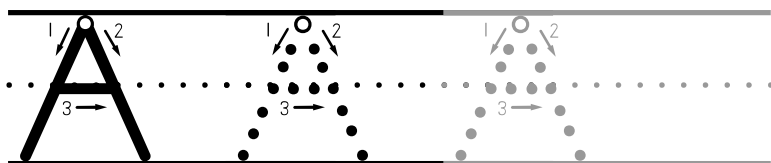


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Slider”  
Start at the top line

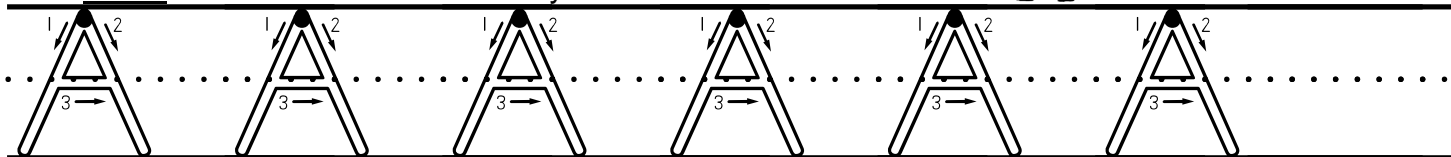
A a



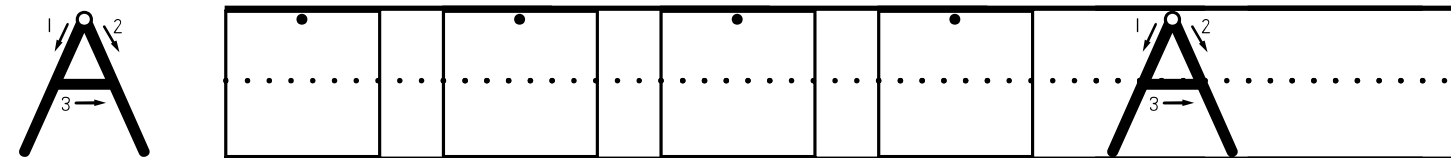
Slide back,  
slide down  
and across  
the middle



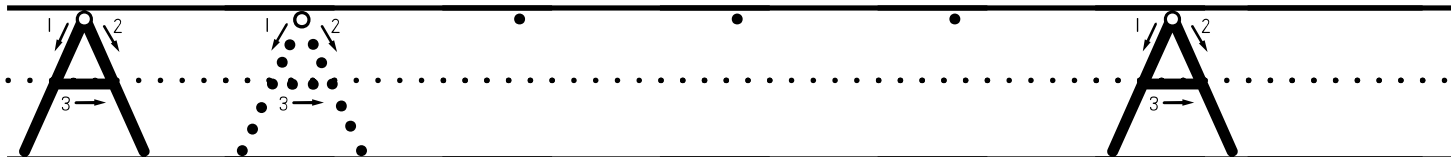
Print inside the lines. Remember to say out loud how to form the letter.



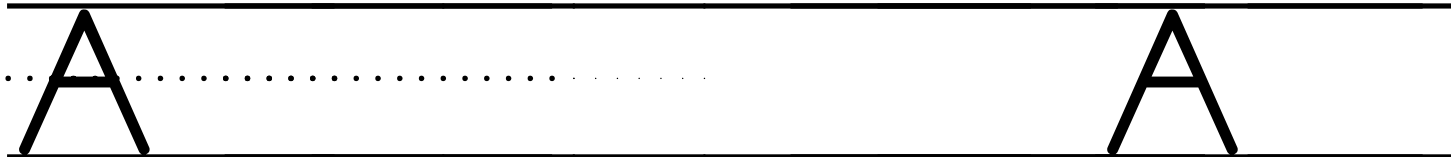
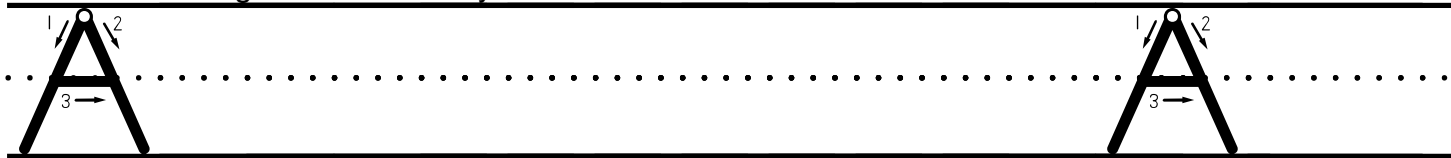
Print inside the boxes.



Print the letter.

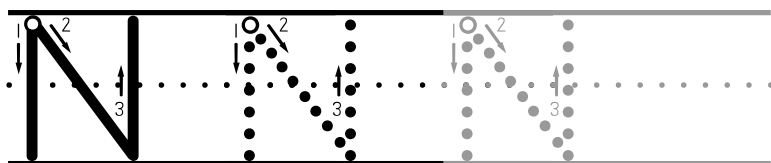


Print the letter again. Then circle your 3 best and neatest letters.



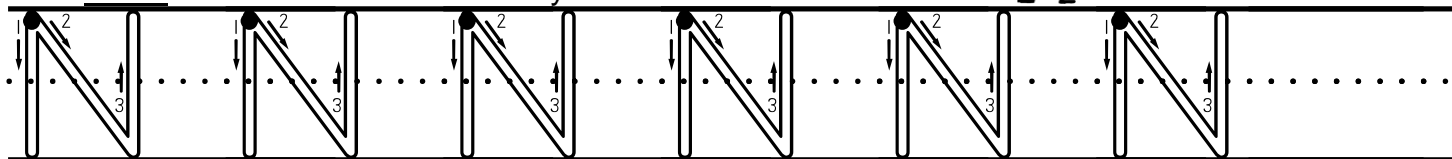
This letter is a “Slider”  
Start at the top line

N n

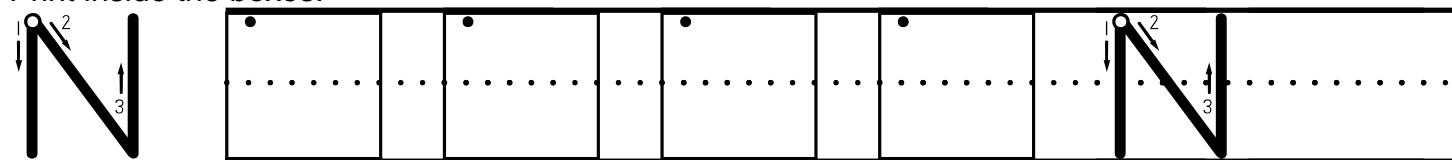


Down,  
slide down  
and  
straight up

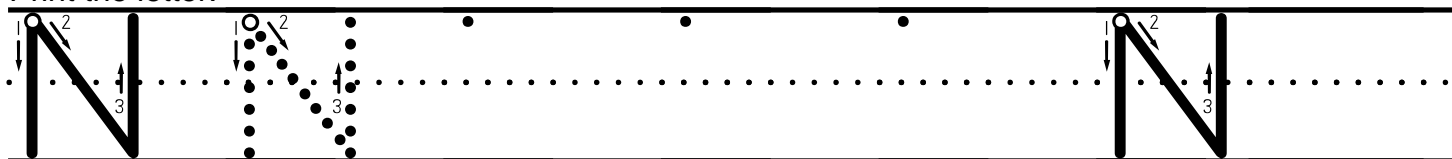
Print inside the lines. Remember to say out loud how to form the letter.



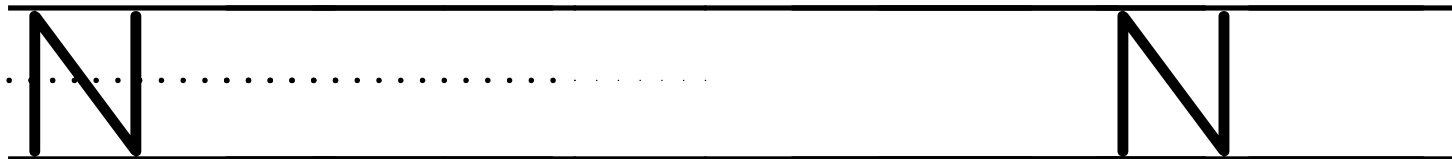
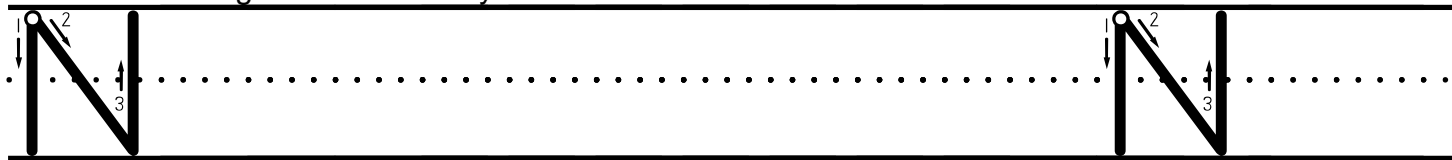
Print inside the boxes.



Print the letter.

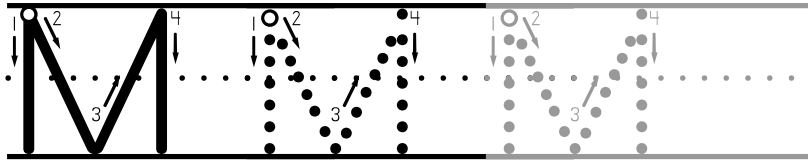


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Slider”  
Start at the top line

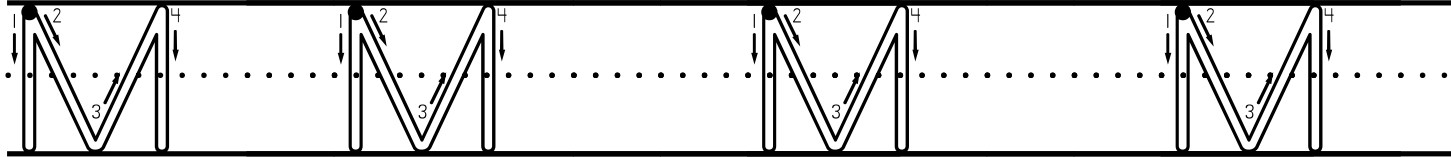
M m



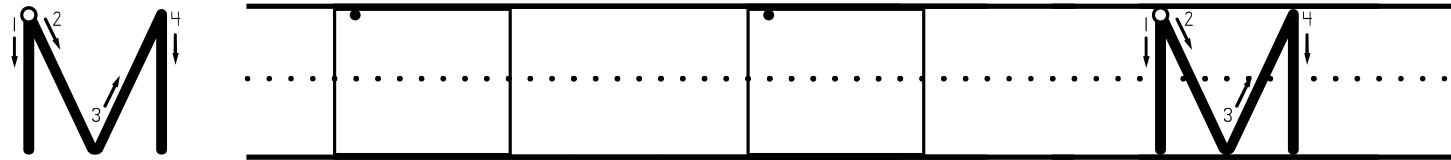
Down, slide  
down, slide  
up and  
down



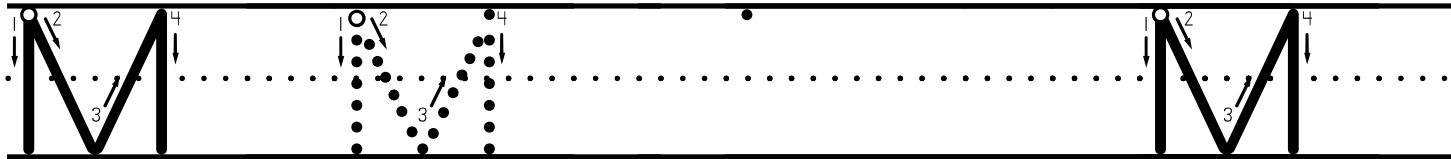
Print inside the lines. Remember to say out loud how to form the letter.



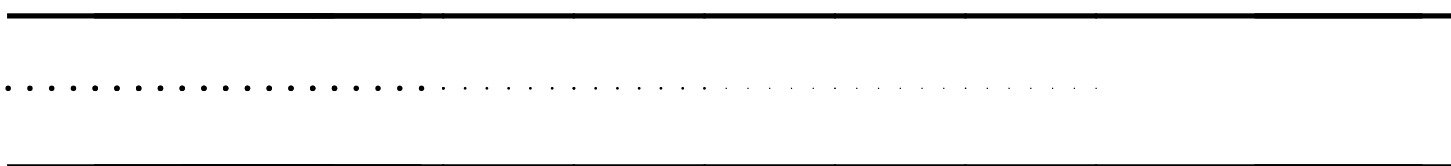
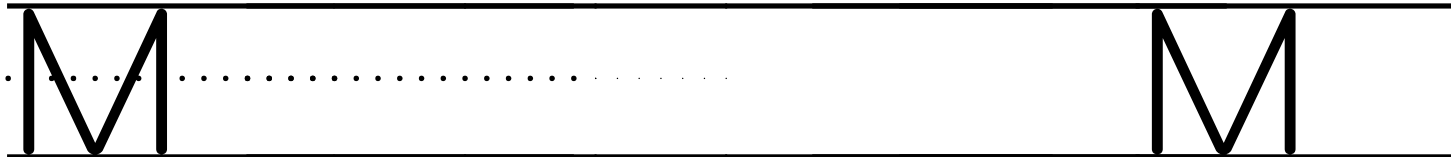
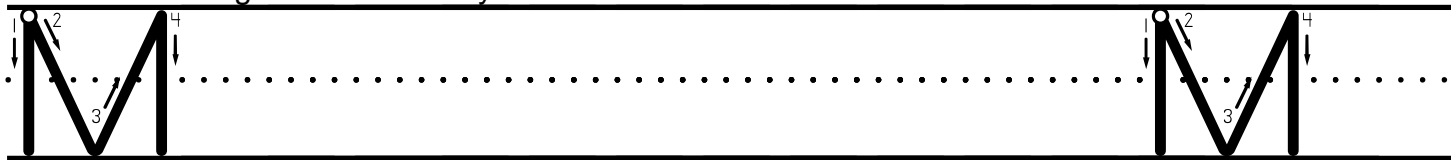
Print inside the boxes.



Print the letter.

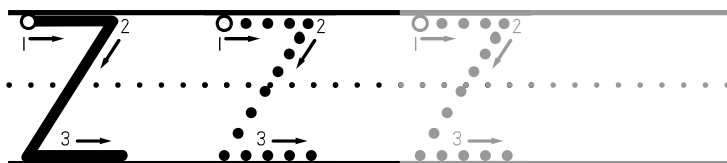


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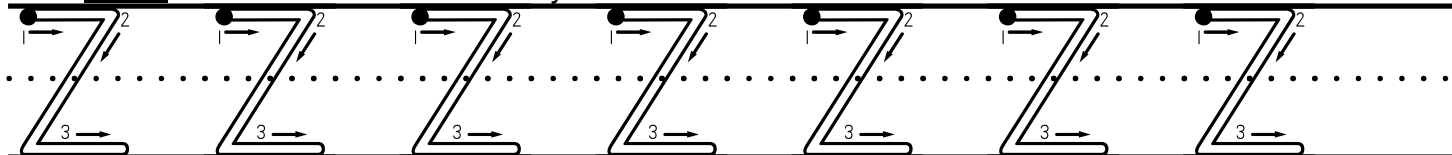
This letter is a “Slider”  
Start at the top line

Z z

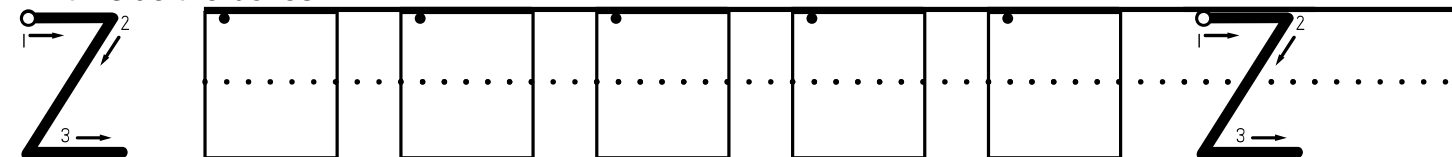


Across the  
top, slide back  
and across  
the bottom

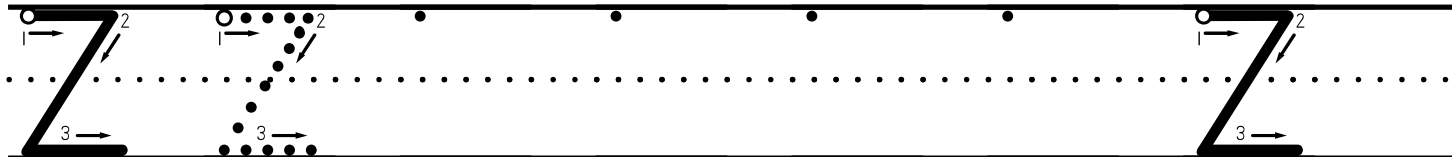
Print inside the lines. Remember to say out loud how to form the letter.



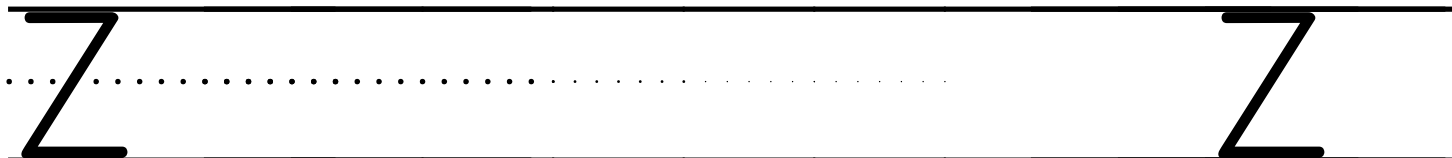
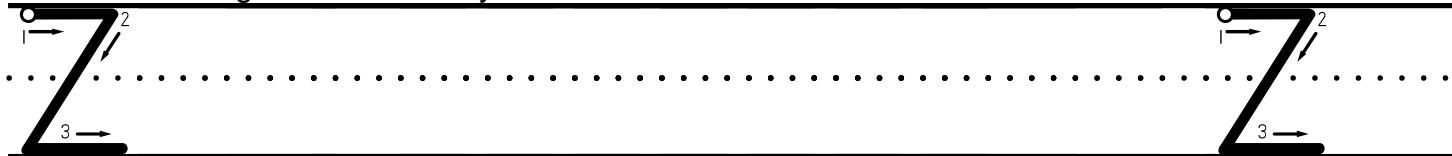
Print inside the boxes.



Print the letter.

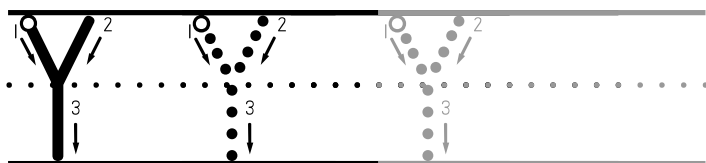


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a **"Slider"**  
Start at the top line

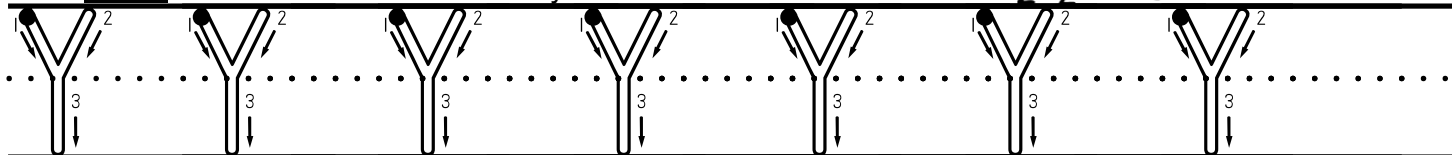
Y y



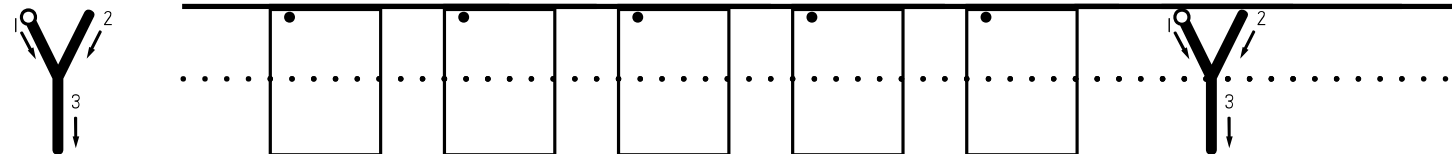
Short slide  
down, short  
slide back and  
straight down



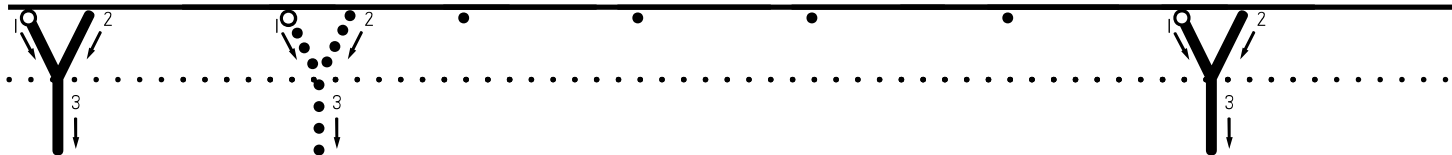
Print inside the lines. Remember to say out loud how to form the letter.



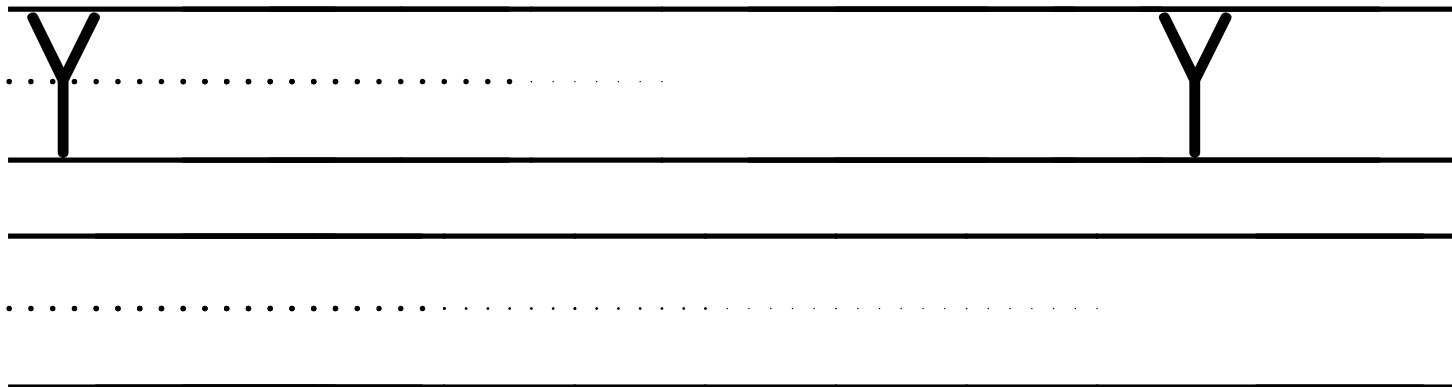
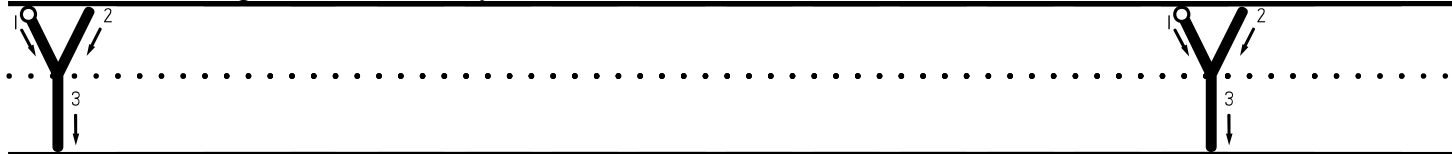
Print inside the boxes.



Print the letter.

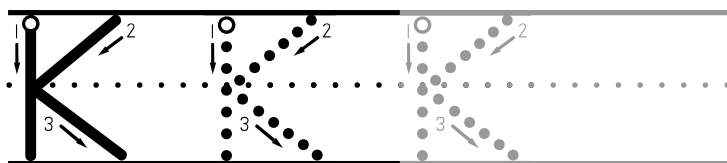


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a “Slider”  
Start at the top line

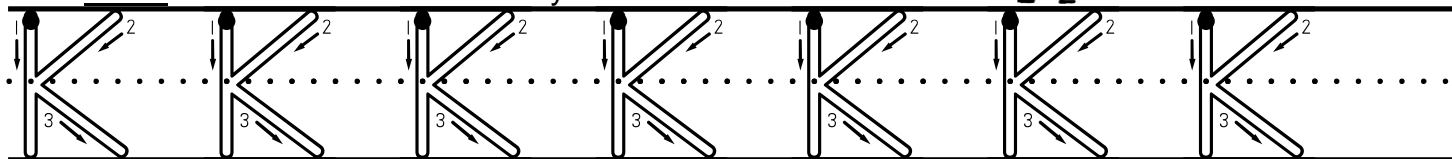
K k



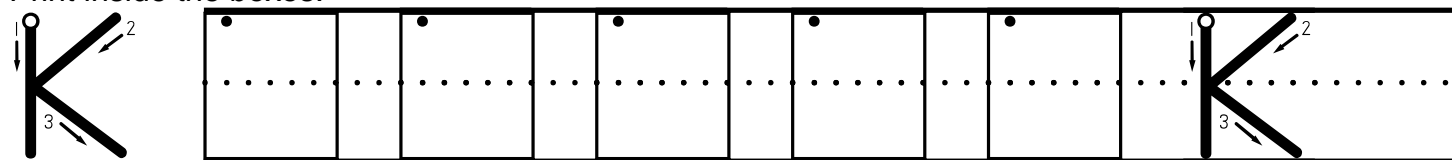
Down, slide  
back and  
slide  
forward



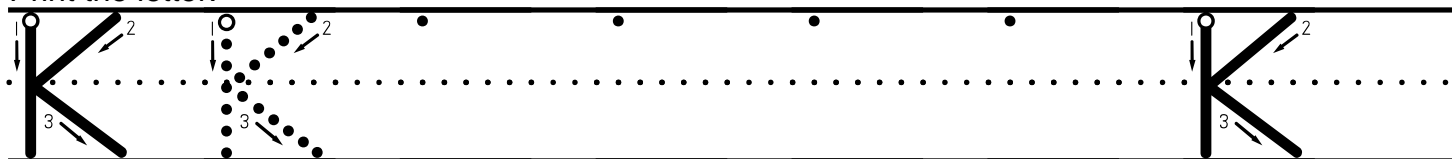
Print inside the lines. Remember to say out loud how to form the letter.



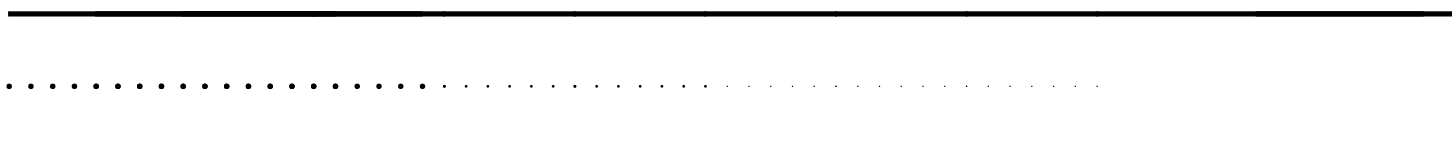
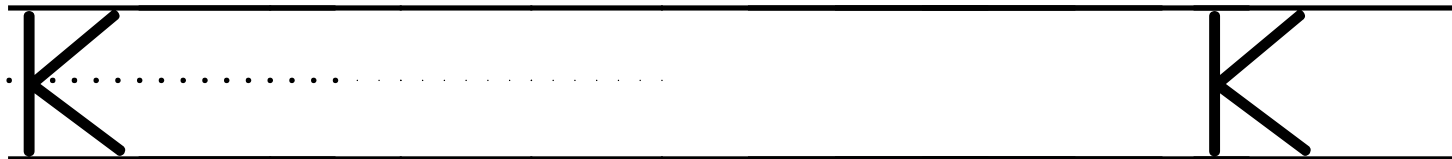
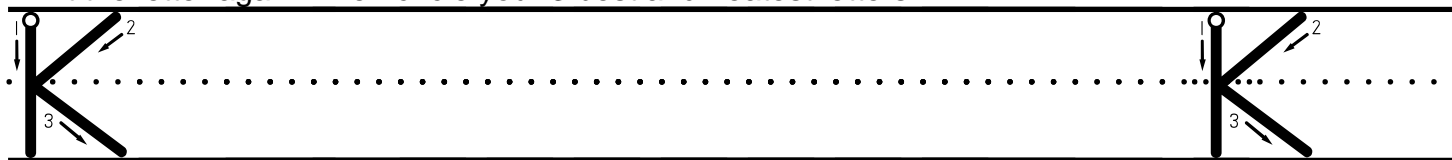
Print inside the boxes.



Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.





## Looking for more?

Check out the Printing Like a Pro!:

- Level II - “**Letter Group Review, Word and Sight Word Sentences**” worksheet set  
and well as
- “**Skill Boosting**” Worksheet Sets:
  - Numbers
  - Days of the Week
  - Months of the Year
  - Letter and Card Writing

Worksheets and other supporting materials can be found at:  
[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

