NEW STUDENT PRACTICE
EDUCATION MODELS AND
INNOVATIVE STRATEGIES TO
SUPPORTS STUDENTS DURING OUR
NEW NORMAL

Keith O'Connor

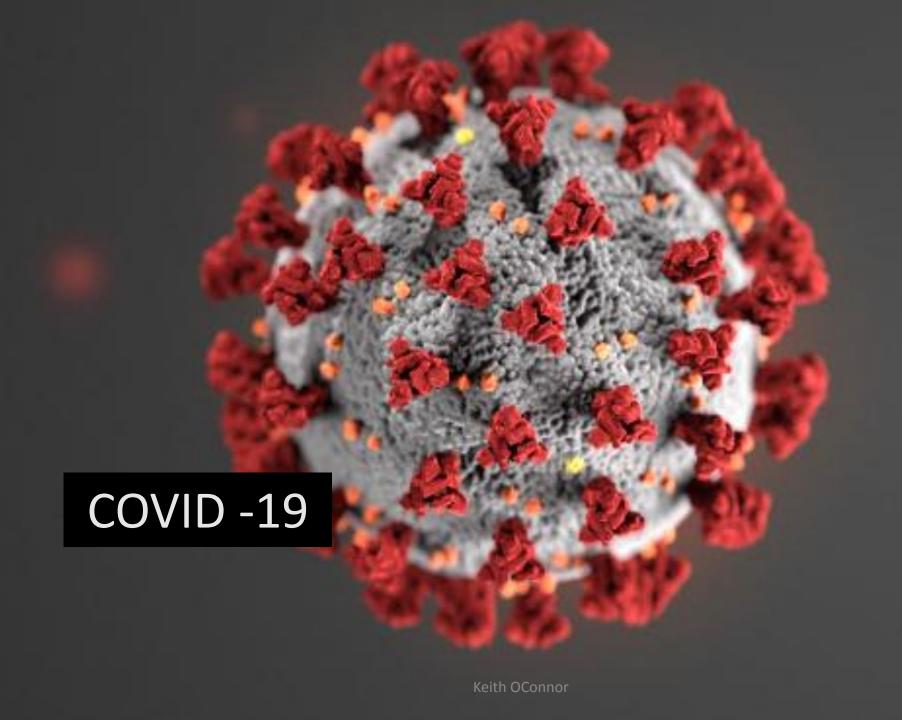
**Occupational Therapist** 

BC Children's Hospital

**UBC Masters Candidate** 

June 2020





# Objectives

- To provide suitable innovative practice education models to help support the increased demand for student spots in hospitals
- Creating and supporting practice education learning spaces
- To provide a new Frame of Reference for supporting struggling students
- To understand in the interplay between autonomy, risk, and responsibility

# **Knowledge Transfer Model**

Reardon, R. Lavis, J & Gibson J (2006) From Research to Practice: A Knowledge Transfer planning guide. Institute for work & health. Canada

Knowledge Transfer is about exchanging knowledge, relationship building and the nurturing of research by bringing it into practice.

The goal of the model is to help you, the audience, to build capacity to use research knowledge and help direct education goals in clinical education.

It helps evaluate collaborative efforts to bring research and you, the users, together to develop, implement and interpret evidence (Dobbins, Rosenbaum, Plews, Law and Fysh 2007).



# Peer-Assisted Learning

2 or more students with an educator

Students work together

Increased professional competence

Confidence

Active learning

Increased self-confidence and clinical proficiency

### Team Model

1 Student with 2 or more educators

Increases number of educators due to part-time therapists being able to participate

Increased the diversity of learning opportunities

Opportunity to support novice educators

# Project – Focused Model

Students work on a project as the focus of their placement

Low risk and can increase capacity for student placements.

Advanced communication skills

Influencing and leadership skills

Increased reciprocity between university and practice site

# Student-Led University-Based Clinics

## Student run clinics for specific populations

Group supervision, peerassisted learning and project work was included in the model Increased demand on supervising educator
Enhanced integrated working skills

# Hub and Spoke Model

1 to 2 students with practice educator

Practice experience shared amongst a multidisciplinary team

Exposure to complex inter-agency care and a deeper understanding of the patients' journey

## Clinical Education Wards

Multiple students and collaborative educators

independence
Balance of autonomy,
support and patient
safety

Increased

Beveridge and Pentland (2020) note that the current evidence base does not allow clear recommendation for specific models to be made.

#### **Advantages to BC Children's:**

- Increase capacity of student placement offers
- New challenges and innovative learning for educators and students
- Increase service delivery
- Supporting future colleges

#### **Disadvantages:**

- Increased capacity may come to an expense of the learning experience, satisfaction and quality of service
- Higher workload in educator's preparation and the demands on coordinating multiple students



Learning Spaces (Patton, Higgs & Smith 2018)

# Workplace Influences

- 1. Well resourced clinical workplaces help facilitate the students' ability to formulate and implement a wide range of interventions.
- 2. A sense of being welcome: enables the students to expand learning opportunities. Fostering skills and confidence to ask questions.
- 3. Cultural aspects had negative impacts on students' creativity, as educators preferred certain approaches and norms.

# Engagement in Professional Practice

- Engagement in professional practice was influenced by the supervisors and the students' dispositions
- Student interaction with patients shaped student learning. Allowing for integration of theory and an improvement in recall, understanding, and clinical reasoning
- Interprofessional interactions helped students see other staff as resources of information and a contribution to the patients' story
- The students' engagement in professional practice and confidence influenced the students delegation of tasks

### Clinical Educators' Intentions and Actions

- Educators are central to shaping the students learning experience
- The educators' workload largely influenced the time educators had to answer questions and provide feedback. High workload impacted negatively where students were often completing unsupervised work and often left completing non-clinical tasks
- The importance of role modelling with confidentiality and patient safety
- Important to remember that intimidation can occur and influence students feeling confident and their ability to ask questions

#### Student aren't immune to the stresses of this new COVID normality:

- Ensure resources, education regarding personal protection equipment and a safe physical learning space for the students are created
- Be mindful of your influence and the other healthcare professionals
- Foster a relationship where trust can be built and provide feedback so that the students feel confident and comfortable to learning in this practice site.

#### Plan:

A collaborative OT & PT welcome folder should be created to ensure that new students are aware of physical resources, the practice site and educational materials regarding COVID-19 and safe practices.

Supporting the Struggling Student Frame of Reference

(Boileau, St-Onge & Audetat 2017)



### **Subjective**

Detecting the problem based on a subjective impression

Educators should trust their impressions
'Gut Feelings' should prompt further observation and documentation

This should be identified early, within the first quarter of the students' placement

Identifying early allows for efficient remediation. It may help avoid red flags and critical incidents

### **Objective**

Collecting and documenting objective data

Gather data on more than one occurrence (direct or indirect, formal or informal interactions)
A sufficient amount off direct observation is required An informal discussion or a 'diagnostic' conversation should occur before the next step.

Use the students learning goals and the Universities assessment form for guidance Unsure evidence is tangible and reliable, achieved through direct and indirect observations

#### **Assessment**

Interpreting the data based on assessment

#### Consider:

- Insufficient Knowledge
- Clinical reasoning
- Attitude
- Affective problems

Often interrelated. Address one issue at a time

It is important to pinpoint the underlying issue as precisely as possible

#### Plan

Planning the agreed upon remediation

A plan should be completed with student. You and the student should agree on the assessment before moving onto the plan.

Provide extra teaching and an individualized learning plan to resolve the issue

A clear process for remediation should be created with the student

The remediation process should be integrated in the students' regular activities

This strategy will encourage you as an educator to identify the issue quickly and help you work through a clear process to supporting the student in overcoming any obstacles.



# Empowerment of Students on Placement (Clouder & Adefila 2017)



### 1. The Ubiquity of Risk

The biggest contribution to delegating tasks was the students' confidence.

Risk was ranked the most important by six educators.

#### Recommendation:

Provide detailed treatment protocols for practice areas.

Provide clear task breakdown for students.

Provide adequate support and discussions prior to tasks can support the students in feeling confident

Eith OConnor 20

### 2. Relationship Between Trust and Trustworthiness

Twenty-two out of the twenty-six educators prioritized trust, suggesting that belief in the students' abilities is crucial.

The need to establish trust early in the practice placement is emphasized.

Students also reported that when they felt trusted, they felt competent.

Encouraging students to take on more responsibility is symbolic of a level of trust.

### 3. Graduated Supervision

Failing to meet the educators' expectations needs careful consideration if the students' confidence is not to be altered.

Increased supervision and lack of opportunities are seen negatively by students.

The struggling student does tend to result in more close supervision and reduction in independence.

# Take Home Messages

- Provide an early series of building tasks and hands-on support for the student
- Encouraging educators to allow some risk for the student to build confidence and competence
- Educators are encouraged to step back and gently push the student away in a controlled attempt to help build self-efficacy and selfconfidence
- Confidence may fluctuate, however, if trust is established, the student should still feel comfortable with the relationship and continue to build on task complexity.

### SUMMARY OF EVIDENCE AND ACTIONS

- 1. Chose your practice education model carefully. Each model has work with varying levels for advantages and disadvantages (Beveridge & Pentland 2020)
- 2. Identify the struggling student early and use the SOAP frame of reference (Patton at al 2018)
- 3. Prepare and set-up a supportive learning environment to ensure success and help build confidence (Patton et al 2018)
- 4. Trust mitigates risk. Building the relationship and spending the extra time at the beginning getting to know your student helps forge trusting relationship it will prove to be more lucrative for both you and the student (Clouder et al 2017)

### References

- Beveridge, J. & Pentland, P. (2020) A mapping review of models of practice education in allied health and social care professions. British Journal of Occupational Therapy. 0(0) 1-26
- Boileau, E., St-Onge, C., & Audetat, M.C., (2017) Is there a way for clinical teachers to assist struggling learners? A synthetic review of the literature. Advances in Medical Education and Practice. 8 89-97
- Clouder, L. & Adefila, A. (2017) Empowerment of Physiotherapy students on placement: The interplay between autonomy, risk, and responsibility. Physiotherapy Theory and Practice. 33(11) 859-868
- Dobbins, M., Rosenbaum, P., Plews, N., Law, M., & Fysh, A. (2007). Information transfer: What do decision makers want and need from researchers? *Implementation Science : IS, 2, 20*. doi:10.1186/1748-5908-2-20
- Patton, N., Higgs, J., & Smith, M. (2018) Clinical learning spaces: Crucibles for practice development in physiotherapy clinical education. Physiotherapy Theory and Practice. 34(8) 589-599
- Reardon, R. Lavis, J & Gibson J (2006) From Research to Practice: A Knowledge Transfer planning guide. Institute for work & health. Canada