# Resources for Students with Disabilities Transition Planning from Adolescence to Adulthood

#### **Research/ Evidence re Transitions:**

https://www.canchild.ca/en/research-in-practice/transitions

The KIT: Keeping it Together ™

Building on the popularity of the KIT: Keeping it Together™ an organizational tool for parents caring for children with disabilities, the Youth KIT is now available for youth with disabilities. The Youth KIT will help youth give, get, and organize their own information, in a way that promotes self-management as they begin the transition from adolescence into adulthood. This Youth KIT is now available on the CanChild website.

Available from:

http://www.canchild.ca/en/canchildresources/kityouthkit.asp

**Cross Ministry Transition Planning Protocol for Youth with Special Needs (2009)** 

http://www.mcf.gov.bc.ca/spec\_needs/pdf/transition\_planning\_protocol.pdf

Career/Life Transitions for Students with Diverse Needs A Resource Guide for Schools (2001)

http://www.bced.gov.bc.ca/specialed/docs/moe clt resource rb0144.pdf

Ministry of Children and Family Development YOUR FUTURE NOW: A TRANSITION PLANNING & RESOURCE GUIDE FOR YOUTH WITH SPECIAL NEEDS & THEIR FAMILIES (72-page guide)

http://www.mcf.gov.bc.ca/spec needs/pdf/your future now.pdf

#### **Community Living BC (CLBC)**

Community Living BC (CLBC) funds supports and services for eligible adults and their families in British Columbia. Adults with developmental disabilities and those who meet the Personalized Supports Initiative (PSI) criteria are eligible for supports through CLBC. We believe that individuals and their families know best when it comes to their needs, goals and planning for the future.

http://www.communitylivingbc.ca/about-us/

## ON TRAC (Transitioning Responsibly to Adult Care)

On Trac is a province-wide initiative to support the transition of youth (ages 12-24 years) with chronic health conditions and/or disabilities, and their families, as they prepare to transfer from pediatric care and to facilitate attachment to adult health care services.

Developed by BCCH.

http://ontracbc.ca/

#### WorkBC

https://www.workbc.ca/Resources-for/People-with-Disabilities/People-with-Disabilities.aspx

#### **SD38 Transition Binder:**

http://www.sd38.bc.ca/lsd/documents/transitionbinderNew.pdf

This Richmond School District (SD38) Transition Binder is very comprehensive and an excellent resource.

#### **Tri City (Local) Resources:**

#### Simon Fraser Society for Community Living (SFSCL)

Serves the communities of New Westminster, Coquitlam, Port Coquitlam, Port Moody, Anmore and Belcarra.

#### Family and Individual Community Support

#### 1) Family and Individual Support Program

The mission of the Family and Individual Support Program is to support and strengthen families and individuals with extraordinary challenges.

## 2) Transition to and Through Adulthood (Transition Planning)

The Society's Transition Planner supports families and their sons and daughters with developmental disabilities with the transition to and throughout adulthood.

3) "Pilot" Youth Employment Initiative (2015/2016) (with a grant from the Vancouver Foundation):

Last year helped SD43 students from 3 schools:

- 15 students get jobs
- 11 students learn job readiness skills

#### Plus:

Run yearly workshops in the school district (see below for a sample of resources provided to parents).

#### SFSCL Transition to Adulthood: Planning Information and Resources (2011)

https://www.sd43.bc.ca/District/Departments/LearningServices/Documents/Transition%20to%20Adulthood%20handbk%20Dec10.pdf

#### **SD43 Programs and Resources:**

Transition Facilitators: Christine DeLancey and Cindy Lee

- Available to work with teachers
- Run Yearly Workshops:
  - Step Up to Secondary
  - Making the Most of Secondary

Volunteer Work Experiences (1-2; ½ year each) occur in the school district



Plus, have worked successfully with WorkBC Training Innovations.

#### **CONTACT INFORMATION:**

# AVIA EMPLOYMENT SERVICES (Coquitlam and Port Coquitlam Work BC Agency)

Coquitlam:

#221-3030 Lincoln Avenue

778-730-0174

aviacoquitlam@aviaemployment.ca

#202-405 North Road

604-424-9510

aviacoquitlam@aviaemployment.ca

**Port Coquitlam:** 

#206-2540 Shaughnessy Street

778-730-0171

aviacoquitlam@aviaemployment.ca

TRAINING INNOVATIONS (Port Moody Work BC Agency)

**Port Moody:** 

600-130 Brew Street

778-355-2201

info@training-innovations.com

SD43 also works closely with **Douglas College – Transition Program** (1/2 year at school and 1/2 year at Douglas College). Examples of training include: cashier training, forklift operator etc. Placed in work placements: such as Pet Store, A and W or RONA.